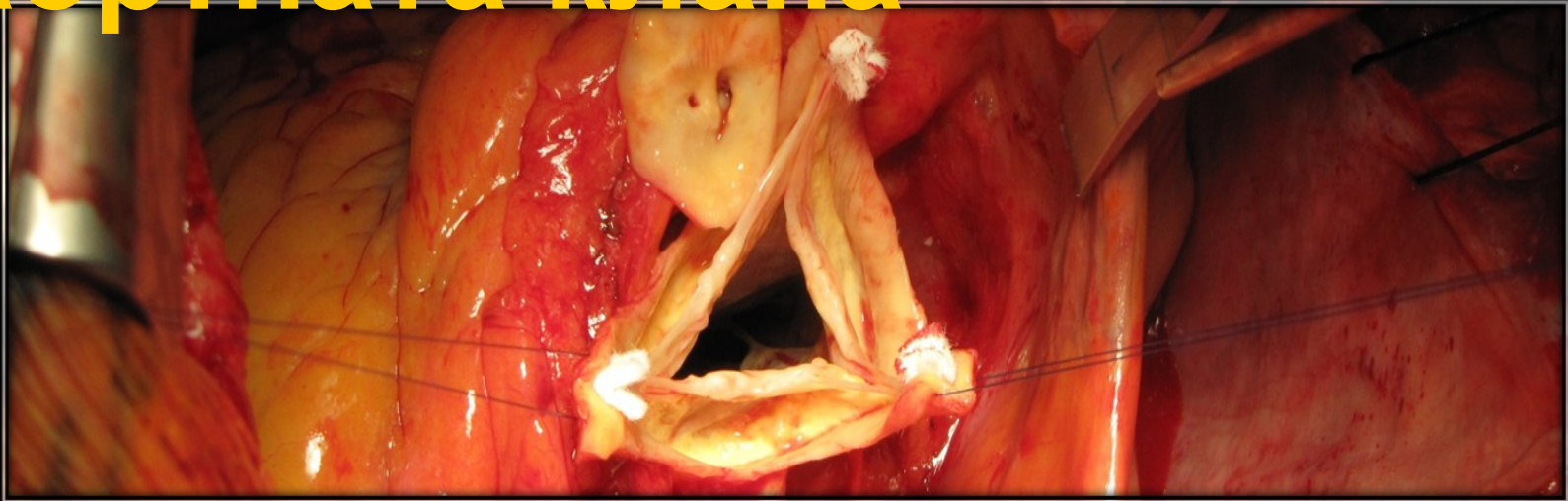


Заболявания на аортната клапа



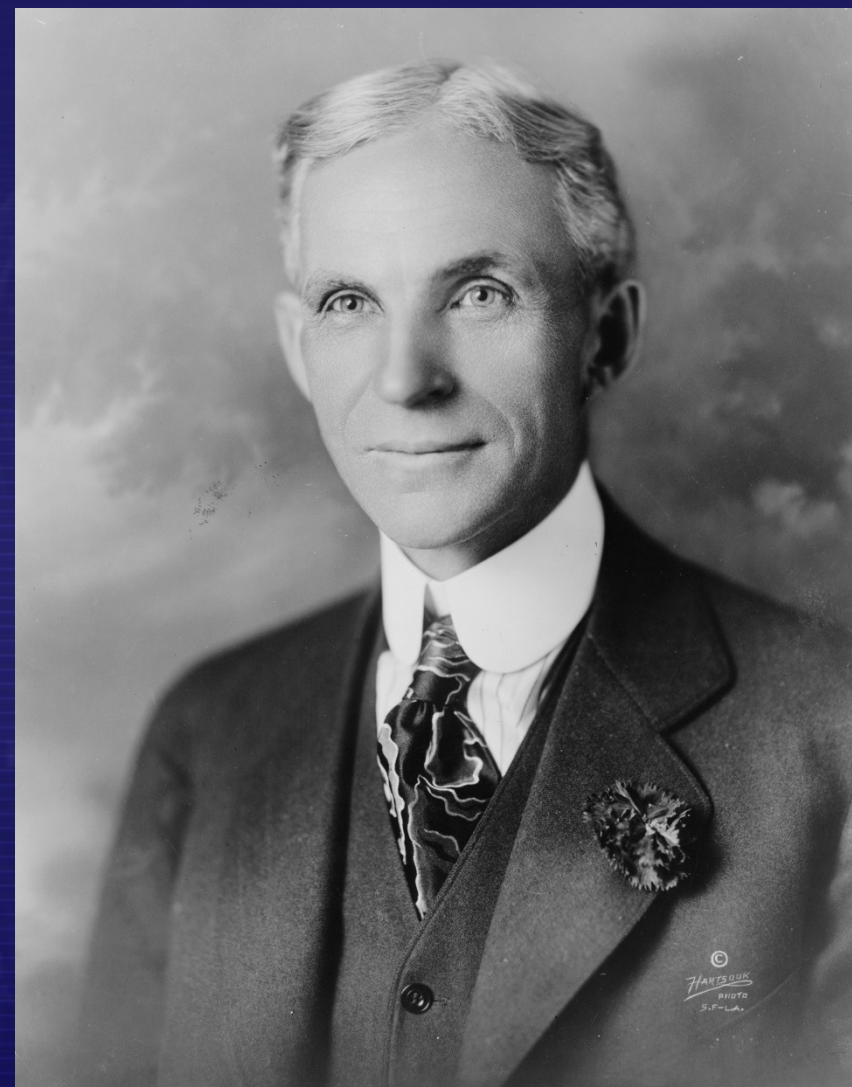
Гледната точка на хирурга

Пламен Панайотов, *FETCS*
Отделение по Кардиохирургия
„Света Марина“
Варна, България



“If there is any one secret of success, it lies in the ability to get the other person’s point of view and see things from that person’s angle as well as from your own.”

Henry Ford
1863 - 1947



Анатомия

Surgical Anatomy of the Heart Valves

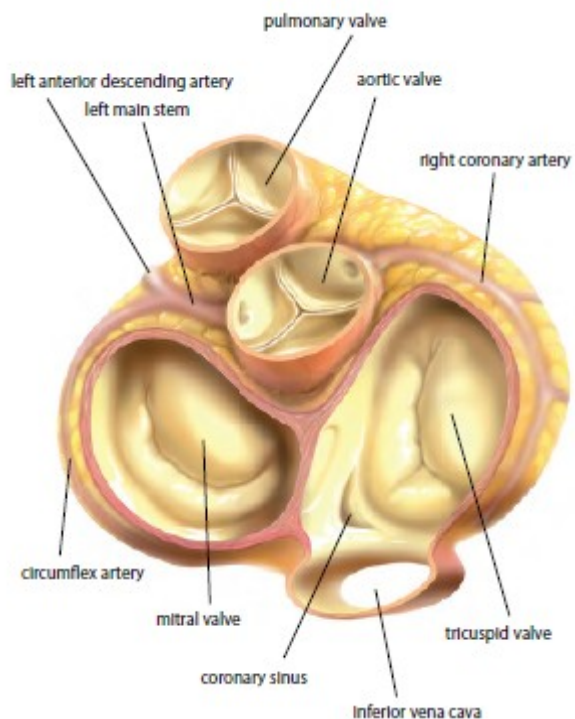


Fig. 2.1 Topographic interrelations of the heart valves

Surgical Anatomy of the Heart Valves

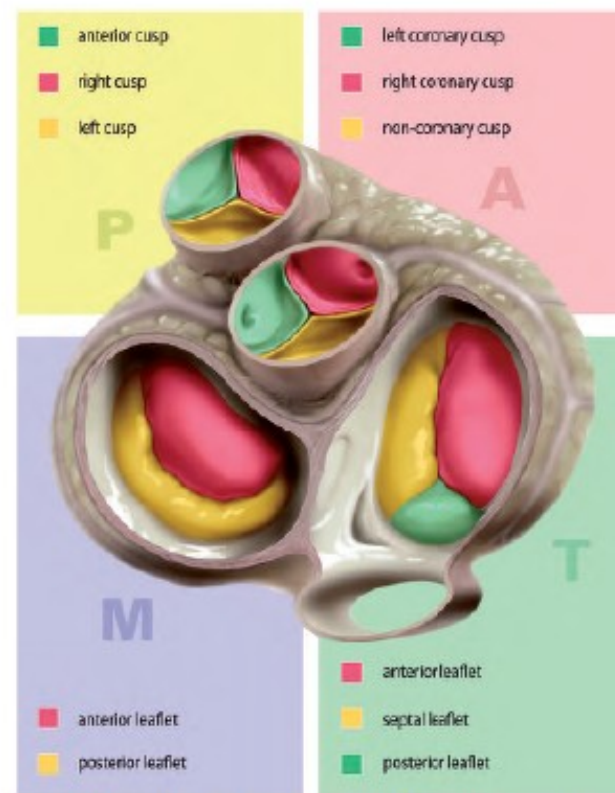


Fig. 2.2 Terminology of the valve cusps and leaflets. P pulmonary, A aortic, M mitral, T tricuspid



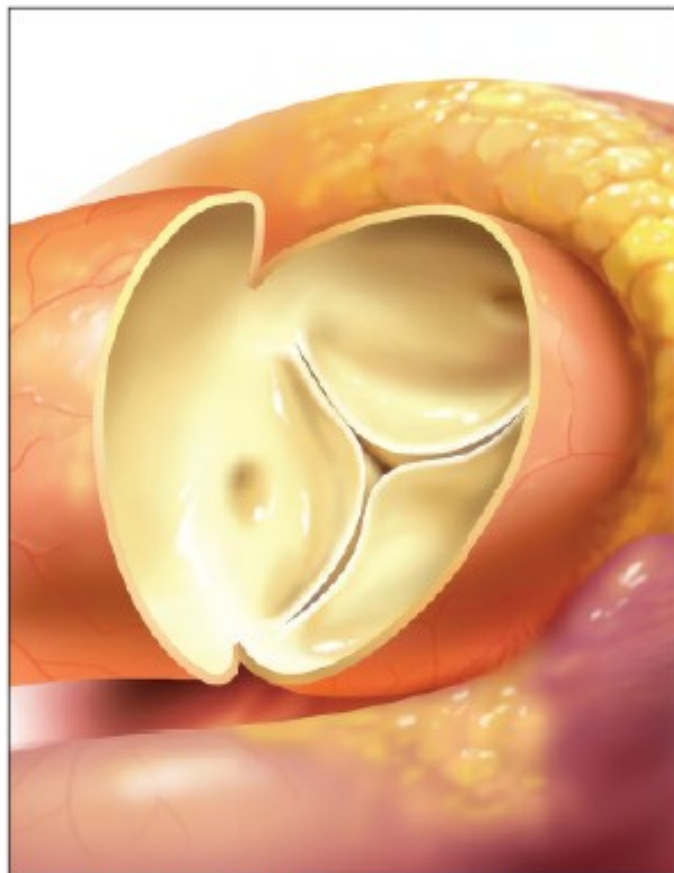


Fig. 2.3 Aortic valve viewed from transverse aortotomy

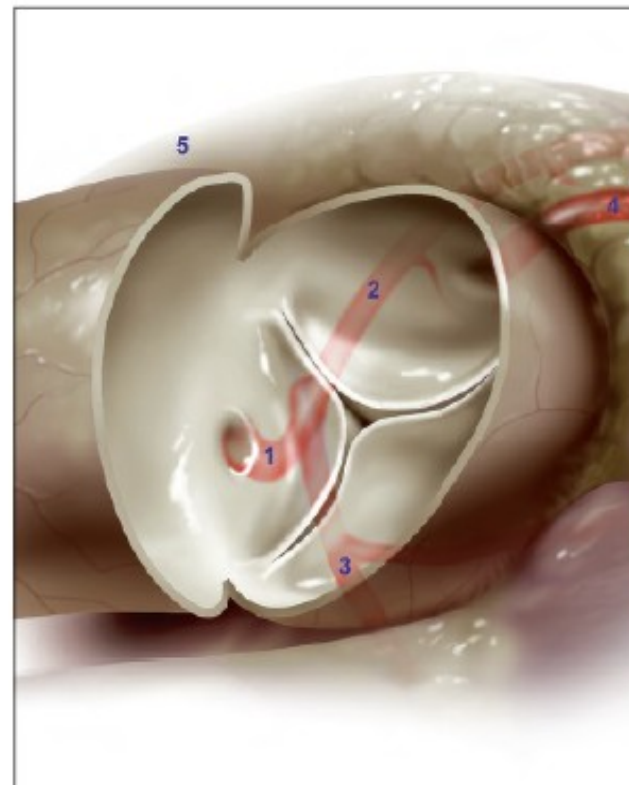


Fig. 2.4 Relation of the aortic valve to the coronary ostia. 1 Left main stem, 2 left anterior descending artery, 3 circumflex artery, 4 right coronary artery, 5 pulmonary artery trunk



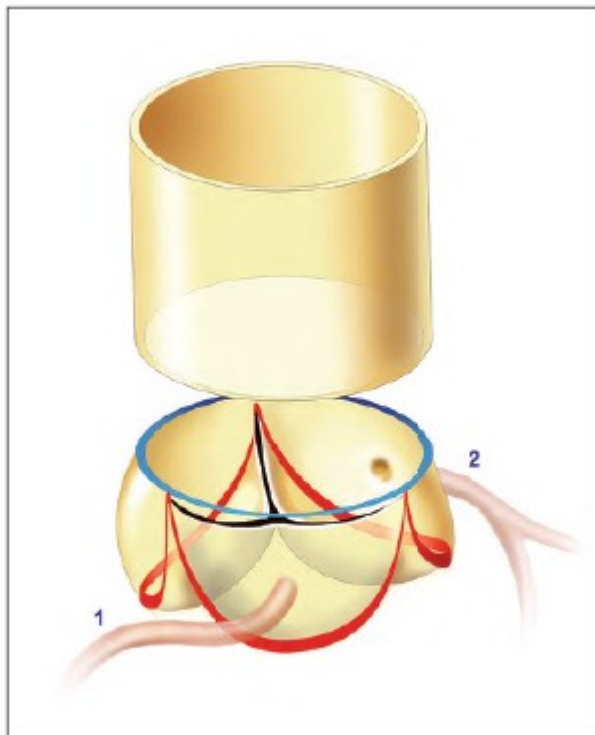
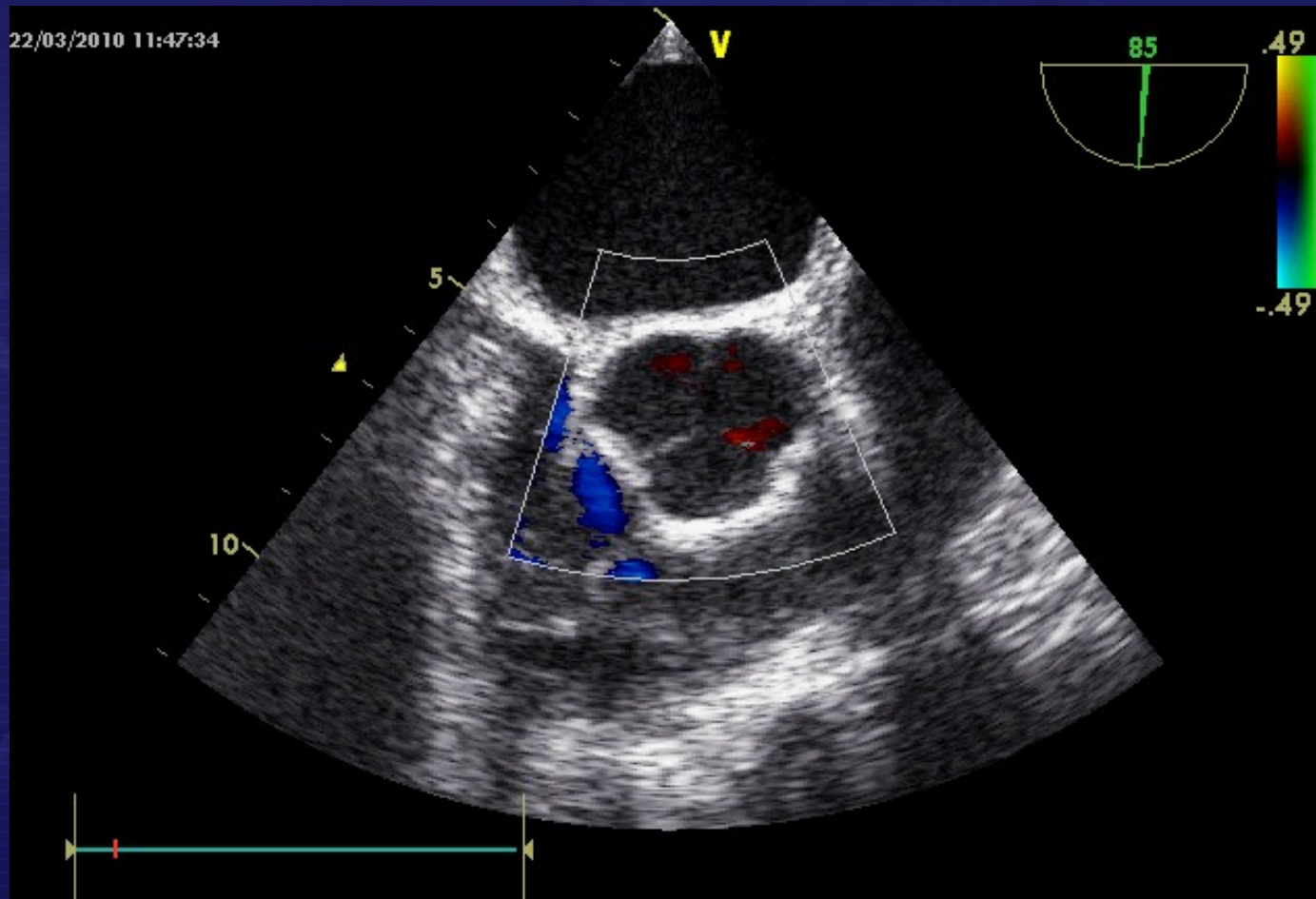


Fig. 2.5 Aortic root. *Red curve* attachment of aortic cusps, *blue curve* sinotubular junction, *1* right coronary artery, *2* left coronary artery



Ехографско изображение на нормална трикуспидна аортна клапа



Предоперативна оценка

Какво трябва да знае хирургът?

- Платна – брой, конфигурация (ако не е трикуспидна), пролапс? перфорация? калцификати?
- Клапен отвор (анулус) – размери, уравнението за продължителността, калцификати?
- Аортен корен – размери, причина за AR, необходимост от реконструкция на аортния корен, калцификати?
- Възходяща аорта – размери, налага ли се протезиране, калцификати?



Предоперативна оценка

Какво трябва да знае хирургът?

- LVOT (left ventricular outflow tract) – подклапна стеноза? необходимост от миектомия?
- LV – размери, ФИ %, хипертрофия, стеноза тип low-flow, low-gradient
- Увеличени скорости на кръвотока през аортната клапа



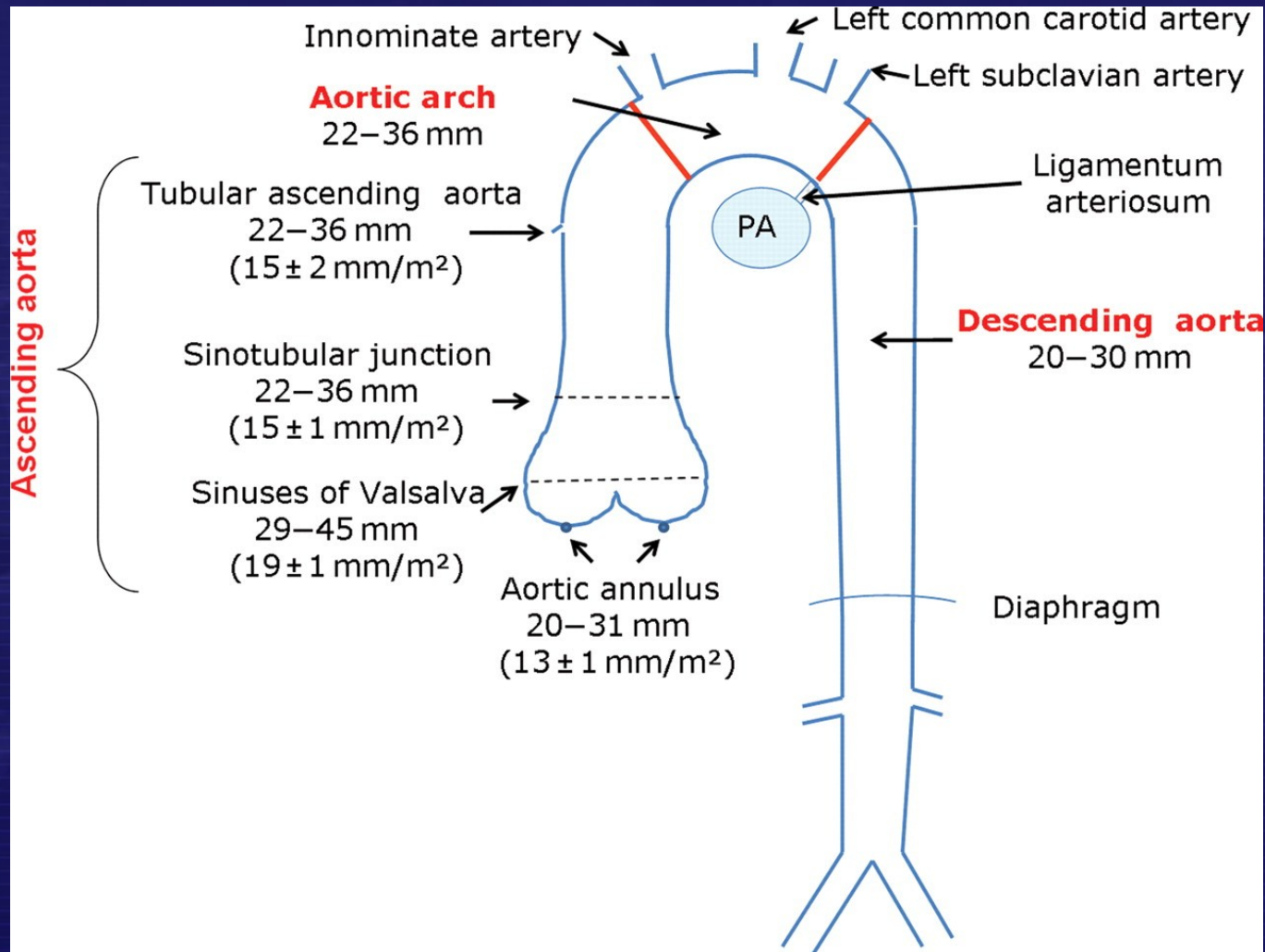
Образна диагностика

- Цел – пълно и подробно уточняване на определена патология
- ТТЕ – ключов метод за поставяне на диагноза, определяне степен/тежест и прогноза
- ТЕЕ – когато ТТЕ е неубедителна или когато се подозира тромбоза, протезна дисфункция или ендокардит
- СТ, MRI



