



U.S. Food and Drug Administration
Protecting and Promoting *Your* Health

What refined Stevia preparations have been evaluated by FDA to be used as a sweetener?

At this writing, FDA has **not objected** to the use of these highly refined Stevia preparations in food products. Refer to the following Generally Recognized As Safe (GRAS) notices:

- [Sweet Green Fields](#)
- [Blue California](#)
- [McNeil Nutritionals](#)
- [Cargill](#)
- [Whole Earth Sweetener/Merisant](#)

But, these products are not Stevia.

In general, Rebaudioside A differs from Stevia in that it is a highly purified product.

Products marketed as "Stevia" are whole leaf Stevia or Stevia extracts of which Rebaudioside A is a component.

<http://www.fda.gov/AboutFDA/Transparency/Basics/ucm214865.htm>