Нормални размери на аортата ВЪВ различните сегменти

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България

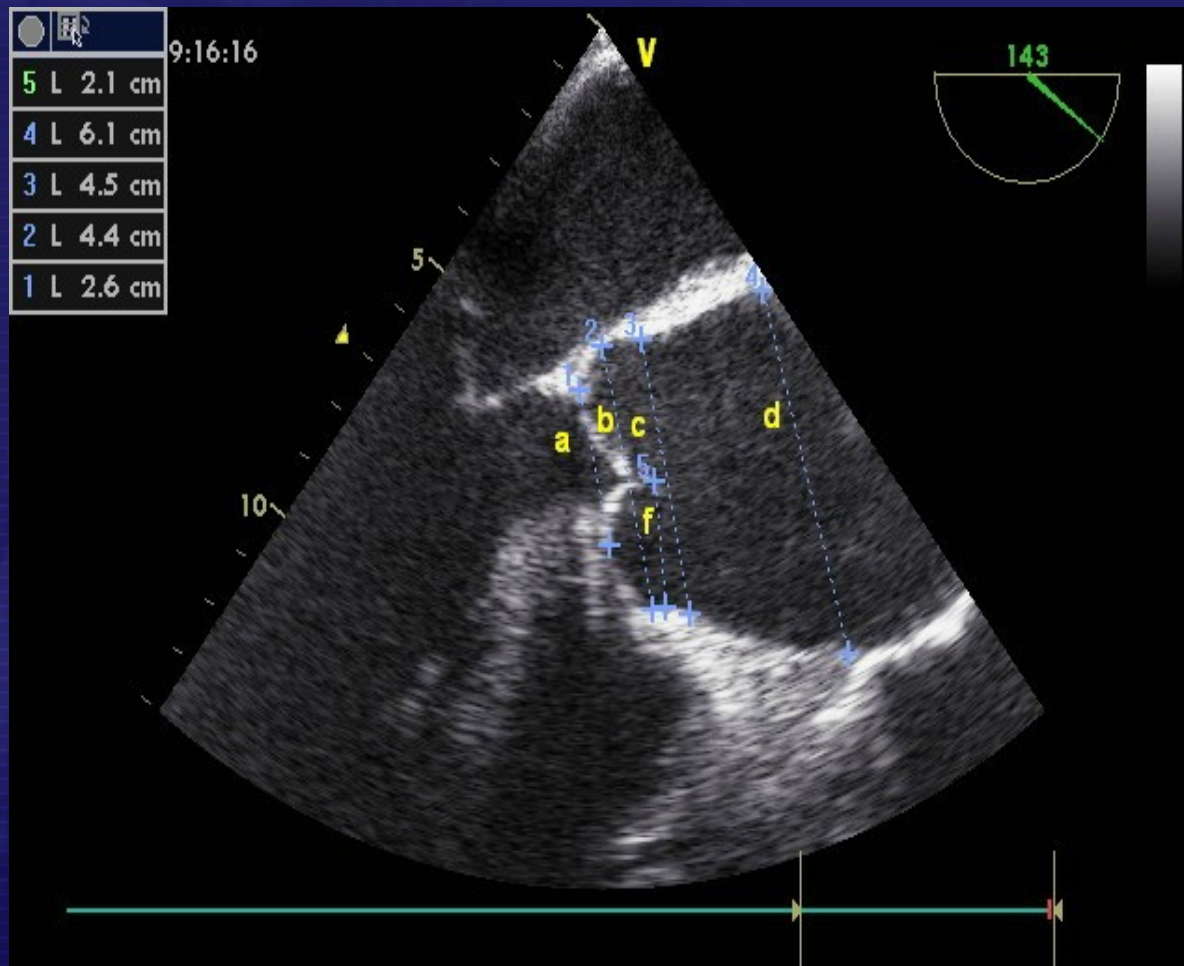


Нормални размери на структурите на аортния корен (Feigenbaum), представени ехографски (Schafers)

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България



| | TEE | Size (mm) / Schafers' indexes |
|---|------------------------------------|---|
| a | AV junction/ Ao annulus | 20 – 31 mm / ≤ 16 mm/m ² |
| b | Sinuses of Valsalva | 29 – 45 mm / ≤ 21mm/m ² |
| c | Sinutubular junction | 22 – 36 mm / ≤ 19 mm/m ² |
| d | Ascending Ao | 22 – 36 mm / 15 ± 2 mm/m ² |
| e | Sinuses of Valsalva height | 22,4 ± 4.2 mm |
| f | Coaptation line- to-aortic wall | Служи за сравнение на симетричността а на SV |

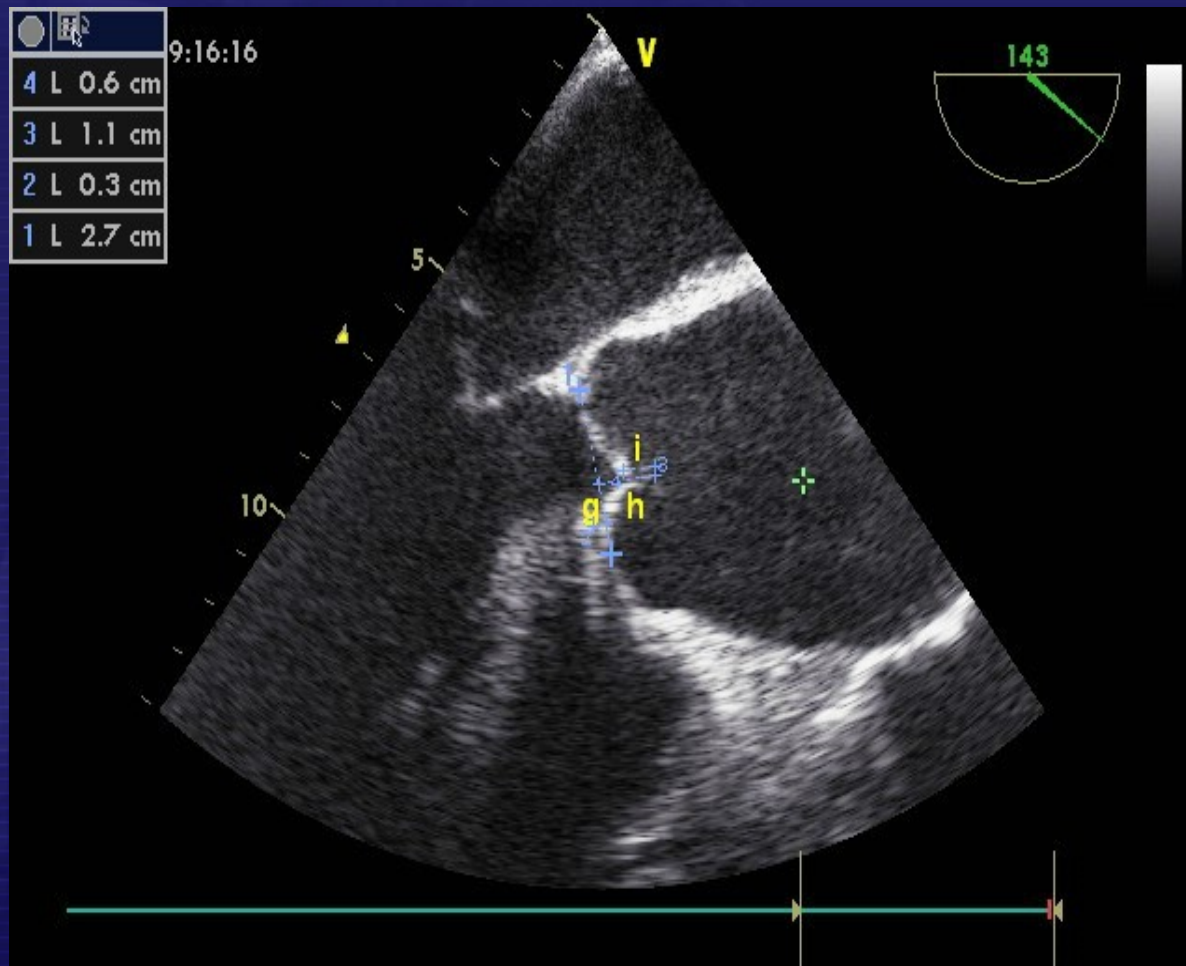


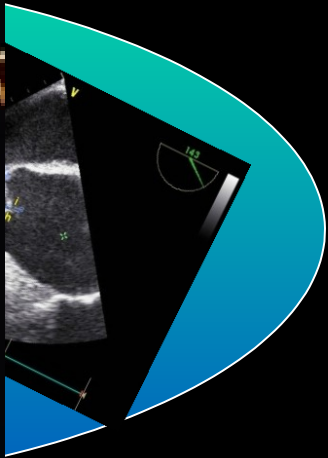
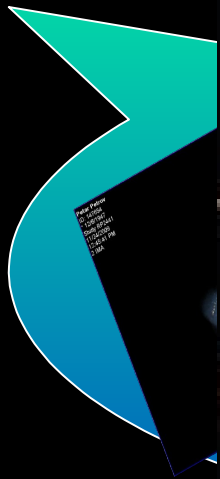
Нормални размери на структурите на аортния корен (Feigenbaum), представени ехографски (Schafers)

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България



| | TEE | Size (mm) / Schafers' indexes |
|-----------------------------|--|---|
| g | Prolapsing part of lowest prolapsing leaflet | Normally 0 |
| h | eH (Effective height) | 7 – 12 mm / 9 – 10 mm/m ² |
| i | Coaptation length | 4 – 5 mm |
| Additional criteria: | | |
| | VC (vena contracta) | 0 |
| | Excentric regurgitation jet | Defined by the α angle |







1

Има ли
показания за
клапна
хирургия?

2

Коя е най-
подходящата
интервенция?



Guidelines on the management of valvular heart disease (version 2012)

The Joint Task Force on the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Authors/Task Force Members: Alec Vahanian (Chairperson) (France)*, Ottavio Alfieri (Chairperson)* (Italy), Felicita Andreotti (Italy), Manuel J. Antunes (Portugal), Gonzalo Barón-Esquivias (Spain), Helmut Baumgartner (Germany), Michael Andrew Borger (Germany), Thierry P. Carrel (Switzerland), Michele De Bonis (Italy), Arturo Evangelista (Spain), Volkmar Falk (Switzerland), Bernard Lung (France), Patrizio Lancellotti (Belgium), Luc Pierard (Belgium), Susanna Price (UK), Hans-Joachim Schäfers (Germany), Gerhard Schuler (Germany), Janina Stepinska (Poland), Karl Swedberg (Sweden), Johanna Takkenberg (The Netherlands), Ulrich Otto Von Oppell (UK), Stephan Windecker (Switzerland), Jose Luis Zamorano (Spain), Marian Zembala (Poland)

ESC Committee for Practice Guidelines (CPG): Jeroen J. Bax (Chairperson) (The Netherlands), Helmut Baumgartner (Germany), Claudio Ceconi (Italy), Veronica Dean (France), Christi Deaton (UK), Robert Fagard (Belgium), Christian Funck-Brentano (France), David Hasdai (Israel), Arno Hoes (The Netherlands), Paulus Kirchhof (United Kingdom), Juhani Knuuti (Finland), Philippe Kolh (Belgium), Theresa McDonagh (UK), Cyril Moulin (France), Bogdan A. Popescu (Romania), Željko Reiner (Croatia), Udo Sechtem (Germany), Per Anton Simes (Norway), Michal Tendera (Poland), Adam Torbicki (Poland), Alec Vahanian (France), Stephan Windecker (Switzerland)

Document Reviewers: Bogdan A. Popescu (ESC CPG Review Coordinator) (Romania), Ludwig Von Segesser (EACTS Review Coordinator) (Switzerland), Luigi P. Badano (Italy), Matjaž Bunc (Slovenia), Marc J. Claeys (Belgium), Nikša Drinković (Croatia), Gerasimos Filippatos (Greece), Gilbert Habib (France), A. Pieter Kappetein (The Netherlands), Roland Kassab (Lebanon), Gregory Y.H. Lip (UK), Neil Moat (UK), Georg Nickenig (Germany), Catherine M. Otto (USA), John Pepper (UK), Nicolò Piazza (Germany), Petronella G. Pieper (The Netherlands), Raphael Rosenhek (Austria), Naltin Shuka (Albania), Ehud Schwammenthal (Israel), Juerg Schwitler (Switzerland), Pilar Tomos Mas (Spain), Pedro T. Trindade (Switzerland), Thomas Walther (Germany)



Ехокардиографски критерии за дефиниране на тежка клапа стеноза

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България



Table 4 Echocardiographic criteria for the definition of severe valve stenosis: an integrative approach

| | Aortic stenosis | Mitral stenosis | Tricuspid stenosis |
|--|-------------------|------------------|--------------------|
| Valve area (cm ²) | <1.0 | <1.0 | – |
| Indexed valve area (cm ² /m ² BSA) | <0.6 | – | – |
| Mean gradient (mmHg) | >40 ^a | >10 ^b | ≥5 |
| Maximum jet velocity (m/s) | >4.0 ^a | – | – |
| Velocity ratio | <0.25 | – | – |

BSA = body surface area.

^aIn patients with normal cardiac output/transvalvular flow.

^bUseful in patients in sinus rhythm, to be interpreted according to heart rate.

Adapted from Baumgartner *et al.*¹⁵



Ехокардиографски критерии за дефиниране на тежка клапа и

ИНС

Table 5 Echocardiographic criteria for the definition of severe valve regurgitation: an integrative approach

| | Aortic regurgitation | Mitral regurgitation | Tricuspid regurgitation |
|---|--|--|---|
| Qualitative | | | |
| Valve morphology | Abnormal/flail/large coaptation defect | Flail leaflet/ruptured papillary muscle/large coaptation defect | Abnormal/flail/large coaptation defect |
| Colour flow regurgitant jet | Large in central jets, variable in eccentric jets ^a | Very large central jet or eccentric jet adhering, swirling, and reaching the posterior wall of the left atrium | Very large central jet or eccentric wall impinging jet ^a |
| CW signal of regurgitant jet | Dense | Dense/triangular | Dense/triangular with early peaking (peak <2 m/s in massive TR) |
| Other | Holodiastolic flow reversal in descending aorta (EDV >20 cm/s) | Large flow convergence zone ^a | – |
| Semiquantitative | | | |
| Vena contracta width (mm) | >6 | ≥7 (>8 for biplane) ^b | ≥7 ^a |
| Upstream vein flow ^c | – | Systolic pulmonary vein flow reversal | Systolic hepatic vein flow reversal |
| Inflow | – | E-wave dominant ≥1.5 m/s ^d | E-wave dominant ≥1 m/s ^e |
| Other | Pressure half-time <200 ms ^f | TVI mitral/TVI aortic >1.4 | PISA radius >9 mm ^g |
| Quantitative | | | |
| EROA (mm ²) | ≥30 | Primary ≥40 Secondary ^h ≥20 | ≥40 |
| R Vol (ml/beat) | ≥60 | ≥60 | ≥45 |
| + enlargement of cardiac chambers/vessels | LV | LV, LA | RV, RA, inferior vena cava |

CW = continuous wave; EDV = end-diastolic velocity; EROA = effective regurgitant orifice area; LA = left atrium; LV = left ventricle; PISA = proximal isovelocity surface area; RA = right atrium; RV = right ventricle; R Vol = regurgitant volume; TR = tricuspid regurgitation; TVI = time-velocity integral.

^aAt a Nyquist limit of 50–60 cm/s.

^bFor average between apical four- and two-chamber views.

^cUnless other reasons for systolic blunting (atrial fibrillation, elevated atrial pressure).

^dIn the absence of other causes of elevated left atrial pressure and of mitral stenosis.

^eIn the absence of other causes of elevated right atrial pressure.

^fPressure half-time is shortened with increasing left ventricular diastolic pressure, vasodilator therapy, and in patients with a dilated compliant aorta, or lengthened in chronic aortic regurgitation.

^gBaseline Nyquist limit shift of 28 cm/s.

^hDifferent thresholds are used in secondary MR where an EROA >20mm² and regurgitant volume > 30 ml identify a subset of patients at increased risk of cardiac events.

Adapted from Lancellotti et al.^{16,17}

При оценка на един пациент за клапна операция е необходимо да

Table 3 Essential questions in the evaluation of a patient for valvular intervention

- | |
|--|
| • Is valvular heart disease severe? |
| • Does the patient have symptoms? |
| • Are symptoms related to valvular disease? |
| • What are patient life expectancy ^a and expected quality of life? |
| • Do the expected benefits of intervention (vs. spontaneous outcome) outweigh its risks? |
| • What are the patient's wishes? |
| • Are local resources optimal for planned intervention? |

^aLife expectancy should be estimated according to age, gender, comorbidities and country-specific life expectancy.

- Каква е тежестта на клапната патология?
- Дали пациентът има симптоми (оплаквания)?
- Оплакванията свързани ли са с клапната патология?
- Каква е очакваната продължителност на живота и очакваното качество на живот на пациента?
- Отношение полза/риск от самата операция?
- Какво е желанието на пациента?
- Самооценка на собствения ни опит и ВЪЗМОЖНОСТИ



Table 8 Indications for surgery in (A) severe aortic regurgitation and (B) aortic root disease (whatever the severity of aortic regurgitation)

| | Class ^a | Level ^b | Ref ^c |
|---|--------------------|--------------------|------------------|
| A. Indications for surgery in severe aortic regurgitation | | | |
| Surgery is indicated in symptomatic patients. | I | B | 59 |
| Surgery is indicated in asymptomatic patients with resting LVEF ≤50%. | I | B | 71 |
| Surgery is indicated in patients undergoing CABG or surgery of ascending aorta, or on another valve. | I | C | |
| Surgery should be considered in asymptomatic patients with resting EF >50% with severe LV dilatation: LVEDD >70 mm, or LVESD >50 mm or LVESD >25 mm/m ² BSA. ^d | IIa | C | |
| B. Indications for surgery in aortic root disease (whatever the severity of AR) | | | |
| Surgery is indicated in patients who have aortic root disease with maximal ascending aortic diameter ^e ≥50 mm for patients with Marfan syndrome. | I | C | |
| Surgery should be considered in patients who have aortic root disease with maximal ascending aortic diameter: ≥45 mm for patients with Marfan syndrome with risk factors ^f ≥50 mm for patients with bicuspid valve with risk factors ^f ≥55 mm for other patients | IIa | C | |

AR = aortic regurgitation; BSA = body surface area; CABG = coronary artery bypass grafting; EF = ejection fraction; LV = left ventricular; LVEDD = left ventricular end-diastolic diameter; LVESD = left ventricular end-systolic diameter.

^aClass of recommendation.

^bLevel of evidence.

^cReference(s) supporting class I (A + B) and IIa + IIb (A + B) recommendations.

^dChanges in sequential measurements should be taken into account.

^eDecision should also take into account the shape of the different parts of the aorta. Lower thresholds can be used for combining surgery on the ascending aorta for patients who have an indication for surgery on the aortic valve.

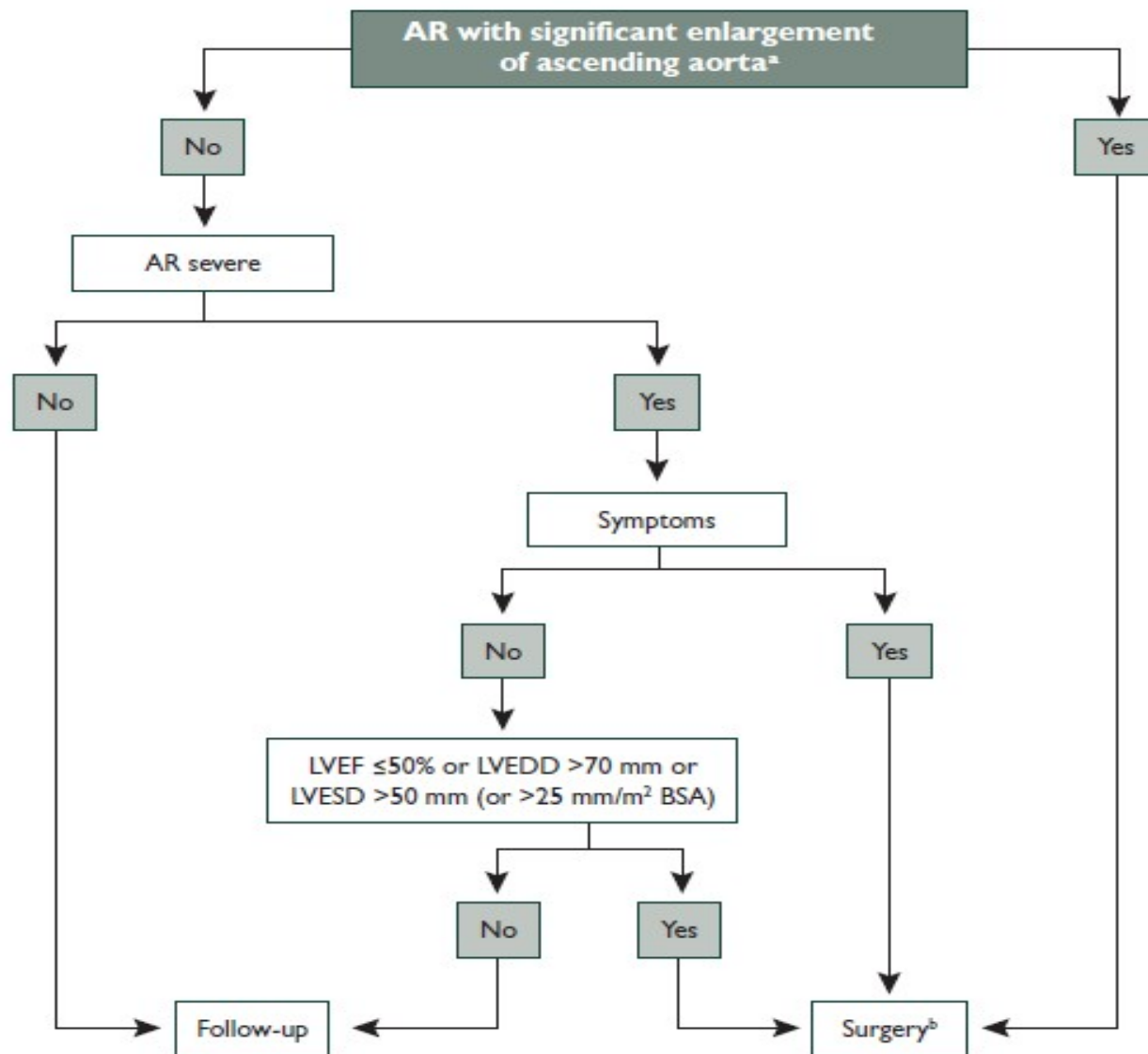
^fFamily history of aortic dissection and/or aortic size increase > 2 mm/year (on repeated measurements using the same imaging technique, measured at the same aorta level with side-by-side comparison and confirmed by another technique), severe AR or mitral regurgitation, desire of pregnancy.

^gCoarctation of the aorta, systemic hypertension, family history of dissection or increase in aortic diameter > 2 mm/year (on repeated measurements using the same imaging technique, measured at the same aorta level with side-by-side comparison and confirmed by another technique).



Показания за оперативно лечение при тежка аортна регургитация:

| | Клас | Ниво |
|--|------------|----------|
| А. Показания за операция при тежка аортна регургитация | | |
| Операцията е показана при симптомни пациенти. | I | B |
| Операцията е показана при асимптомни пациенти с LVEF \leq 50% | I | B |
| Операцията е показана при пациенти на които им предстои CABG или хирургия на възходяща аорта, или на друга клапа. | I | C |
| Операция трябва да се обмисли при безсимптомни пациенти с LVEF $>$ 50% и изразена ЛК дилатация LVEDD $>$ 70mm, или LVESD $>$ 50mm или LVESD $>$ 25 mm/m ² BSA. | IIa | C |
| В. Показания за операция при заболявания на аортния корен (без значение степента на AP) | | |
| Операцията е показана при пациенти със заболяване на аортния корен с максимален диаметър на възходящата аорта \geq 50mm при синдром на Марфан | I | C |
| Операция трябва да се обмисли при пациенти със заболяване на аортния корен с максимален диаметър на възходящата аорта: \geq 45mm при болни със синдром на Марфан и други рискови фактори \geq 50mm при пациенти с бicuspidна клапа и други рискови фактори \geq 55mm за останалите пациенти | IIa | C |



AR = aortic regurgitation; BSA = body surface area; LVEDD = left ventricular end-diastolic diameter; LVEF = left ventricular ejection fraction; LVESD = left ventricular end-systolic diameter.

*See Table 8 for definition.

^bSurgery must also be considered if significant changes in LV or aortic size occur during follow-up.

Figure 1 Management of aortic regurgitation.

Table 9 Indications for aortic valve replacement in aortic stenosis

| | Class ^a | Level ^b | Ref ^c |
|--|--------------------|--------------------|------------------|
| AVR is indicated in patients with severe AS and any symptoms related to AS. | I | B | 12, 89, 94 |
| AVR is indicated in patients with severe AS undergoing CABG, surgery of the ascending aorta or another valve. | I | C | |
| AVR is indicated in asymptomatic patients with severe AS and systolic LV dysfunction (LVEF <50%) not due to another cause. | I | C | |
| AVR is indicated in asymptomatic patients with severe AS and abnormal exercise test showing symptoms on exercise clearly related to AS. | I | C | |
| AVR should be considered in high risk patients with severe symptomatic AS who are suitable for TAVI, but in whom surgery is favoured by a 'heart team' based on the individual risk profile and anatomic suitability. | IIa | B | 97 |
| AVR should be considered in asymptomatic patients with severe AS and abnormal exercise test showing fall in blood pressure below baseline. | IIa | C | |
| AVR should be considered in patients with moderate AS ^d undergoing CABG, surgery of the ascending aorta or another valve. | IIa | C | |
| AVR should be considered in symptomatic patients with low flow, low gradient (<40 mmHg) AS with normal EF only after careful confirmation of severe AS. ^e | IIa | C | |
| AVR should be considered in symptomatic patients with severe AS, low flow, low gradient with reduced EF, and evidence of flow reserve. ^f | IIa | C | |
| AVR should be considered in asymptomatic patients, with normal EF and none of the above mentioned exercise test abnormalities, if the surgical risk is low, and one or more of the following findings is present: <ul style="list-style-type: none"> • Very severe AS defined by a peak transvalvular velocity >5.5 m/s or, • Severe valve calcification and a rate of peak transvalvular velocity progression ≥ 0.3 m/s per year. | IIa | C | |
| AVR may be considered in symptomatic patients with severe AS low flow, low gradient, and LV dysfunction without flow reserve. ^f | IIb | C | |
| AVR may be considered in asymptomatic patients with severe AS, normal EF and none of the above mentioned exercise test abnormalities, if surgical risk is low, and one or more of the following findings is present: <ul style="list-style-type: none"> • Markedly elevated natriuretic peptide levels confirmed by repeated measurements and without other explanations • Increase of mean pressure gradient with exercise by >20 mmHg • Excessive LV hypertrophy in the absence of hypertension. | IIb | C | |

AS = aortic stenosis; AVR = aortic valve replacement; BSA = body surface area; CABG = coronary artery bypass graft surgery; EF = ejection fraction; LV = left ventricular; LVEF = left ventricular ejection fraction; TAVI = transcatheter aortic valve implantation.

^aClass of recommendation.

^bLevel of evidence.

^cReference(s) supporting class I (A + B) and IIa + IIb (A + B) recommendations.

^dModerate AS is defined as valve area 1.0–1.5 cm² (0.6 cm²/m² to 0.9 cm²/m² BSA) or mean aortic gradient 25–40 mmHg in the presence of normal flow conditions. However, clinical judgement is required.

^eIn patients with a small valve area but low gradient despite preserved LVEF, explanations for this finding (other than the presence of severe AS) are frequent and must be carefully excluded. See text (evaluation of AS).

^fAlso termed contractile reserve.

Тежест на аортната стеноза

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България



| | Mild | | Moderate | | Severe | |
|---------------|---|----------------------|---|---------------------------|--|-----------------------|
| | ESC | AHA | ESC | AHA | ESC | AHA |
| Valve area | >1.5 cm ² > 0.9 cm ² /m ² | >1.5 cm ² | 1.0 – 1.5 cm ² 0.6 – 0.9 cm ² /m ² | 1.0 – 1.5 cm ² | < 1.0 cm ² < 0.6 cm ² /m ² | < 1.0 cm ² |
| Mean gradient | < 30 mm Hg | < 25 mm Hg | 30 – 40 mmHg | 25 – 40 mm Hg | > 40 mm Hg | > 40 mm Hg |



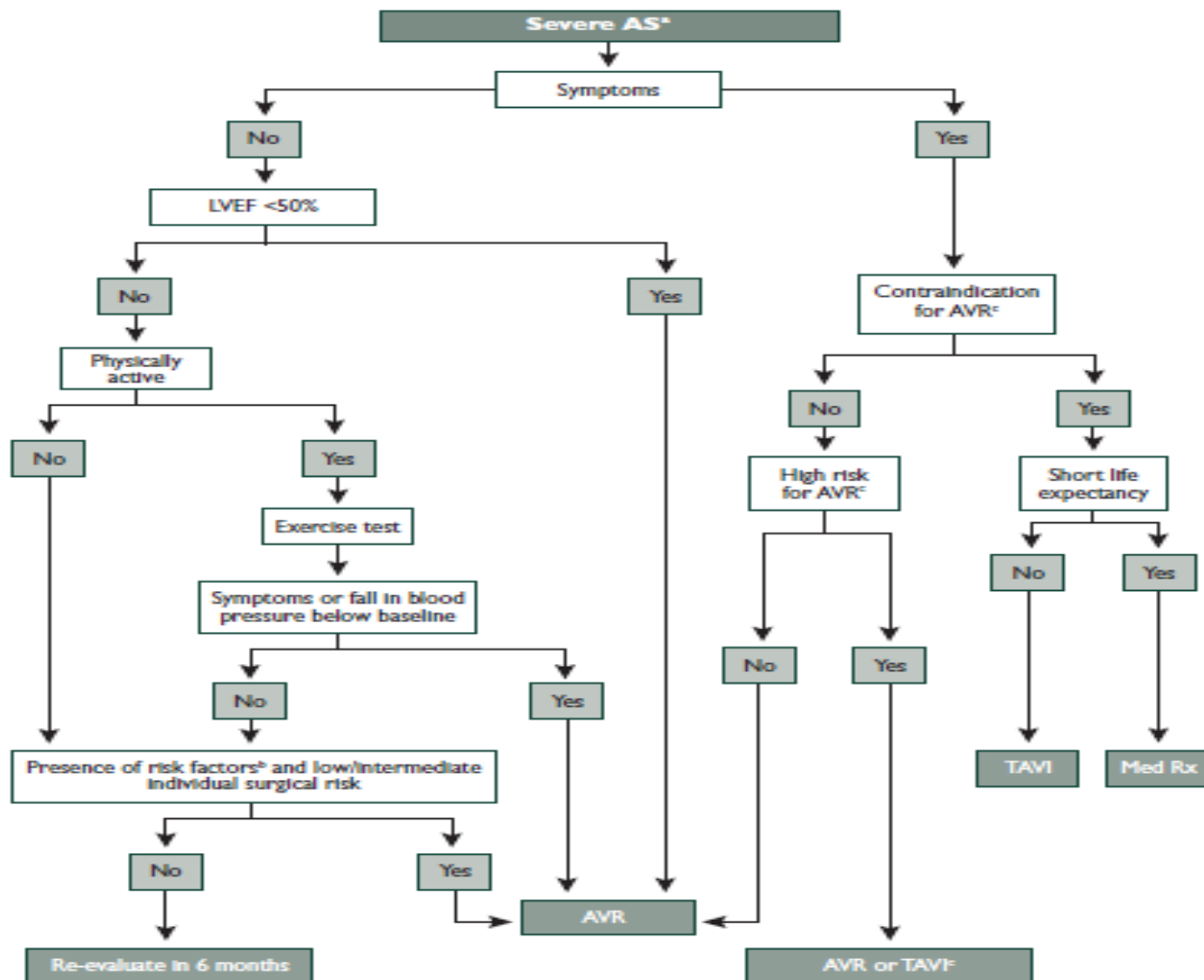
Показания за смяна на аортната клапа (AVR) при тежка

| | Клас | Ниво |
|---|------|------|
| AVR е показана при тежка аортна стеноза която е симптоматична (оплаквания свързани със самото заболяване) | I | B |
| Операцията е показана при пациенти с тежка аортна стеноза на които им предстои CABG или хирургия на възходяща аорта, или на друга клапа. | I | C |
| Операцията е показана при асимптомни пациенти с тежка аортна стеноза и систолна левокамерна дисфункция LVEF $\leq 50\%$, която не е свързана с друга причина. | I | C |
| Операция е показана при пациенти с тежка аортна стеноза и абнормален тест с натоварване които показват симптоми при натоварване ясно свързани с аортната стеноза. | I | C |
| AVR трябва да се обмисля при високорискови пациенти с тежка аортна, подходящи за TAVI, при които обаче оперативното лечение се предпочита от “сърдечния екип” въз основа на оценка на индивидуалния риск и анатомични особености. | IIa | B |
| AVR трябва да се обмисля при асимптомни пациенти с тежка аортна стеноза и абнормален тест с натоварване които при натоварване показват спадане на кръвното налягане под изходното ниво. | IIa | C |
| AVR трябва да се обмисля при пациенти с умерена аортна стеноза на които им предстои CABG или хирургия на възходяща аорта, или на друга клапа. | IIa | C |

Показания за смяна на аортната клапа (AVR) при тежка аортна стеноза:

аортна стеноза:

| | | |
|--|------------|----------|
| AVR трябва да се обмисля при симптомни пациенти с аортна стеноза тип low flow, low gradient (<40mmHg) и нормална фракция на изтласкване само след внимателно потвърждение на тежката аортна стеноза | IIa | C |
| AVR трябва да се обмисля при симптомни пациенти с тежка аортна стеноза тип low flow, low gradient и потисната фракция на изтласкване, със запазен контрактилен резерв. | IIa | C |
| AVR трябва да се обмисля при асимптомни пациенти със запазена фракция на изтласкване ако не са налични нито едно от отклоненията при теста с натоварване, споменати по-горе, ако оперативния риск е много нисък и е налично поне едно от следните условия: · Много тежка аортна стеноза, изразена чрез peak transvalvular velocity >5,5m/s, или · Силно изразена калциноза на клапата и прогресия на peak transvalvular velocity >0.3m/s за година. | IIa | C |
| AVR може да се обмисля при симптомни пациенти с тежка аортна стеноза тип low flow, low gradient и ЛК дисфункция, без функционален резерв. | IIb | C |
| AVR може да се обмисля при асимптомни пациенти със тежка аортна стеноза и запазена фракция на изтласкване ако не са налични нито едно от отклоненията при теста с натоварване, споменати по-горе, ако оперативния риск е много нисък и при наличие на поне едно от следните условия: • Увеличаване на нивата на атриалния натриуретичен пептид, установено чрез многократни изследвания и липса на друго обяснение за увеличаването им • Увеличаване на средния клапен градиент при натоварване с >20mmHg • Силно изразена ЛК хипертрофия при липса на хипертония | IIb | C |



AS = aortic stenosis; AVR = aortic valve replacement; BSA = body surface area; LVEF = left ventricular ejection fraction; Med Rx = medical therapy;

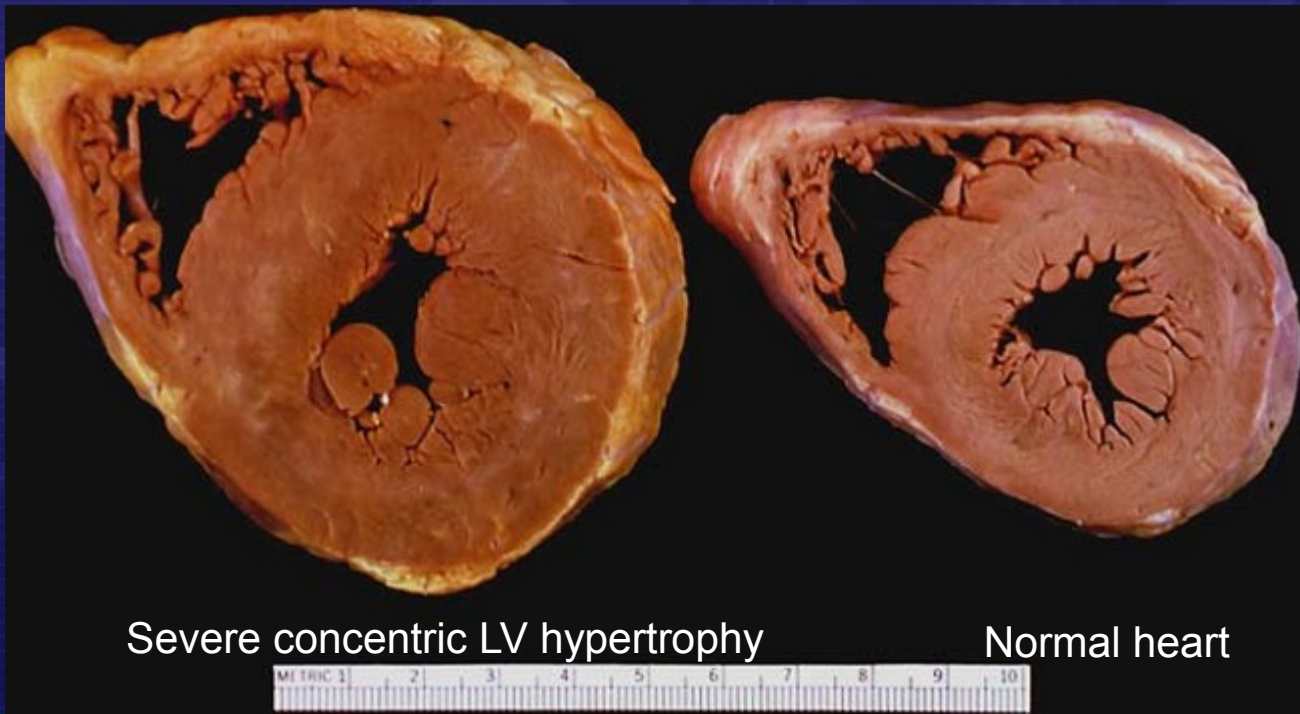
TAVI = transcatheter aortic valve implantation.

^aSee Table 4 for definition of severe AS.

^bSurgery should be considered (IaC) if one of the following is present: peak velocity >5.5 m/s; severe valve calcification + peak velocity progression ≥0.3 m/s/year. Surgery may be considered (IbC) if one of the following is present: markedly elevated natriuretic peptide levels; mean gradient increase with exercise >20 mmHg; excessive LV hypertrophy.

^cThe decision should be made by the heart team^e according to individual clinical characteristics and anatomy.

Figure 2 Management of severe aortic stenosis. The management of patients with low gradient and low ejection fraction is detailed in the text.



Severe concentric LV hypertrophy

Normal heart



Уникуспидна клапа

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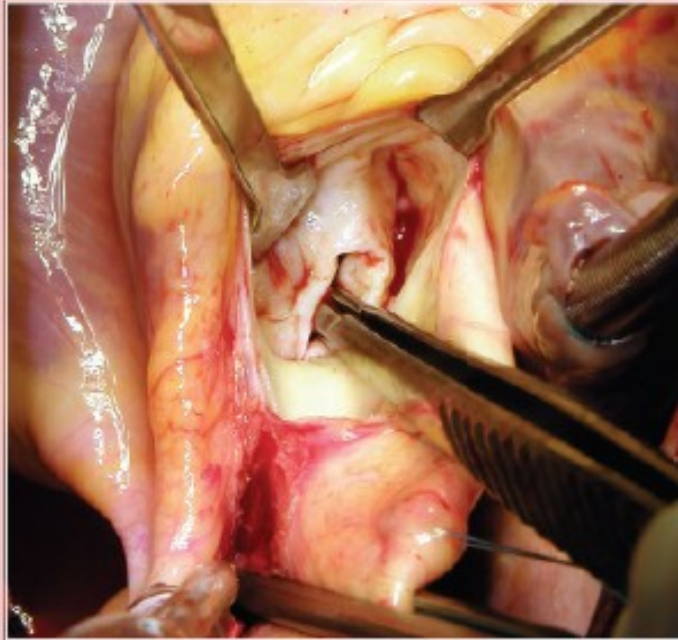


Fig. 5.1 Congenital unicuspid aortic valve

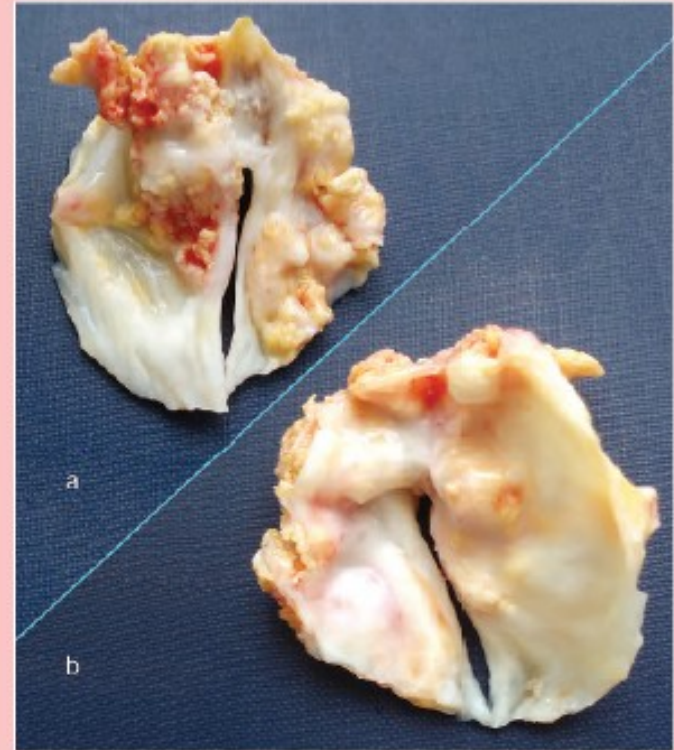
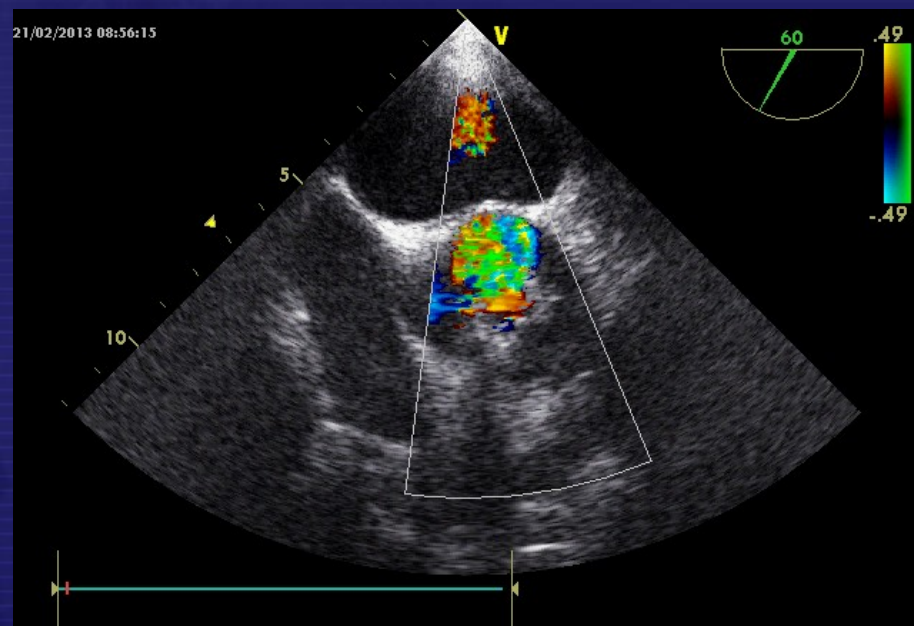
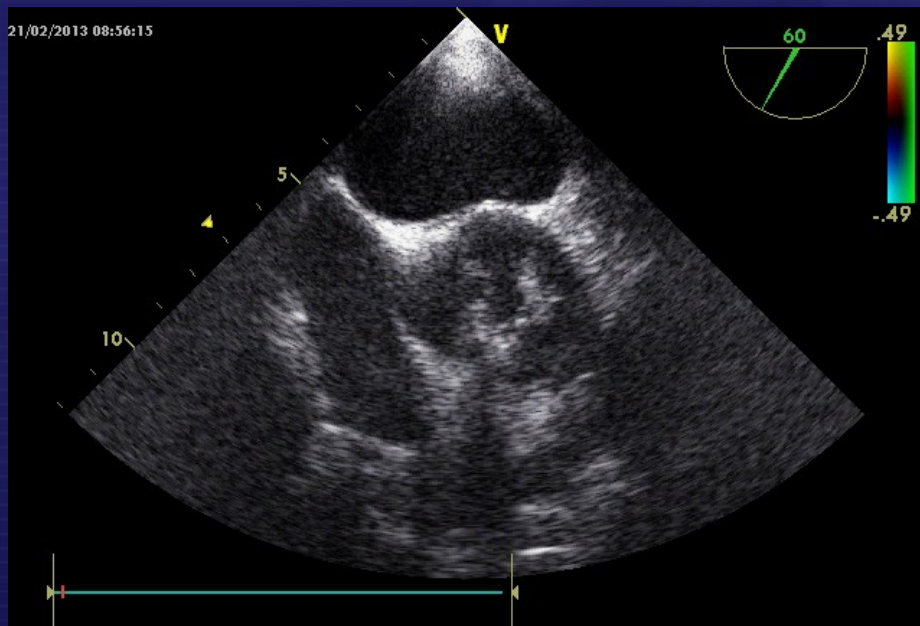


Fig. 5.2 Unicuspid unicommissural congenital aortic stenosis. Stenotic slit-like orifice and cusps penetrated by calcifications. **a** View from aorta. **b** View from left ventricle



Ехографски образ на уникуспидна аортна клапа



Бикуспидна клапа

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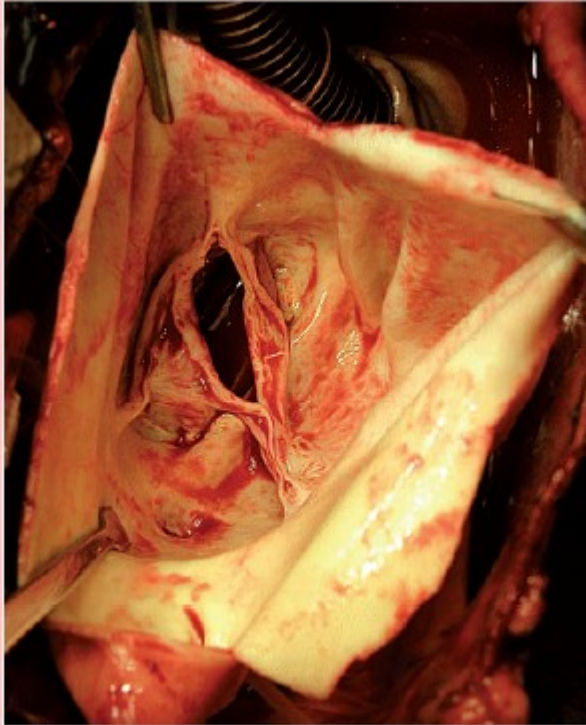
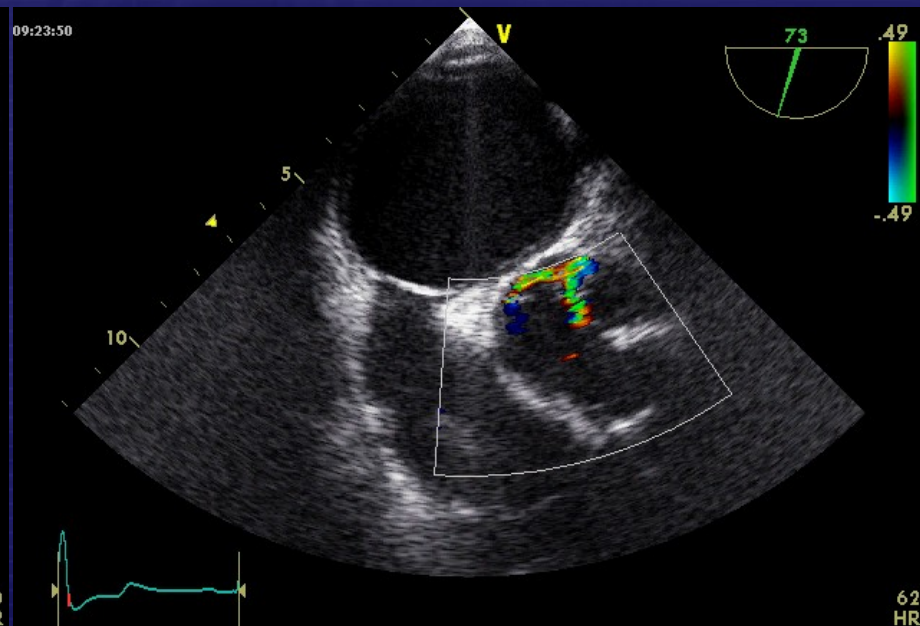
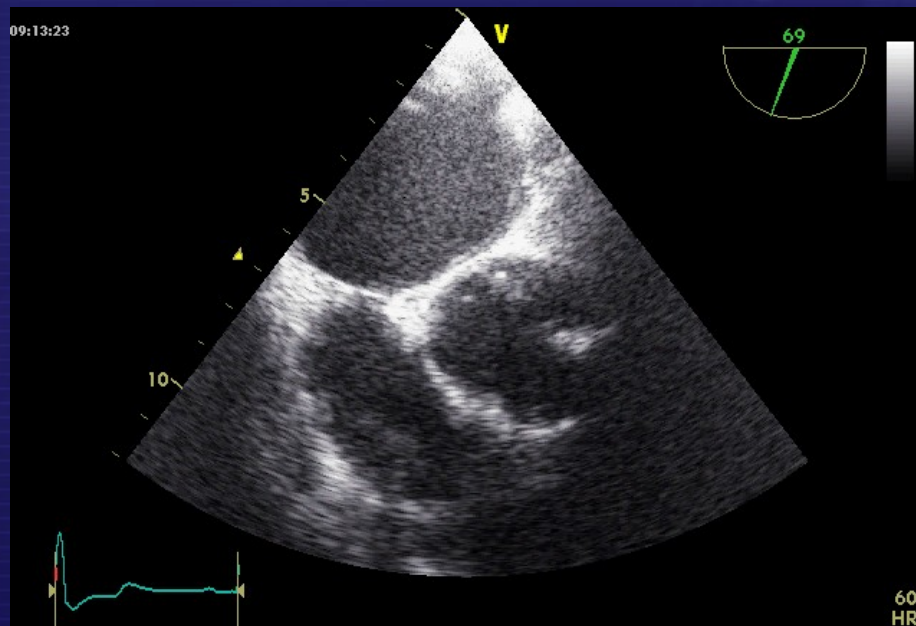


Fig. 5.3 Congenital bicuspid aortic valve with ascending aortic dilation



Ехографски образ на бикуспидна аортна клапа

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Аортна клапа с калциноза

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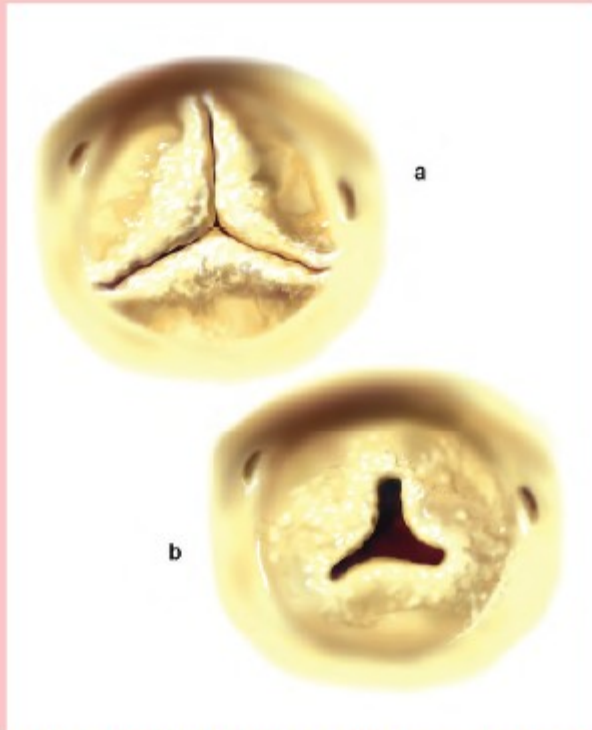


Fig. 5.4 Calcified aortic stenosis. **a** Degenerative etiology. **b** Rheumatic etiology

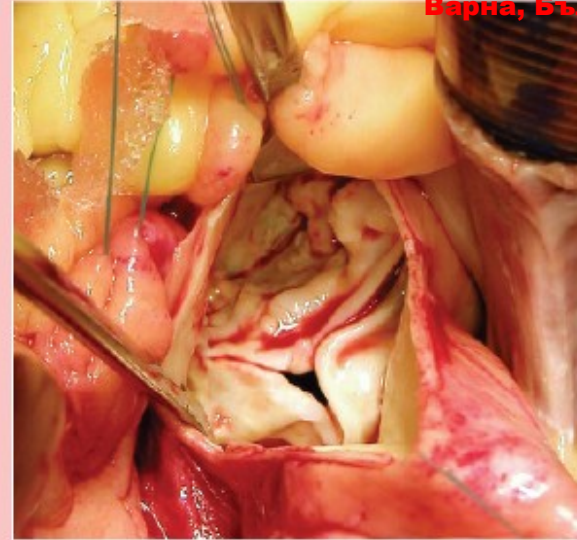


Fig. 5.5 Senile degenerative calcified aortic stenosis. Cusps penetrated by calcifications and commissures are not fused



Fig. 5.6 Aortic valve excised for extensive calcifications in all cusps (degenerative etiology). Combined valve disease (stenosis and regurgitation)

Аортна клапа с калциноза

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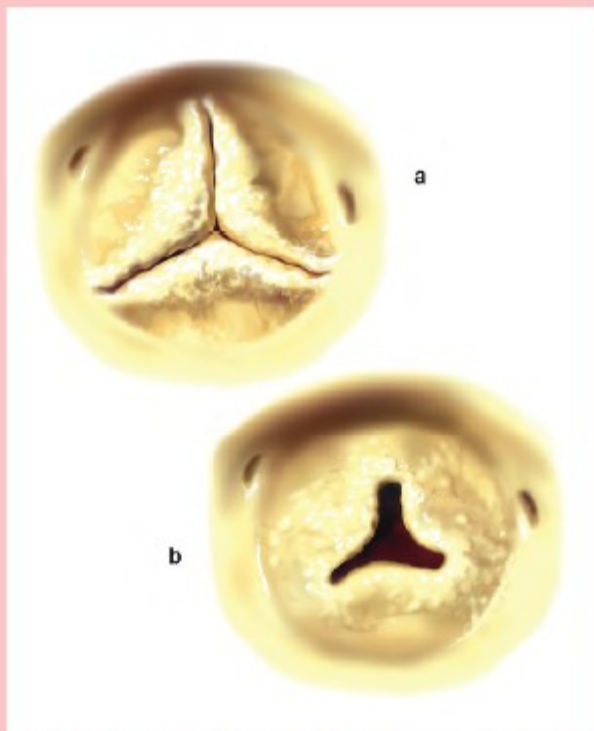


Fig. 5.4 Calcified aortic stenosis. **a** Degenerative etiology. **b** Rheumatic etiology

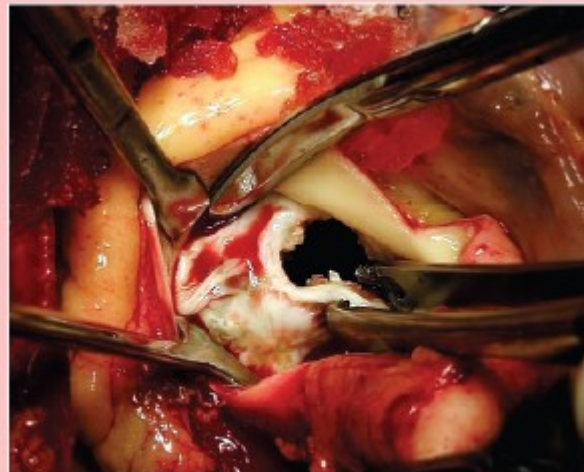


Fig. 5.7 Rheumatic aortic stenosis



Fig. 5.8 Aortic valve excised for rheumatic aortic valve disease. Dominance of stenosis and concomitant regurgitation through a narrow rigid orifice. Calcified cusps and fused commissures

Видове клапни протези

I. Механични: I.1 Caged-ball



Fig. 3.4 Caged-ball valve Starr-Edwards (aortic model 1260)



Fig. 3.5 Caged-ball valve Smeloff-Cutter



Fig. 3.6 Cloth-covered caged-ball valve Braunwald-Cutter



Видове клапни протези

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I. Механични:

I.2 Disc valves (tilting-disc, monodisc)



Fig. 3.8 Non-tilting disc valves a Beall and b Starr-Edwards

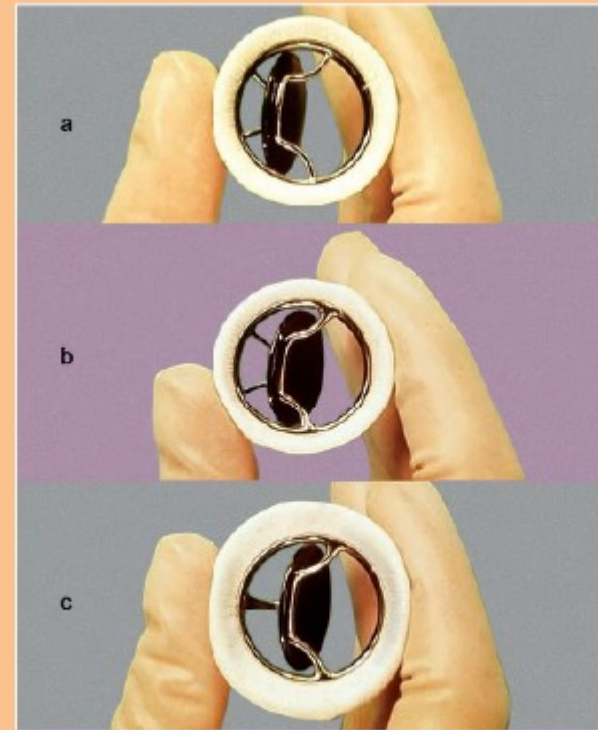


Fig. 3.9 Disc valve Björk-Shiley. a Standard type with flat disc. b Convex-concave type. c Monostrut

Видове клапни протези

I. Механични: I.3 Bileaflet valves



Fig. 3.12 Disc valve Medtronic-Hall

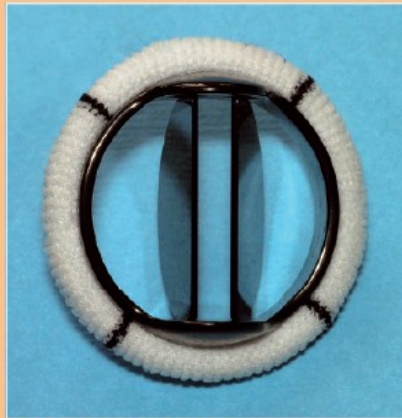


Fig. 3.13 Bileaflet valve St. Jude Medical



Fig. 3.14 Bileaflet valve Sorin-Bicarbon. a Slimline. b Overline



Видове клапни протези

II. Биологични: II.1 Stented



Fig. 3.18 Bioprosthesis Edwards-Perimount Magna



Fig. 3.16 Bioprosthesis St. Jude Medical-Epic



Fig. 3.15 Stents for bioprostheses

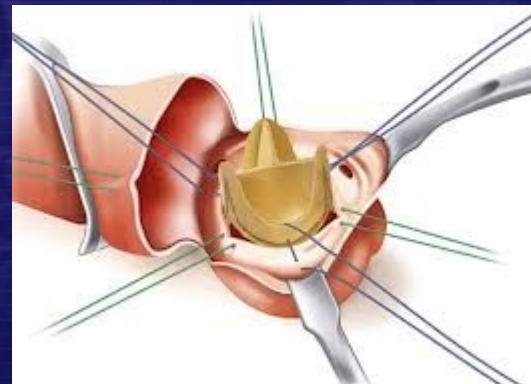
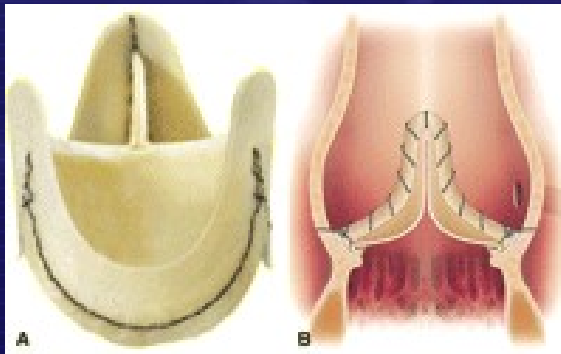
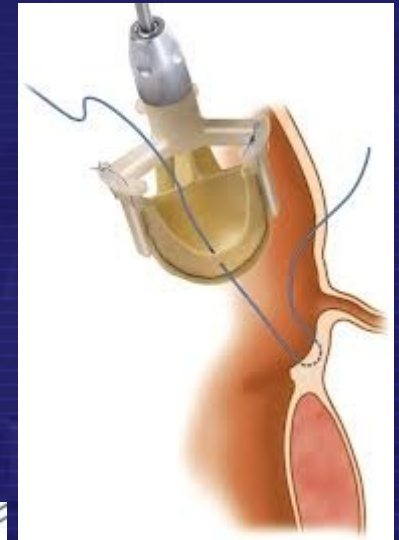


Видове клапни протези

II. Биологични:

II.2 Stentless

Freedom Solo



Видове клапни протези



II. Биологични: II.2 Stentless 3F



ATS 3F[®] AORTIC BIOPROSTHESIS

Mimics a native valve in form and function.

3f Therapeutics
Aortic Bioprosthesis

ATS
MEDICAL
Focused right
on cardiac surgery.

Tubular assembly from three equal leaflets of pericardium.

Commissural tabs attach to aortic wall with mattress sutures.

Single suture line around inflow edge allows for ease of implant.

New implant system facilitates implant ease and reproducible results.

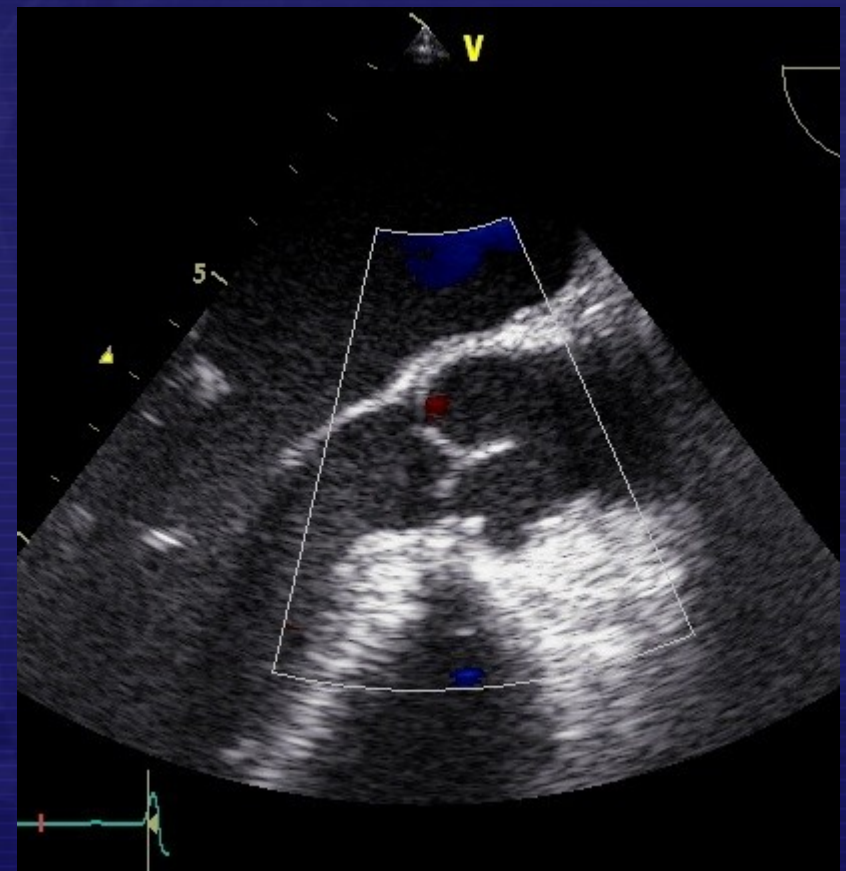
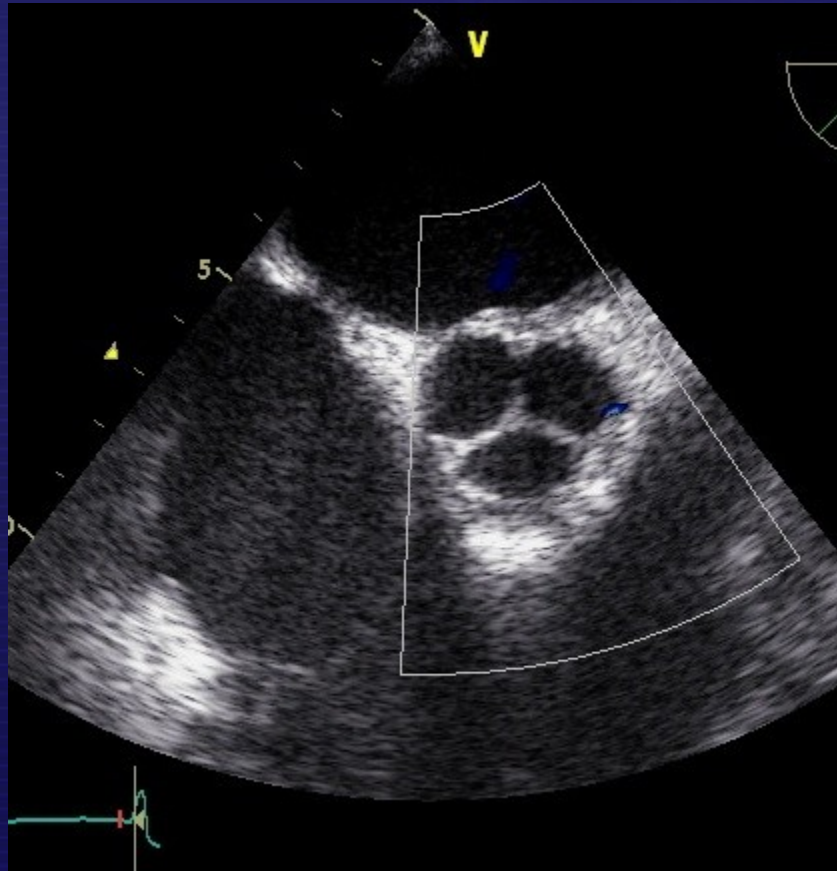
Systole

Diastole

"During systole, the tubular aortic valve opens widely, enabling unobstructed forward flow across the valvular orifice. During diastole, as forward flow decelerates, the walls of the tube are forced centrally between the sites of attachment to the aortic wall (commissural posts) and the valve closes completely."

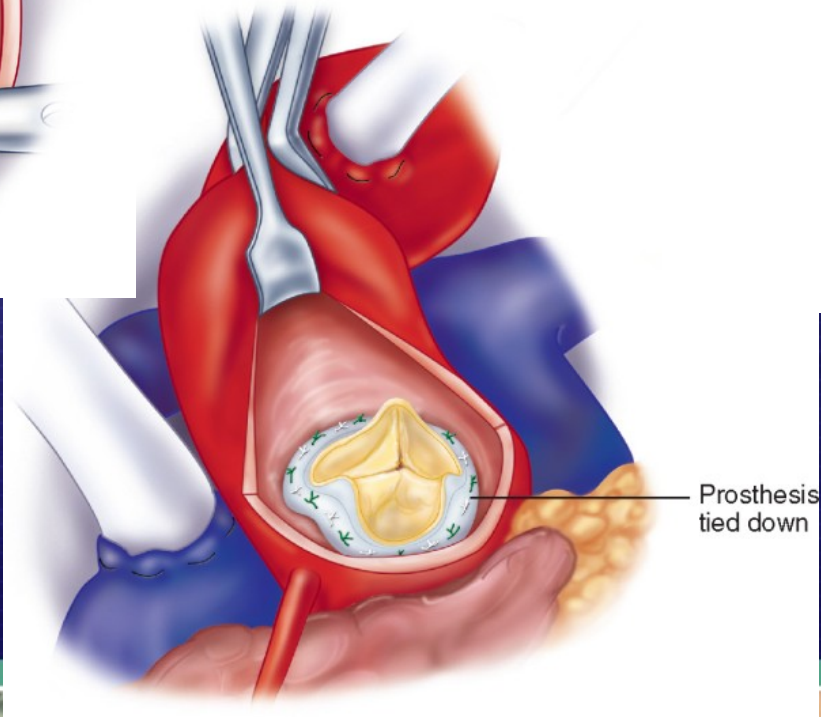
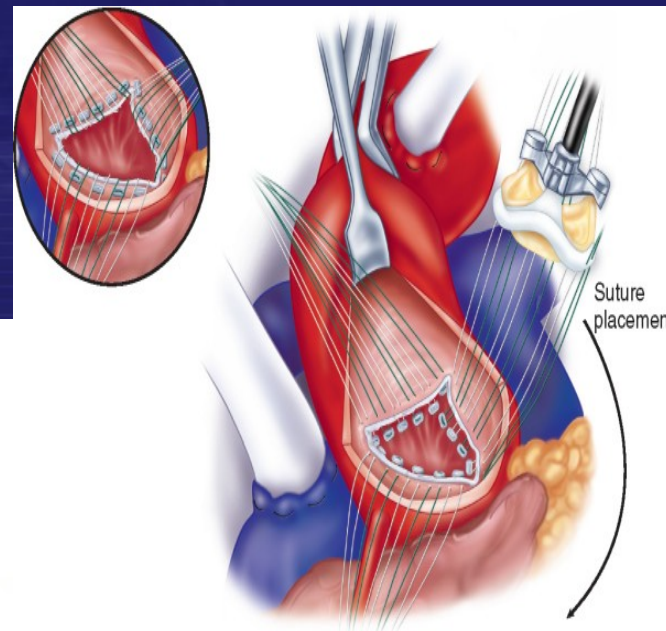
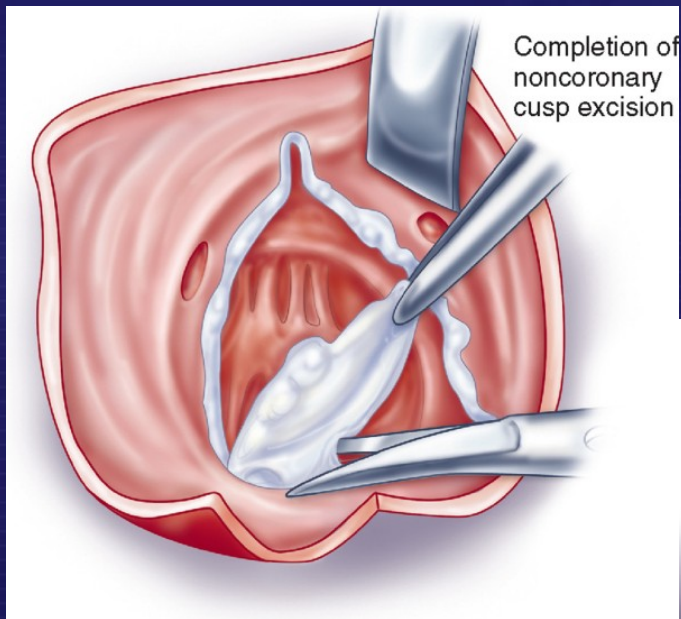


TEE по къса и по дълга ос на stentless биологична аортна клапа



Смяна на аортна клапа (Aortic valve replacement)

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Смяна на аортна клапа

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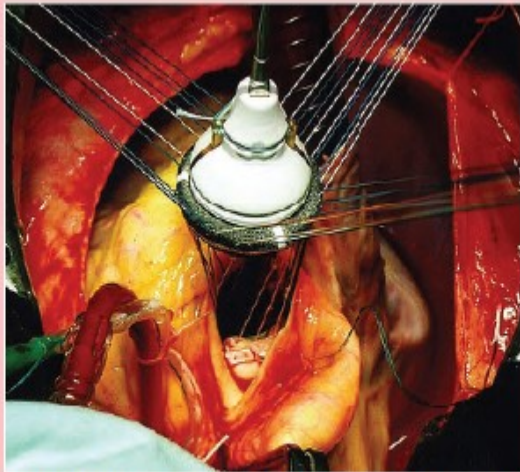


Fig. 5.15 Aortic valve prosthesis after placement of all sutures before running down into the aortic annulus

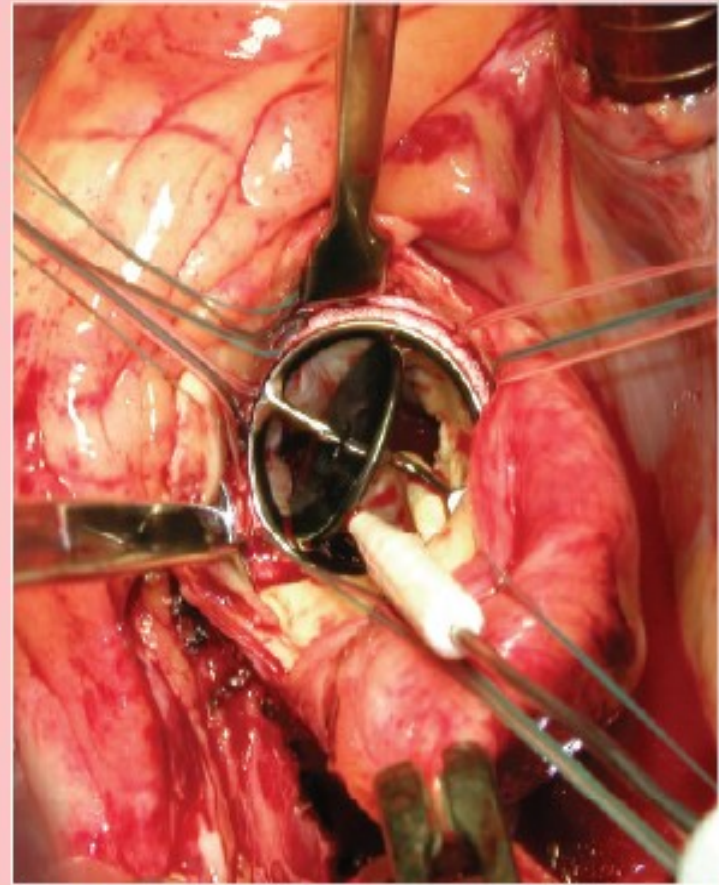


Fig. 5.17 Disc valve Medtronic-Hall implanted into aortic orifice: control of free mobility of the tilting disc

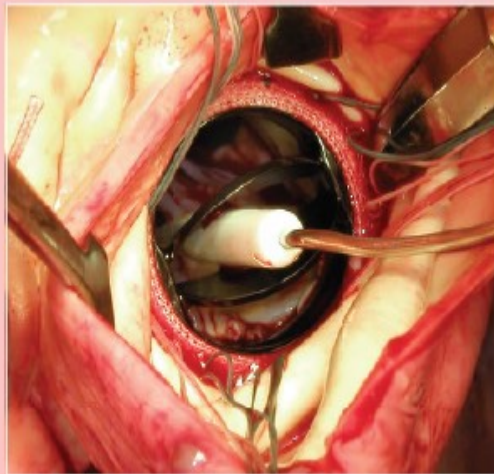


Fig. 5.16 Control of free mobility of semilunar leaflets of implanted bi-leaflet valve Sorin-Bicarbon

Смяна на аортна клапа

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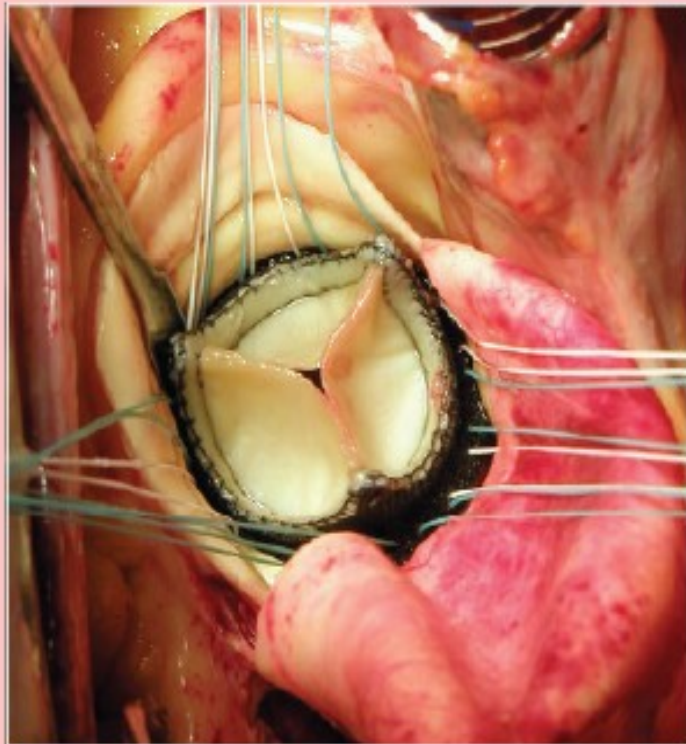


Fig. 5.18 Bioprosthesis Sorin-Soprano implanted into aortic orifice

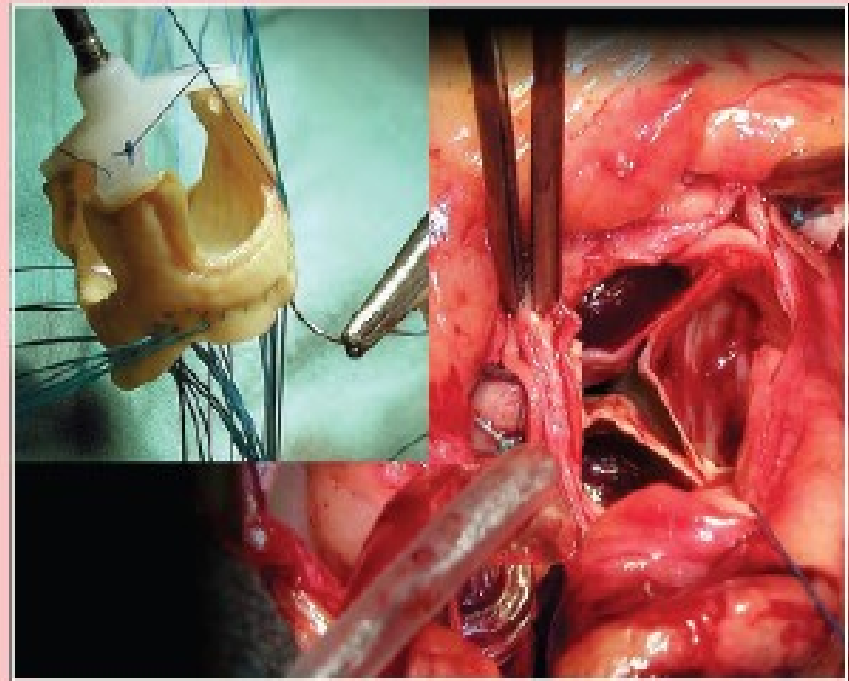
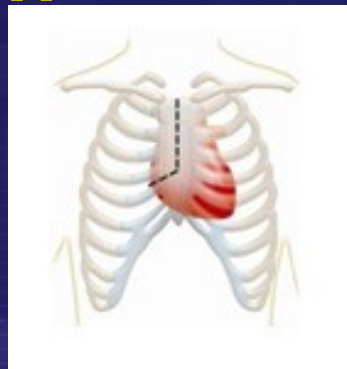


Fig. 5.26 Implantation of stentless bioprosthesis. Inset shows placement of sutures into the annulus of bioprosthesis



По-малко травматични хирургични достъпи

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Министернотомия

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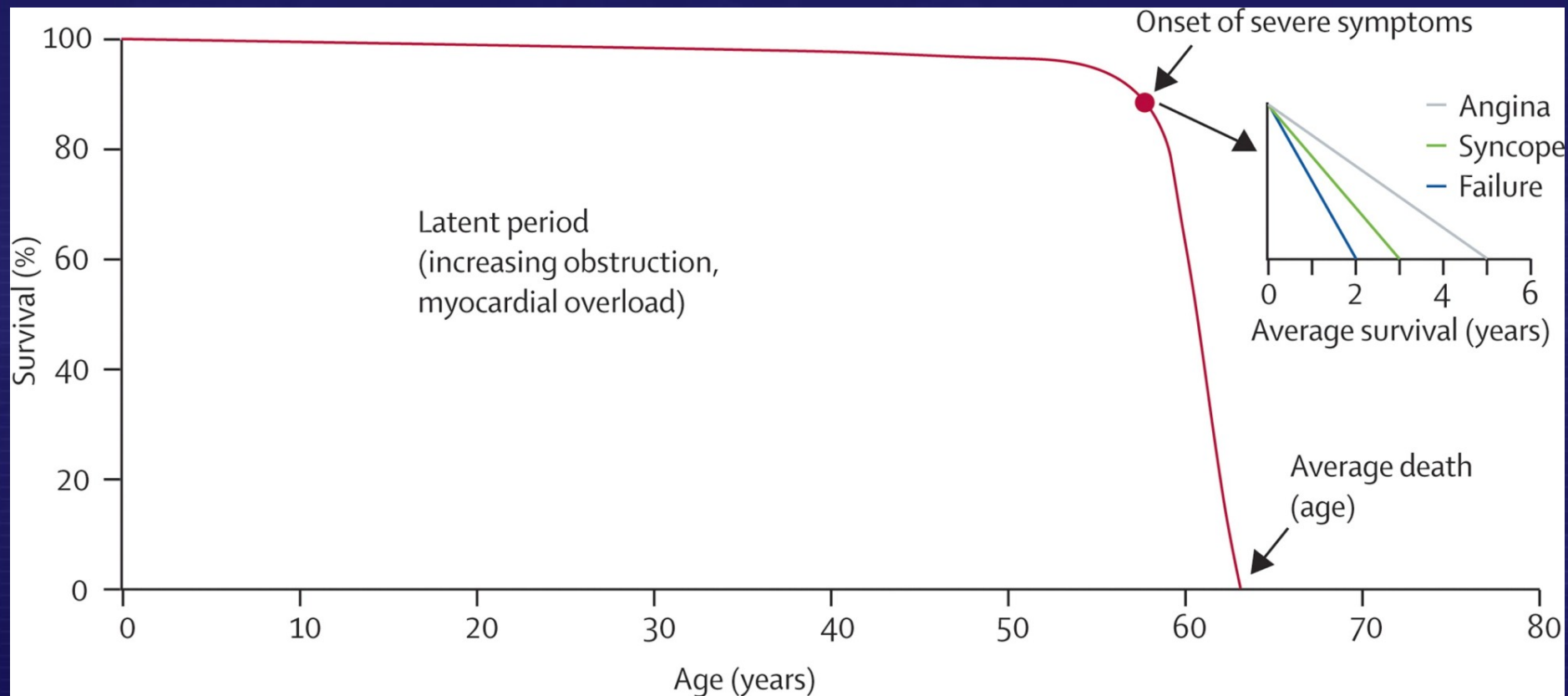
Защо не бива да се бавим ?



PERYA

Подходящият момент за операция за AS

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Aortic Stenosis, John Ross, JR. and Eugene Braunwald, Circulation, Jul 1968; 38: V-61 - V-67

- Лоша прогноза след начало на оплакванията - **половината от пациентите екзитират в рамките на 2-3 години без операция**



Полза от AVR за симптоматична АС

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- 5-годишна преживяемост при симптоматични пациенти и AVR (solid circles, ●),
- Сравнено с пациенти отказали оперативно лечение (open circles, ○)

Schwarz F, Baumann P, Manthey J et al:
The effect of aortic valve replacement on survival.
Circulation 1982;66:1105

Current Diagnosis & Treatment in Cardiology, 2nd Ed.

months after surgery. Unfortunately, many patients develop aortic insufficiency shortly thereafter as the integrity of the leaflets is impaired. Most current data suggest either mechanical or ultrasonic d'bridement is a poor alternative to aortic valve replacement.

Recently, the development of new techniques for engaging the patient with the heart-lung pump and stabilizing the heart during surgery have allowed for heart operations through limited thoracic incisions. Although results similar to conventional sternotomy have been reported for aortic valve surgery in some centers, total surgical time, pump time, and aorta cross-clamp time are significantly increased. On the other hand, patients appreciate the smaller incisions. Whether these minimally invasive approaches will replace conventional techniques is not clear at this time.

Prognosis

As noted earlier, the natural course and thus the prognosis of unoperated aortic stenosis are widely known. Once symptoms develop, aortic stenosis becomes a lethal disease with a 3-year mortality rate of 75%. Figure 8-7 compares the mortality rate of two groups of patients with symptomatic aortic stenosis: those who refused surgery, and patients who underwent it. The difference is dramatic. Overall, the 10-year survival rate following aortic valve replacement for pure aortic stenosis is 75%. The age-adjusted survivorship after surgery remains excellent even in octogenarians free of other cardiac or systemic diseases.

Figure 8e7.7.

| Years | ● (AVR) | ○ (Refused) |
|-------|---------|-------------|
| 0 | 125 | 19 |
| 1 | 87 | 8 |
| 2 | 51 | 2 |
| 3 | 35 | 1 |
| 4 | 9 | 0 |
| 5 | 0 | 5 |

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The effect of aortic valve replacement in patients with symptomatic severe aortic stenosis (solid circle) compared with the survivorship of similar patients who refused surgery (open circle). Adapted, with permission, from Schwarz F, Baumann P, Manthey J et al: The effect of aortic valve replacement on survival. Circulation 1982;66:1105.

Asymptomatic patients generally have a good prognosis, but certain factors, such as reduced left ventricular ejection fraction, an enlarged left ventricle, and severe valve calcification, are known to reduce their survival. Also, patients with hypercholesterolemia, hypercalcemia, or elevated serum creatinine tend to progress more rapidly and should be followed closely. Whether progressive stenosis can be delayed or halted by altering cholesterol levels or other biologic factors is unknown.

COINCIDENT DISEASE

Coronary artery disease is the single most important coincident disease that affects the prognosis of aortic stenosis. Figure 8-8 shows that the prognosis for patients with aortic stenosis and coronary disease



Препоръки за антикоагулация при клапни операции

Table 13.3 • Recommended Anticoagulation Regimens for Prosthetic Heart Valves

| | Warfarin | Antiplatelet Drugs |
|---------------------------------------|--|--|
| AVR – tissue | INR 2.0–3.0 for 3 months if risk factors (ACC/AHA) | Aspirin 75–100 mg alone if no risk factors |
| AVR – mechanical | INR 2.0–3.0 indefinitely | Aspirin 75–100 mg |
| AVR-MVR – tissue | INR 2.0–3.0 for 3 months | Aspirin 325 mg after 3 months |
| AVR-MVR – mechanical | INR 3.0–4.5 indefinitely | Aspirin 75–100 mg |
| Atrial fibrillation with any of above | Continue warfarin indefinitely | |

Risk factors: hypercoagulable state, history of systemic thromboembolism, ejection fraction <35%, history of anteroapical infarction, atrial fibrillation.

ACCP, American College of Chest Physicians recommendations 2008;⁶⁵ ACC/AHA, American College of Cardiology/American Heart Association recommendations 2008.⁶⁶

Антитромботична терапия след клапна хирургия

Table 20 Target international normalized ratio (INR) for mechanical prostheses

| Prosthesis thrombogenicity ^a | Patient-related risk factors ^b | |
|---|---|----------------------|
| | No risk factor | Risk factor ≥ 1 |
| Low | 2.5 | 3.0 |
| Medium | 3.0 | 3.5 |
| High | 3.5 | 4.0 |

^aProsthesis thrombogenicity: Low = Carbomedics, Medtronic Hall, St Jude Medical, ON-X; Medium = other bileaflet valves; High = Lillehei-Kaster, Omniscience, Starr-Edwards, Bjork-Shiley and other tilting-disc valves.

^bPatient-related risk factors: mitral or tricuspid valve replacement; previous thromboembolism; atrial fibrillation; mitral stenosis of any degree; left ventricular ejection fraction < 35%.

Table 19 Indications for antithrombotic therapy after valvular surgery

| | Class ^a | Level ^b | Ref ^c |
|--|--------------------|--------------------|------------------|
| Oral anticoagulation is recommended lifelong for all patients with a mechanical prosthesis. | I | B | 213 |
| Oral anticoagulation is recommended lifelong for patients with bioprostheses who have other indications for anticoagulation. ^d | I | C | |
| The addition of low-dose aspirin should be considered in patients with a mechanical prosthesis and concomitant atherosclerotic disease. | IIa | C | |
| The addition of low-dose aspirin should be considered in patients with a mechanical prosthesis after thromboembolism despite adequate INR. | IIa | C | |
| Oral anticoagulation should be considered for the first three months after implantation of a mitral- or tricuspid bioprosthesis. | IIa | C | |
| Oral anticoagulation should be considered for the first three months after mitral valve repair. | IIa | C | |
| Low-dose aspirin should be considered for the first three months after implantation of an aortic bioprosthesis. | IIa | C | |
| Oral anticoagulation may be considered for the first three months after implantation of an aortic bioprosthesis. | IIb | C | |

INR = international normalized ratio.

^aClass of recommendation.

^bLevel of evidence.

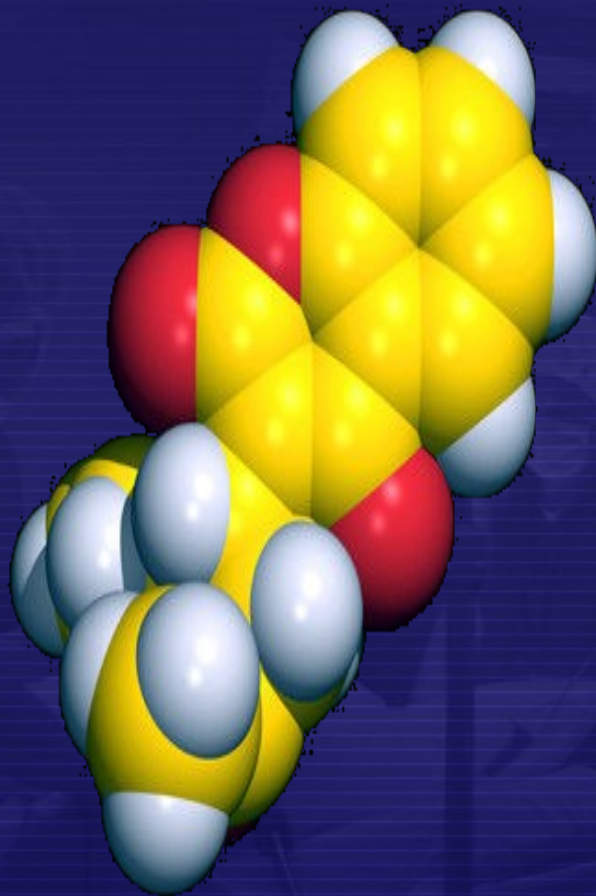
^cReference(s) supporting class I (A + B) and IIa + IIb (A + B) recommendations.

^dAtrial fibrillation, venous thromboembolism, hypercoagulable state, or with a lesser degree of evidence, severely impaired left ventricular dysfunction (ejection fraction < 35%).



Why bother?

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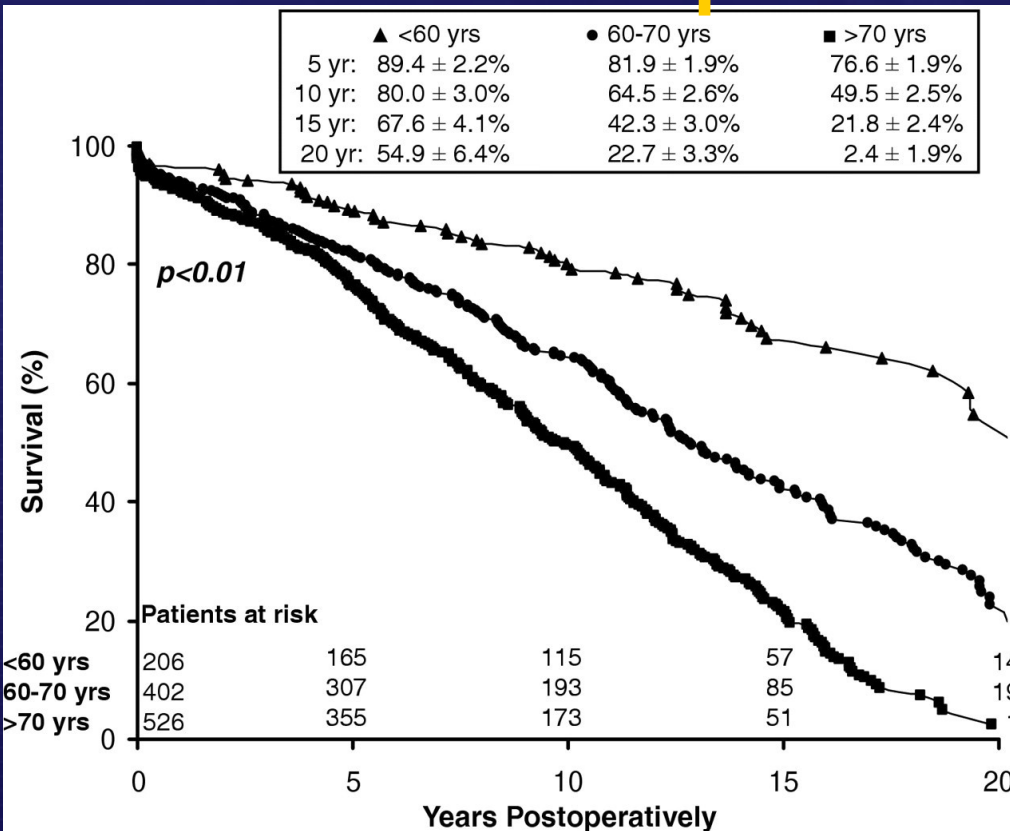
WARFARIN

Gives life
&
kills

SCIENCEPHOTOLIBRARY



Преживяемост след AVR с биологична протеза



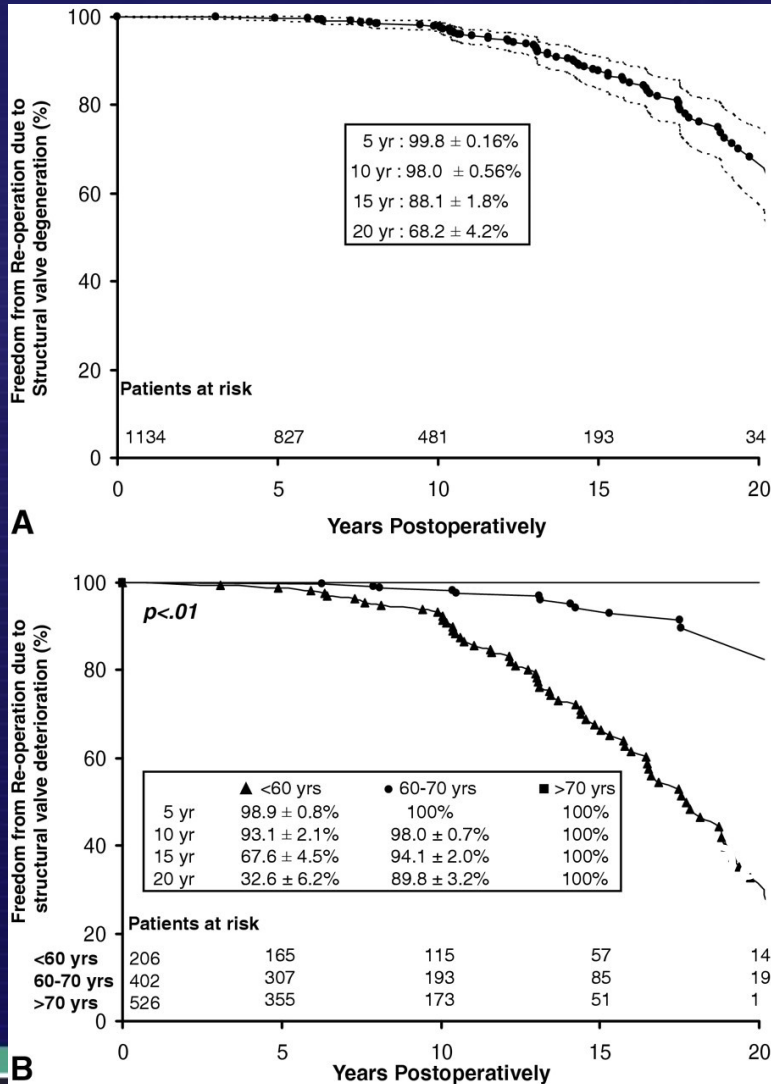
- Преживяемост след AVR със биологична протеза Hancock II според възраста (Kaplan-Meier):
- < 60 години (▲)
- 60 - 70 години (●)
- > 70 години (■)

David T. E. et al.;
Ann Thorac Surg 2010;90:775-781

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Значими структурни промени



- Години, изминали без нужда от реоперация поради значими структурни промени на клапата за:

- (A) всички пациенти (dotted lines on either side of solid line represent upper and lower 95% confidence interval)

- и (B) според възрастовата група

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Механична vs биологична протеза

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The Journal of Thoracic and Cardiovascular Surgery

Patient outcome after aortic valve replacement with a mechanical or biological prosthesis: Weighing lifetime anticoagulant-related event risk against reoperation risk

Martijn W.A. van Geldorp, W.R. Eric Jamieson, A. Pieter Kappetein, Jian Ye, Guy J. Fradet, Marinus J.C. Eijkemans, Gary L. Grunkemeier, Ad J.J.C. Bogers and Johanna J.M. Takkenberg

J Thorac Cardiovasc Surg 2009;137:881-886
DOI: 10.1016/j.jtcvs.2008.09.028

The Journal of Thoracic and Cardiovascular Surgery

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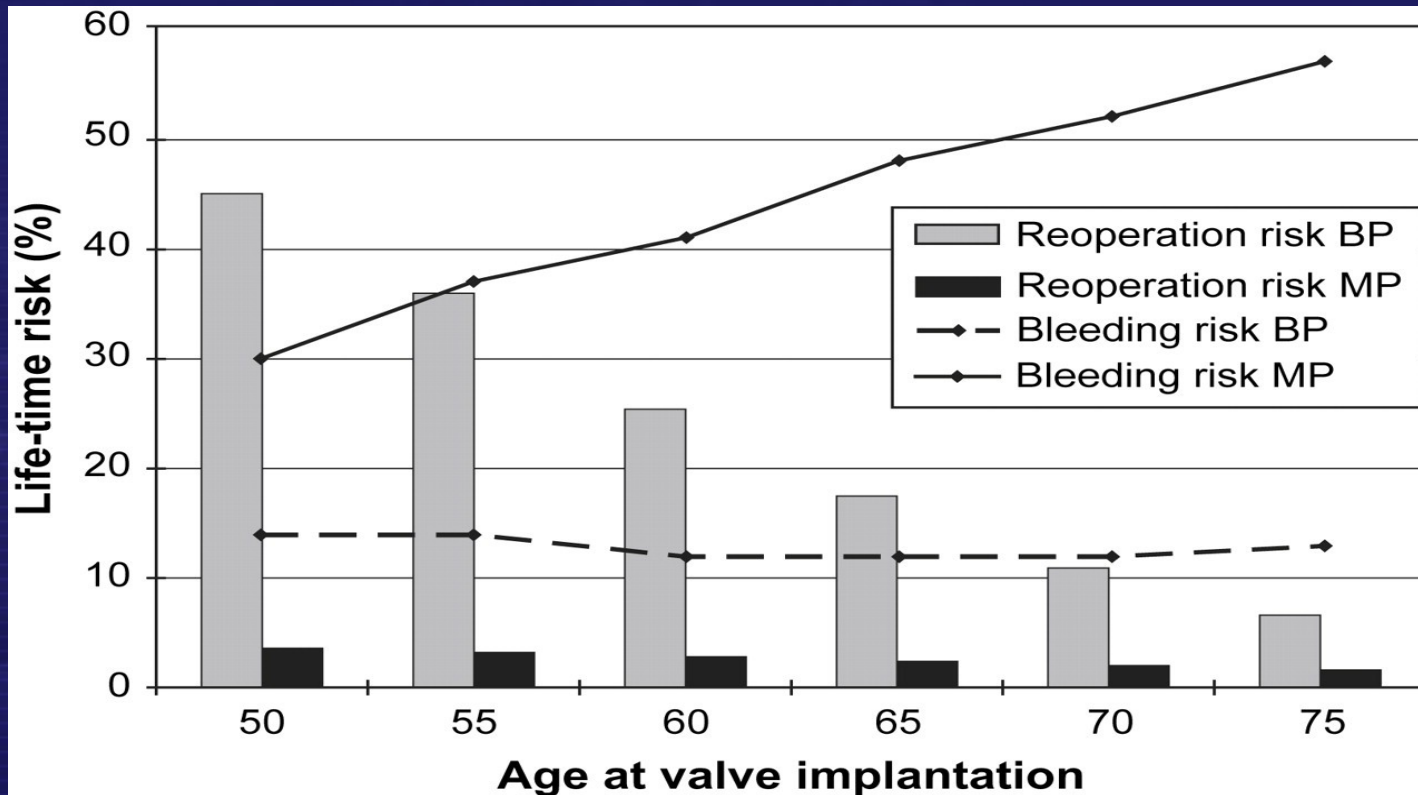
J Thorac Cardiovasc Surg 2009;137:881-886
DOI: 10.1016/j.jtcvs.2008.09.028

- 3934 patients; 73 % biological and 27 % mechanical prostheses
- 26 467 patient-years follow-up



Механична vs биологична протеза

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България

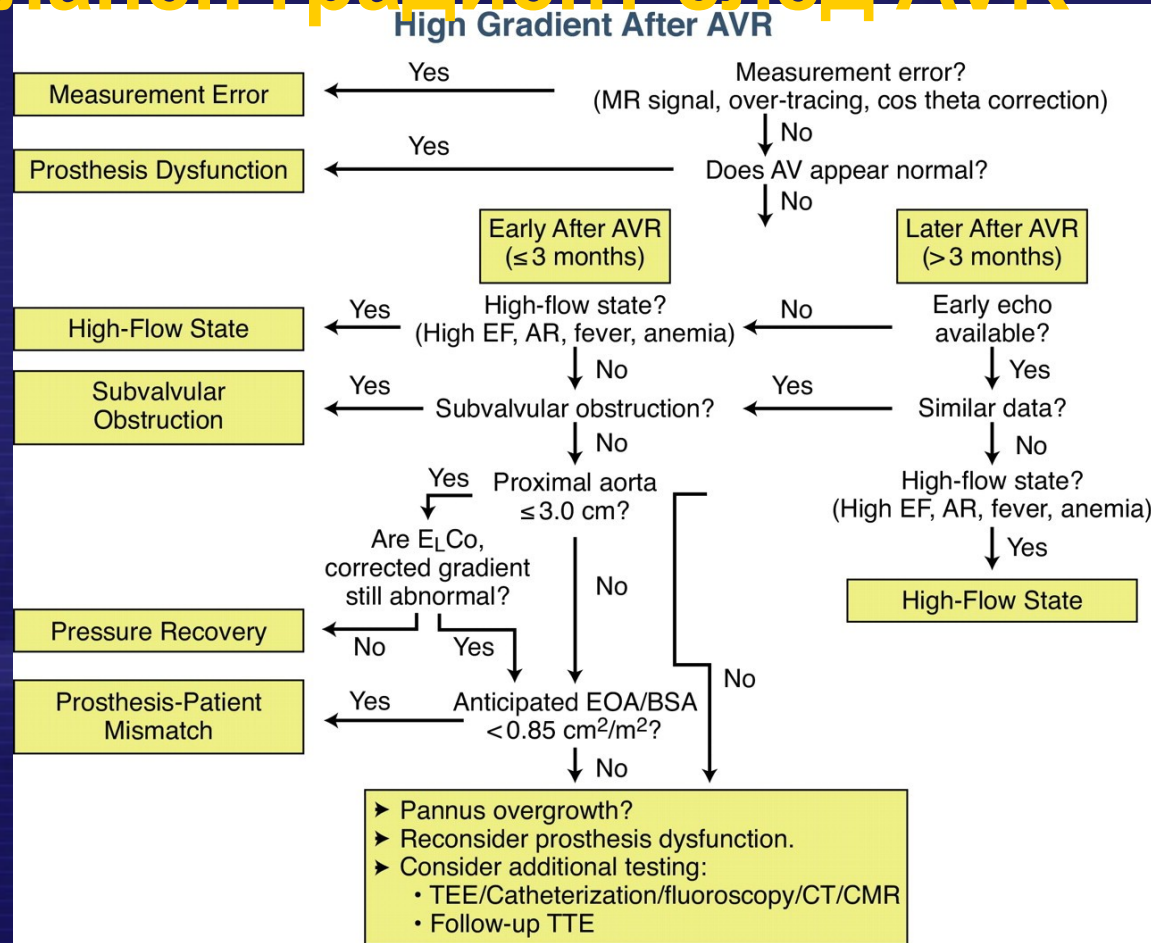


Риск от реоперация и кървене след AVR с механична и биологична;
BP – биологична протеза; MP – механична протеза

Conclusion: Even for patients aged 60 years, event-free life expectancy is better with a bioprosthesis. Although the chance of reoperation is higher, the lifetime risk of bleeding is lower compared with a mechanical prosthesis. Comparing lifetime event risks between different types of valve prostheses provides more insight into patient outcome after aortic valve replacement and aids patient selection and counseling.



Алгоритъм за оценка на висок трансклапен градиент след AVR



Bach, D. S. J Am Coll Cardiol Img 2010;3:296-304

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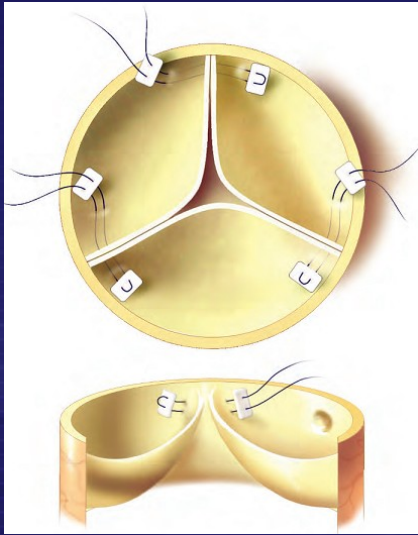
Реконструкция и ремоделиране на аортната клапа (Aortic Valve Repair)

- 1. Пластика на перфорация на платно с перикарден пач
- 2. Удължаване на платно с перикарден пач
- 3. Плисиране на платно при пролапс, дължащ се на елонгация
- 4. Пластика с продължителен обвивен шев при стрес фенестрации по свободния ръб на платната
- 5. Реконструкция на insuficientна бicuspidна клапа

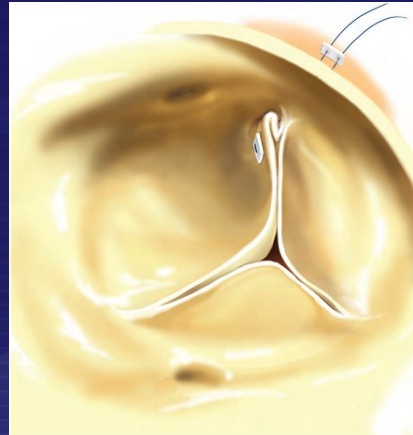


Аортна клапа реконструкция

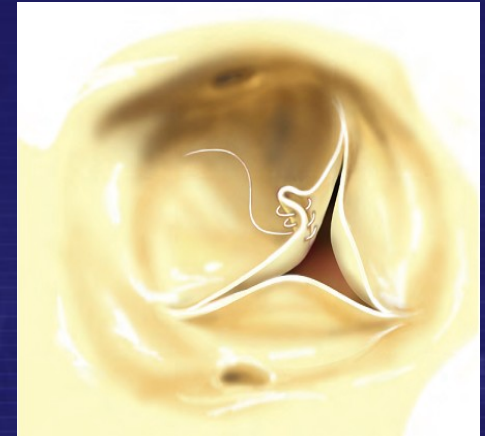
Отделение по
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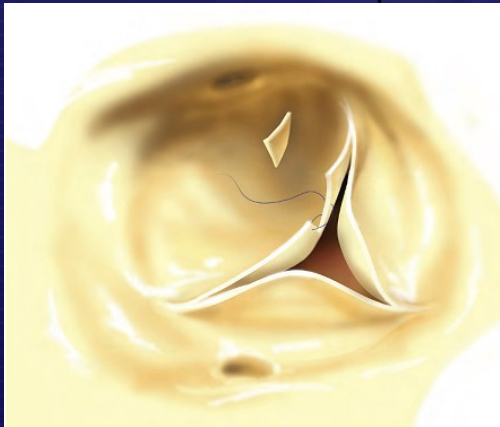
Subcommisural repair



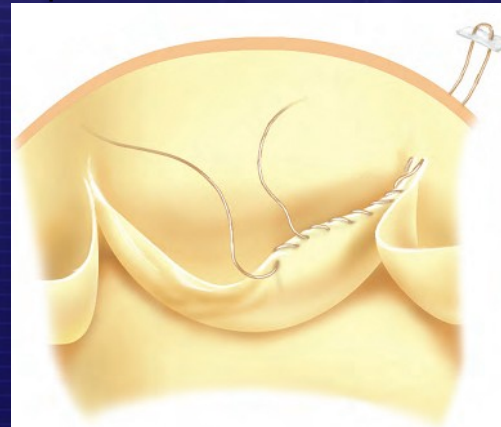
Trusler repair (shortening of prolapsing aortic cusp by its plication at the commissure)



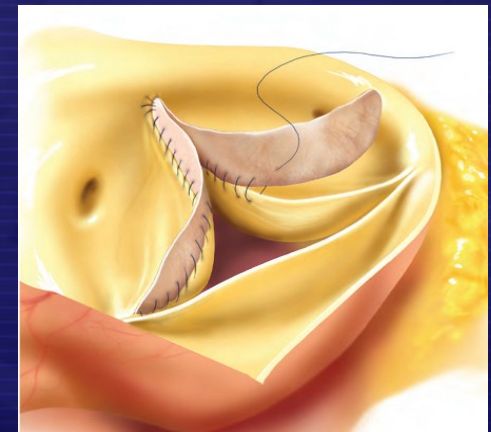
Shortening of prolapsing aortic cusp by its central plication



Shortening of prolapsing aortic cusp by triangular resection

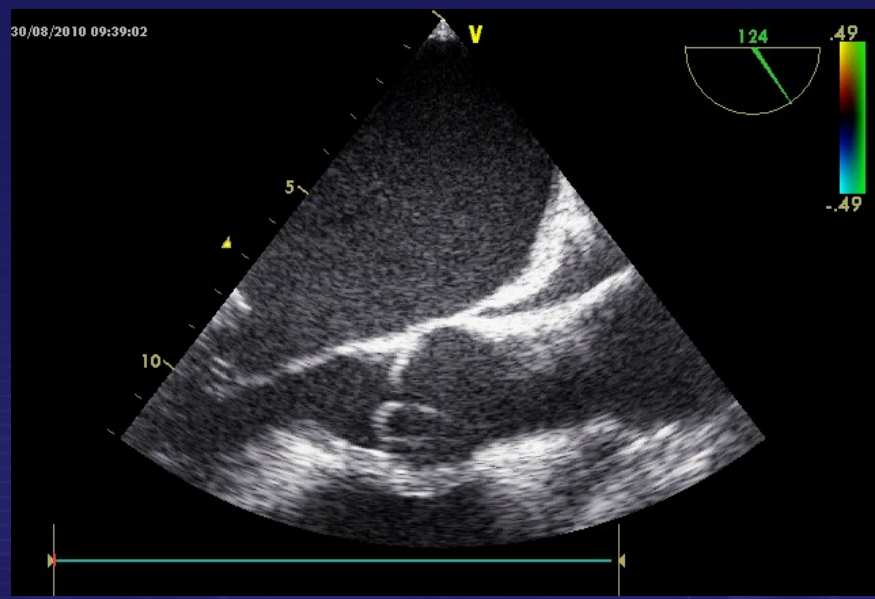


Reduction of prolapsing aortic cusp edge by its plication with two running sutures

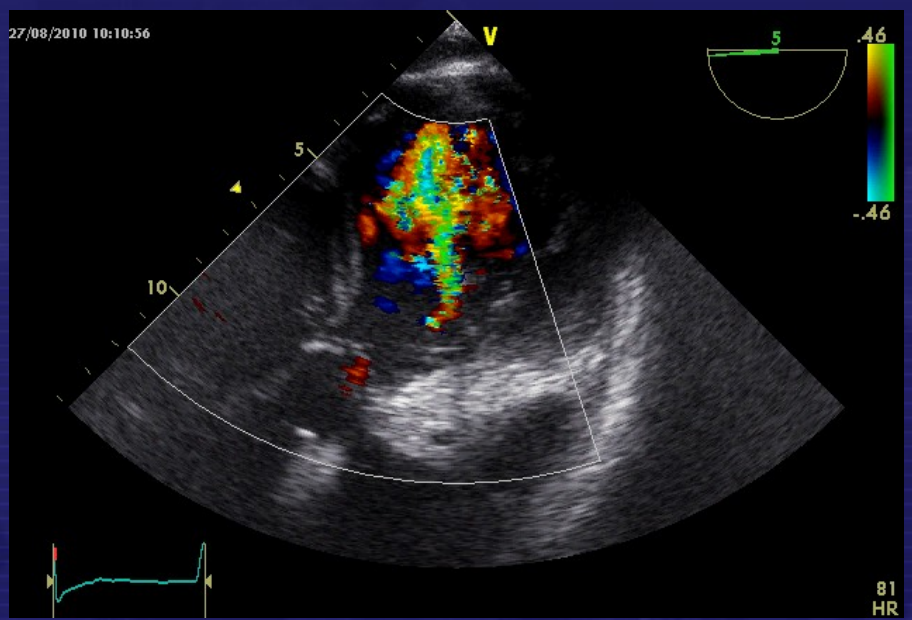


Aortic leaflet extension by autologous pericardium fixated by glutaraldehyde

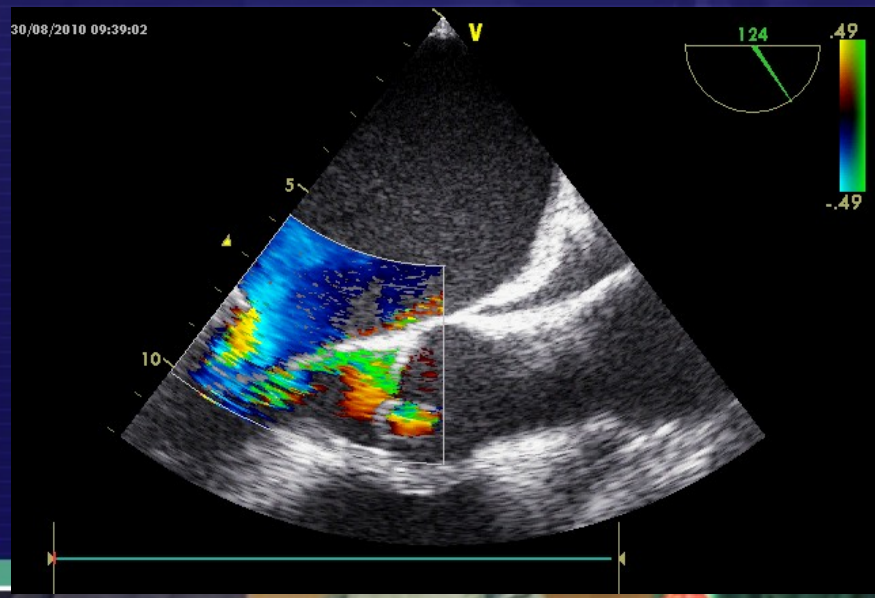




Предоперативна ТЕЕ на пациент с AR и пролапс на AV платно, подложен на триклапна операция

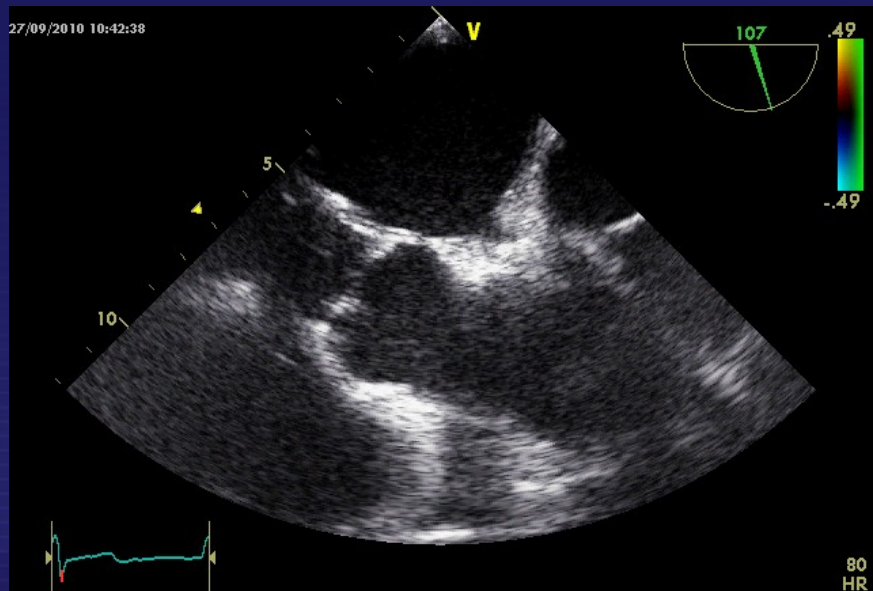


Предоперативна дълбока трансгастрална ТЕЕ на същия пациент

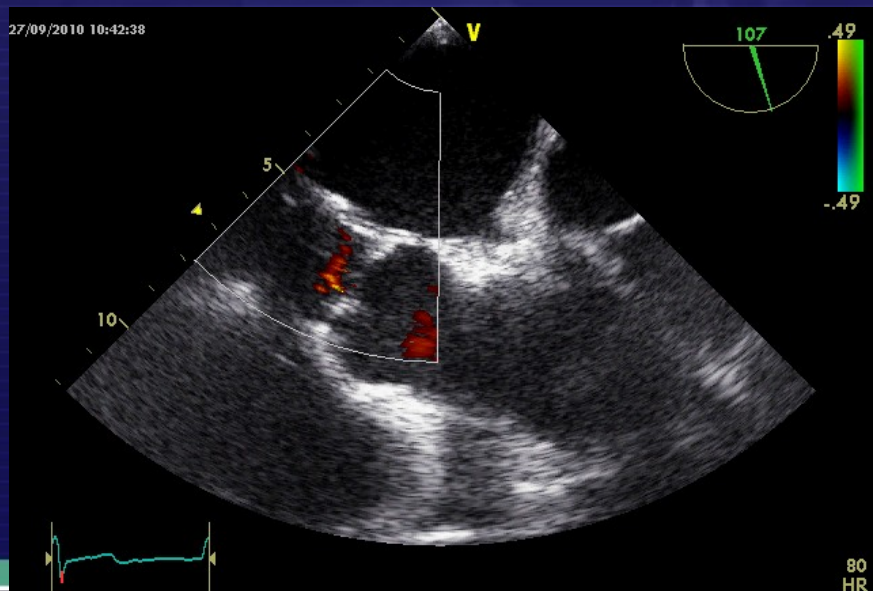


Предоперативна ТЕЕ на пациент с AR и пролапс на AV платно (colour), подложен на триклапна операция





Постоперативна ТЕЕ на пациент с AR и пролапс на AV платно



Постоперативна ТЕЕ на пациент с AR и пролапс на AV платно (colour)



Малък аортен корен – риск за PPM (Patient prosthesis mismatch)

- PPM - Когато имплантираната протеза е относително малка за телесната повърхност, тя предизвиква необичайно високи трансклапни градиенти = превръщаме високостепенната AS във умерена
- $EOA / BSA < 0.85 \text{ cm}^2/\text{m}^2$; високостепенна AS
- По-висок NYHA клас следоперативно
- По-лоша дългосрочна преживяемост



Какво следва?



Малък аортен корен – алтернативи

Протеза с
оптимална
хемодинамика

Заместване на
аортния корен
(stentless
bioprostheses)

Разширяване
на аортния
корен

Супраануларна
имплантация
(upsizing)

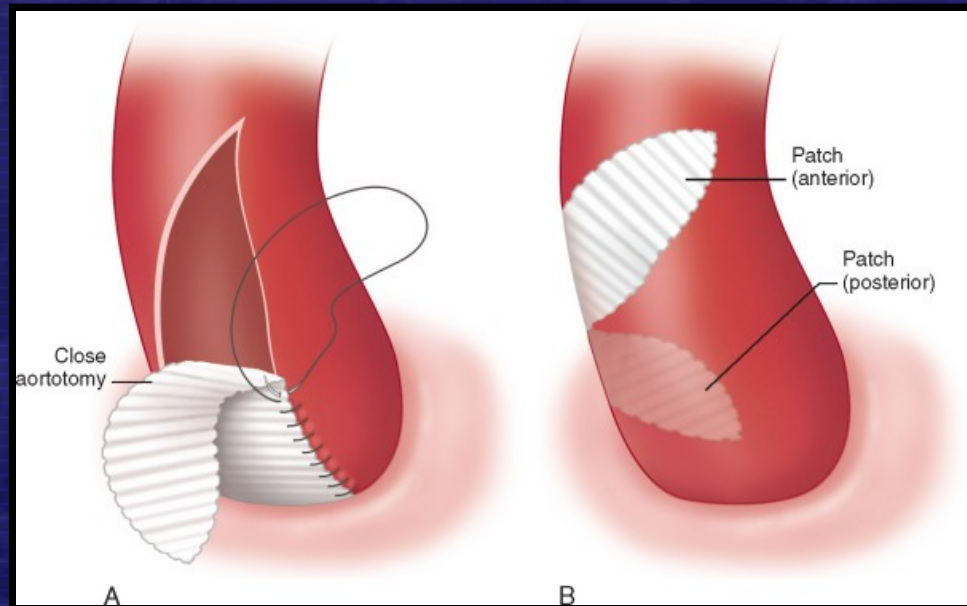
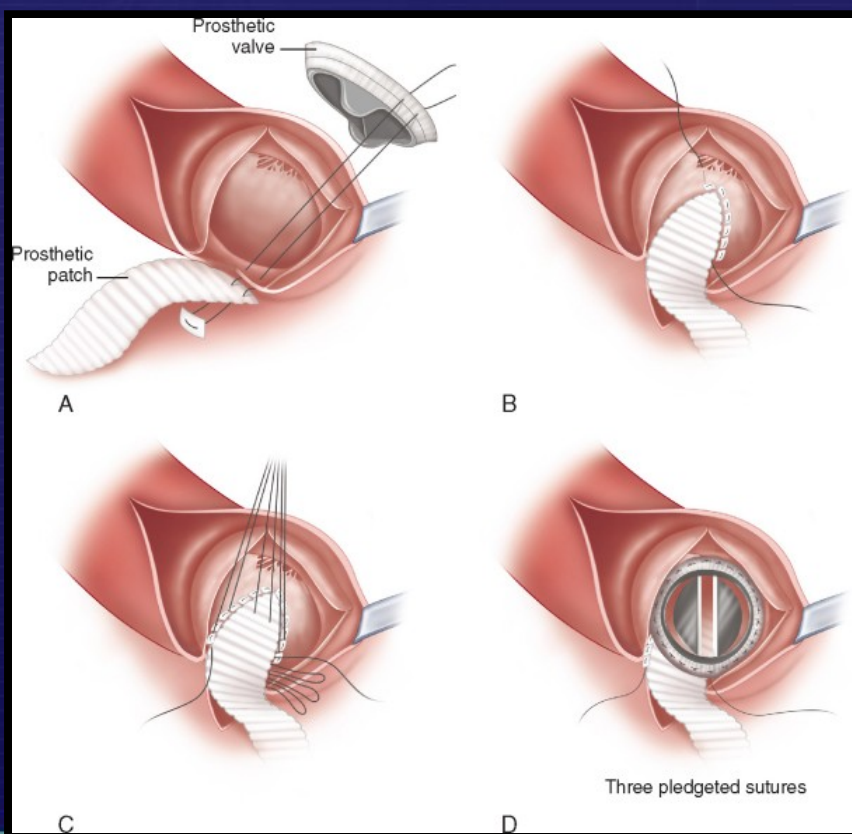


Какво следва?



Хирургични методи за разширяване на аортния корен (Ao root enlargement)

- По метода на Nicks (a modo Nicks)

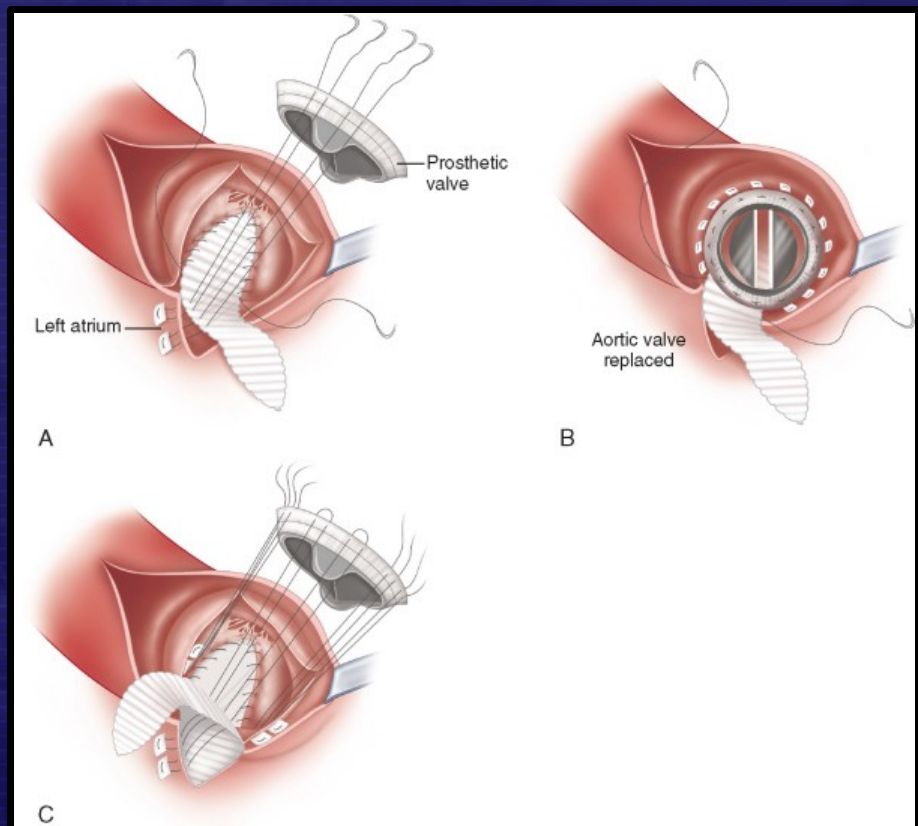
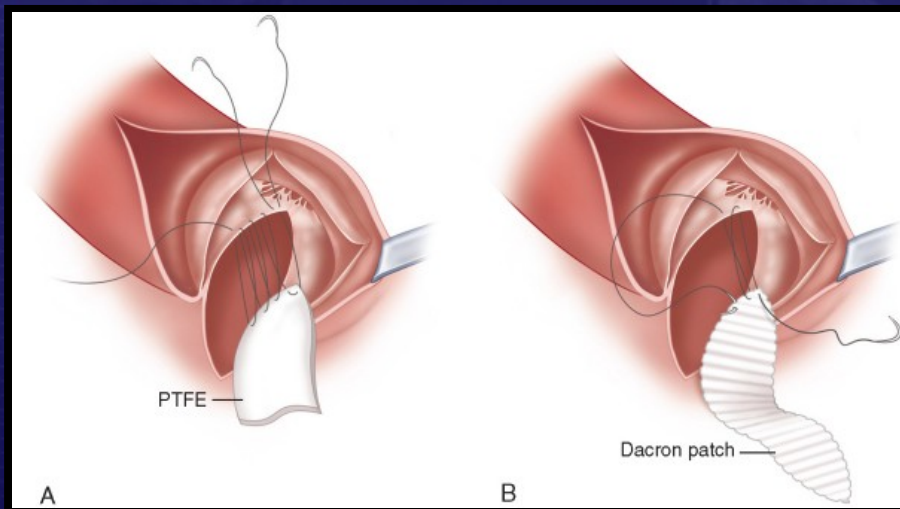


Atlas of Cardiac Surgical Techniques
By Frank Sellke, MD and Marc Ruel, MD, MPH, FRCSC



Хирургични методи за разширяване на аортния корен (Ao root enlargement)

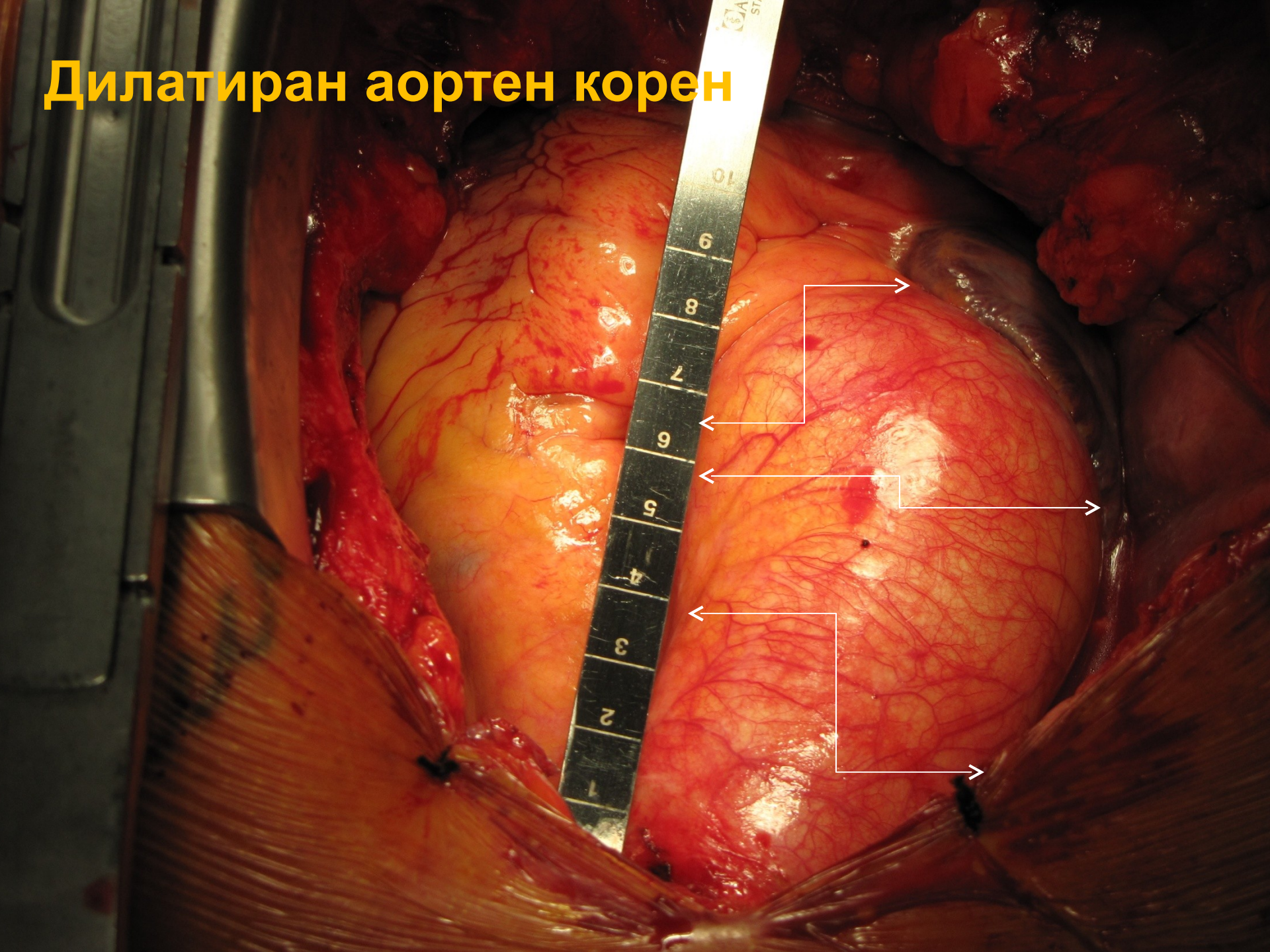
- По метода на Manouguian (a modo Manouguian)



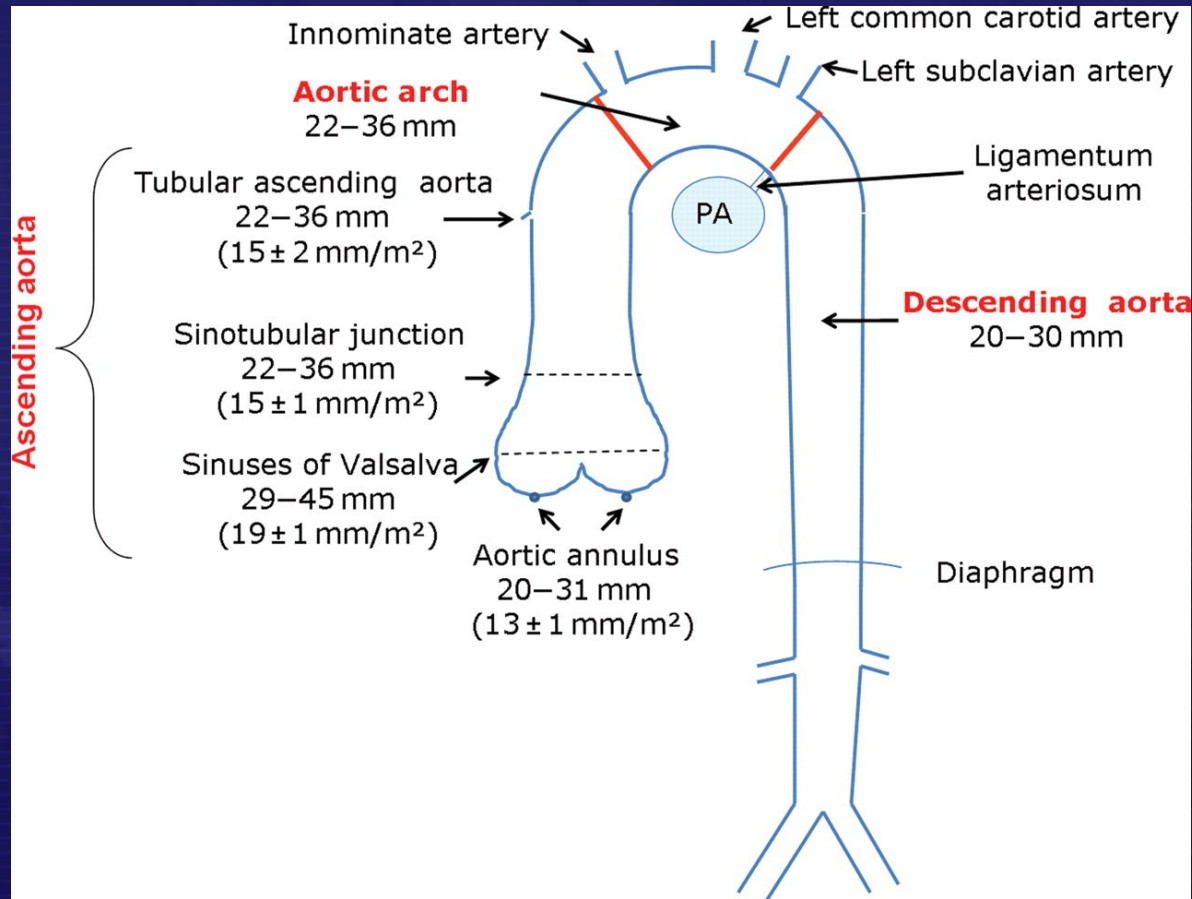
Atlas of Cardiac Surgical Techniques
By Frank Sellke, MD and Marc Ruel, MD, MPH, FRCSC



Дилатиран аортен корен



Нормални размери на торакалната аорта в различните сегменти

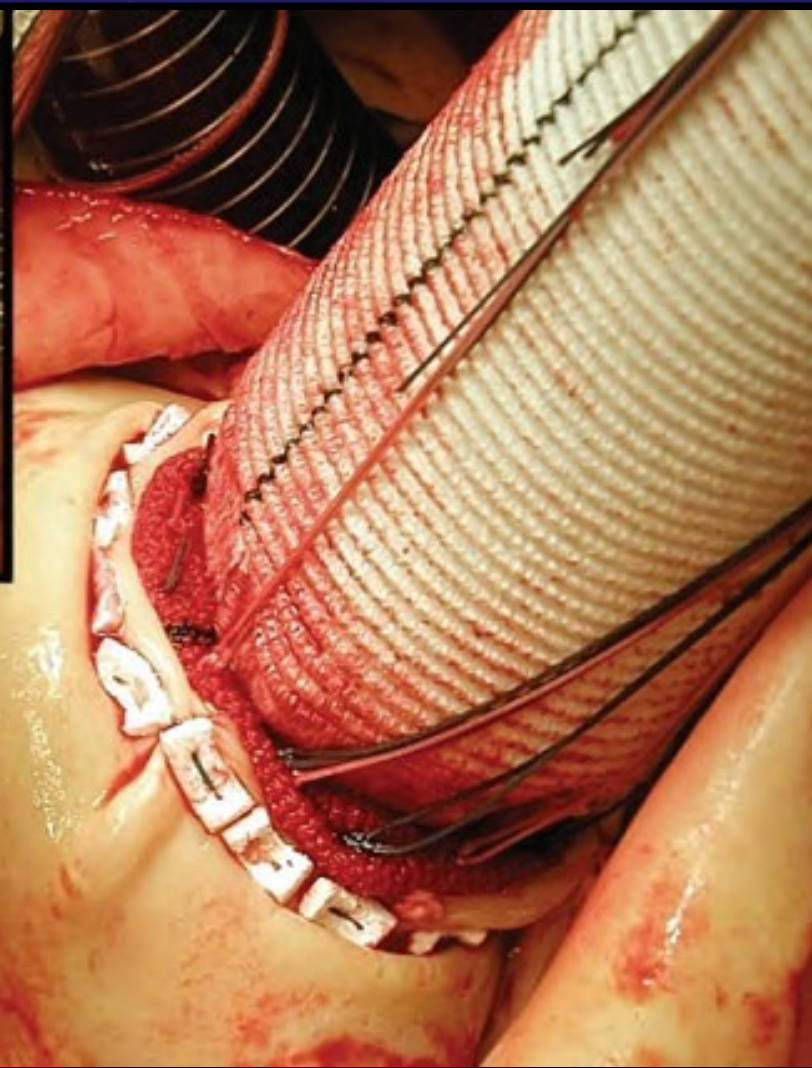
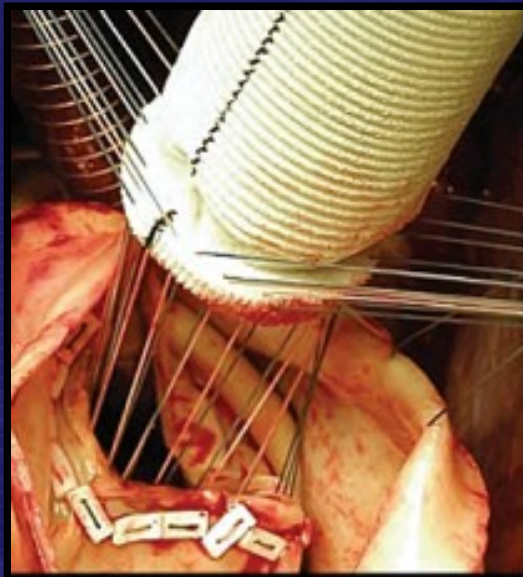


Evangelista A et al. Eur J Echocardiogr 2010;11:645-658

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Хирургични техники при разширен аортен корен

Bentall-DeBakey





**CHANGE
AHEAD**

**VALVE
SPARING**

Клапно-съхраняващи операции (Valve sparing procedures)

Индикации

- Дилатация на AV съединение (AV junction) - (20 – 31 mm / ≤ 16 mm/m²)
- Изолирана дилатация на синусите на Valsalva (29 – 45 mm / ≤ 21 mm/m²)
- Размер на аортния корен
 - Tricuspid Ao valve – 55 mm
 - Bicuspid Ao valve – 50 mm
 - Marfan syndrome – 45 mm
 - Ao valve surgery indications – 45 mm
 - Ao root enlargement - > 5 mm/y

Без значение от наличието или липсата на аортна регургитация

Нормална морфология на клапните платна е ЗАДЪЛЖИТЕЛНА!!



Клапно-съхраняващи операции (Valve sparing procedures)

Контраиндикации

- Промени в корена на аортата, когато:
 - Аортна стеноза с калциноза
 - Морфологични промени по клапните платна непозволяващи корекция



Bentall DeBono



Защо клапно-съхраняващи операции?

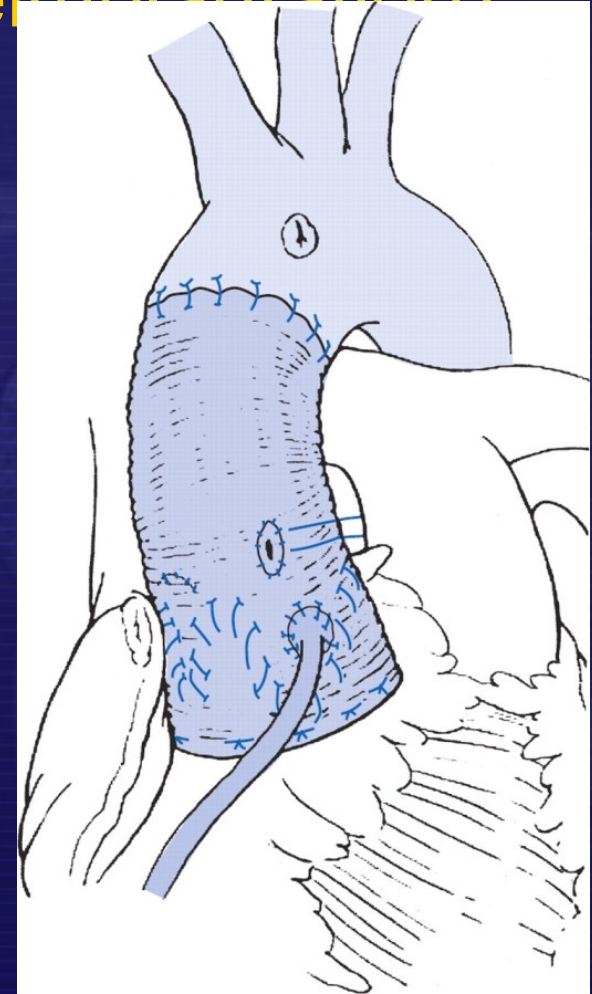
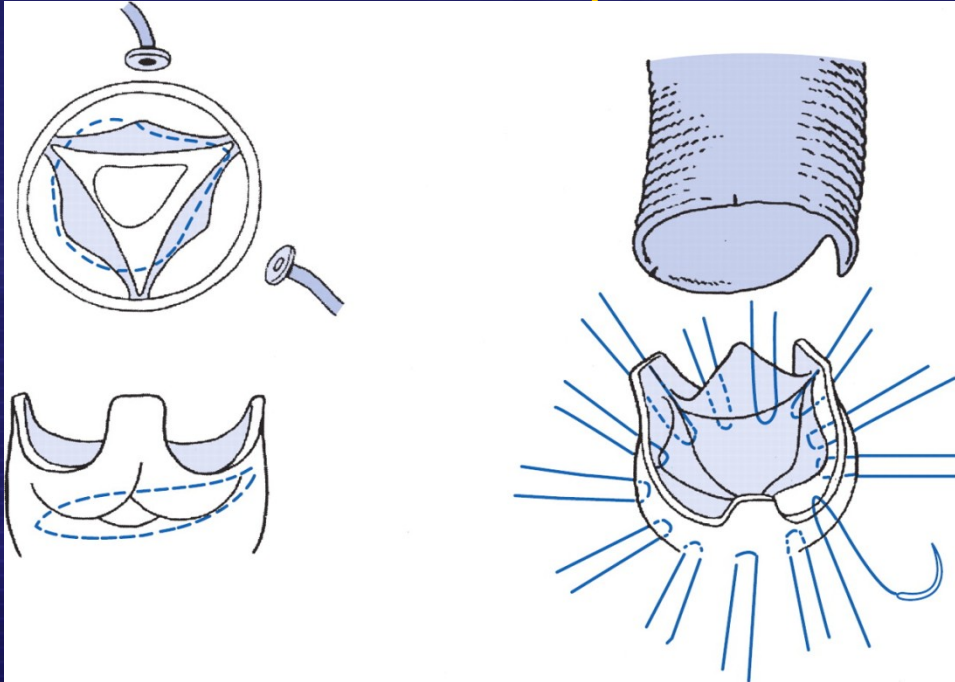
Отделение по
Кардиохирургия
ИВБАЛ „Света Марина“
Варна, България



- Няма необходимост от доживотен прием на антикоагуланти
- По-нисък риск от ендокардит
- Подобрена хемодинамика
 - Нискостепенна регургитация, ако има изобщо
 - Физиологичен градиент през клапата:
≈ 5 mmHg при трикуспидна клапа и
< 10 mm Hg при бicuspidна клапа (най-физиологичните stentless биопротези са със 7 – 20 mm Hg)
 - Неосинуси – Walsalva-graft
- **Функцията на реконструирания аортен корен остава непроменена в >90% от случаите през първите 5 год.**



Клапно съхраняващи операции – a modo David (aortic valve reimplantation)



- Цилиндрична реконструкция на синусите (вече със Walsalva graft)
- Реимплантиране на коронарните остии
- Оптимално стабилизиране на основата на аортния корен (аортен анулус)



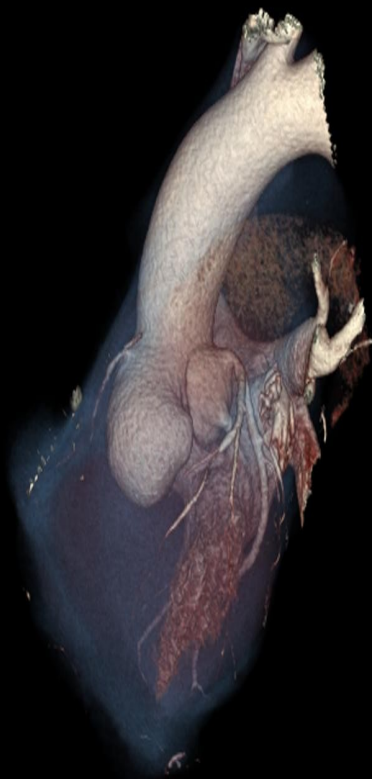
Аневризма на синус на Валсалва

Отделение по
Кардиохирургия
УМБАЛ „Света Марина“
Варна, България



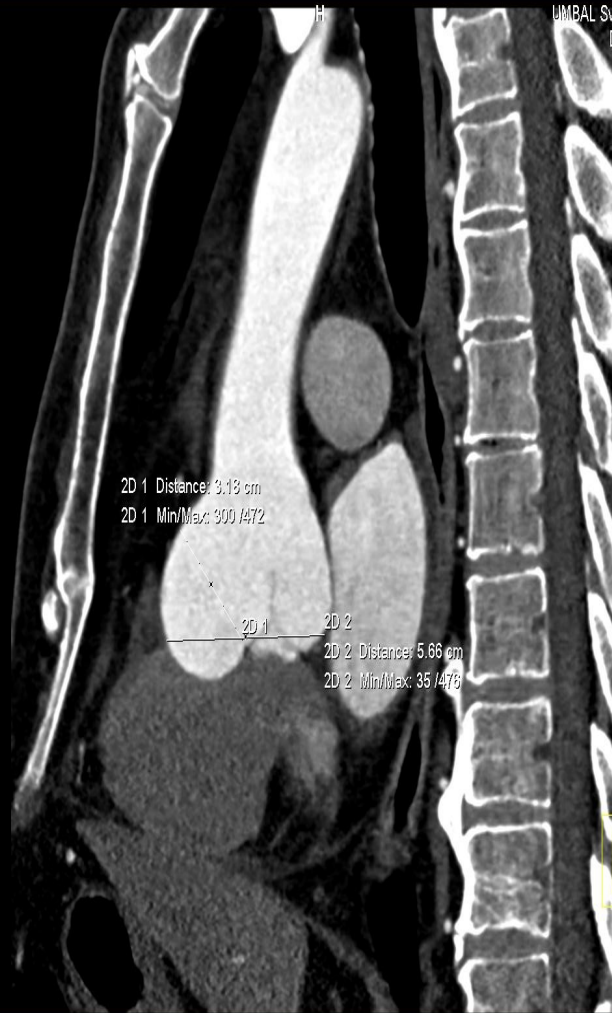
Petar Petrov
ID: 147654
* 12/6/1947
Study RP2441
11/24/2009
12:45:41 PM
2 IMA

UMBAL Sv. Marina
Definition



Petar Petrov
ID: 147654
* 12/6/1947
Study RP2441
11/24/2009
12:45:41 PM
3 IMA

UMBAL Sv. Marina
Definition



Spin: -90
Tilt: 0

SL 0.75

W: 600
C: 200



Анулоаортна ектазия – СТ изображение

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Кардиохирургия
МБАЛ „Света Марина“
Варна, България



Lefter Zlatev

ID: 175364

* 7/24/1940

Study RP138270

3/5/2013

1:32:29 PM

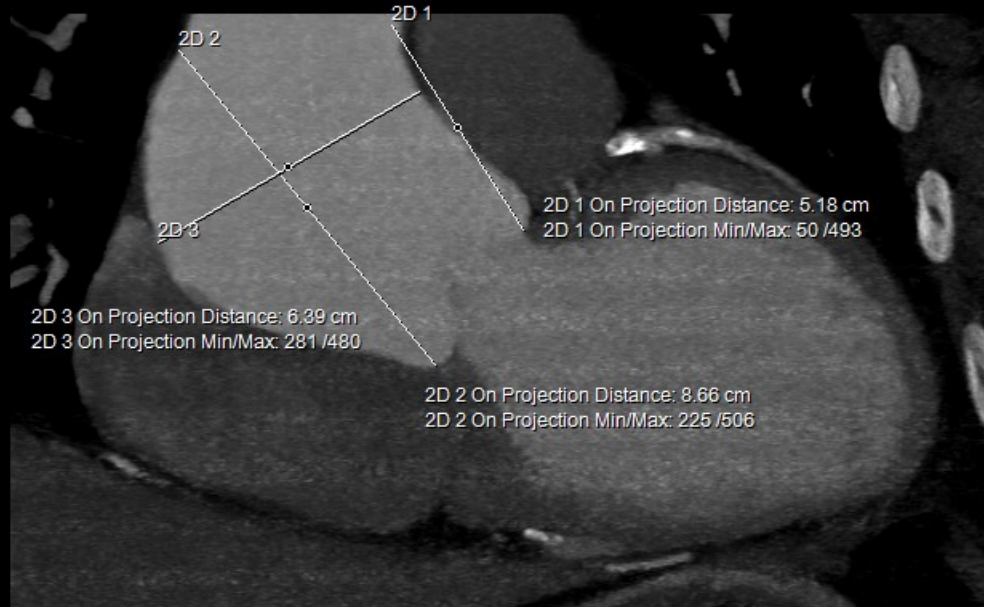
3 IMA

H

UMBAL Sv. Marina

Definition

R



Spin: 0

Tilt: 0



SL 10
C APPLIED

W: 942
C: 440



Анулоаортна ектазия – СТ изображение (реконструкция)

Lefter Zlatev

ID: 175364

* 7/24/1940

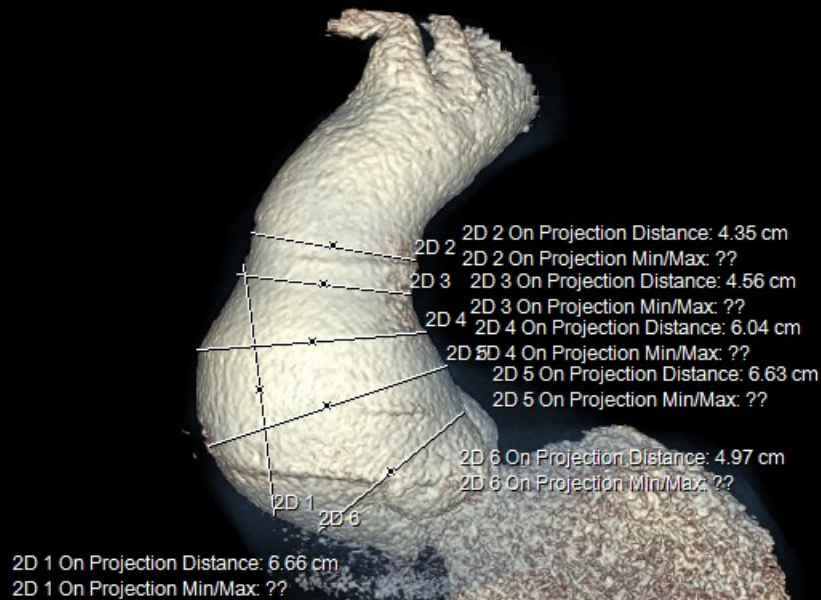
Study RP138270

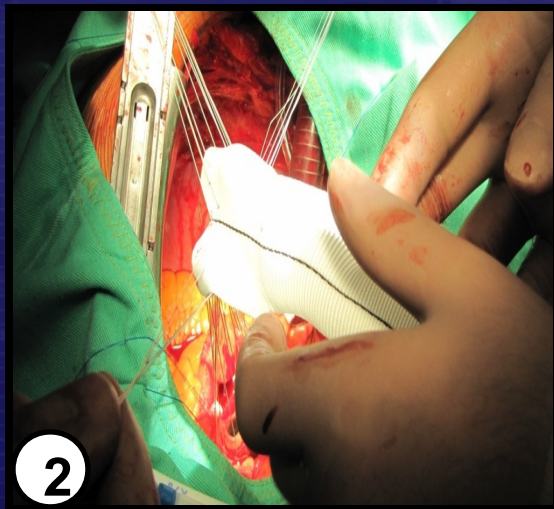
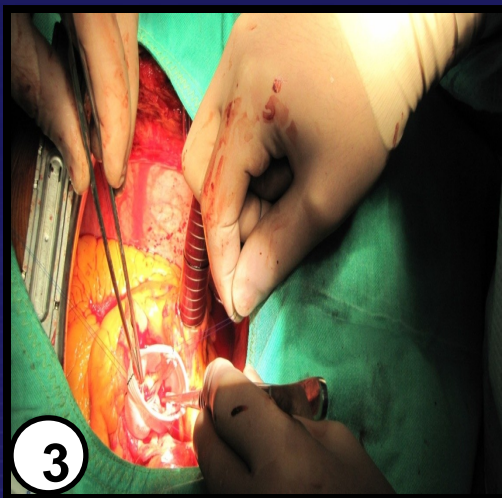
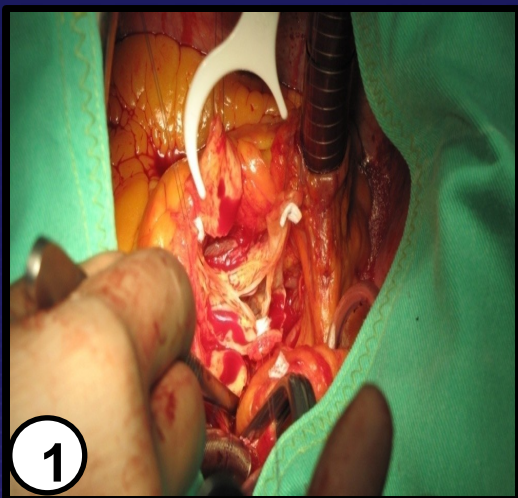
3/5/2013

1:32:23 PM

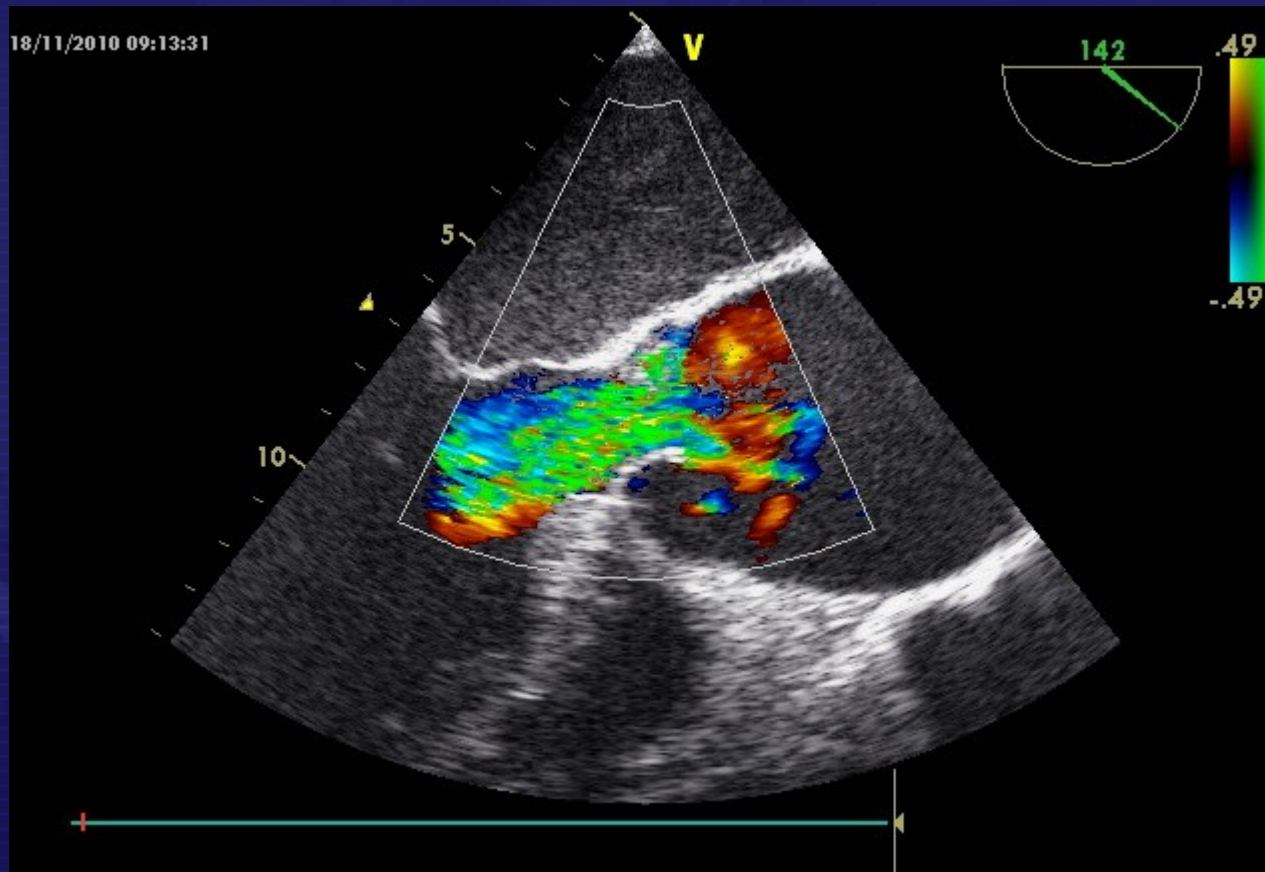
1 IMA

UMBAL Sv. Marina
Definition

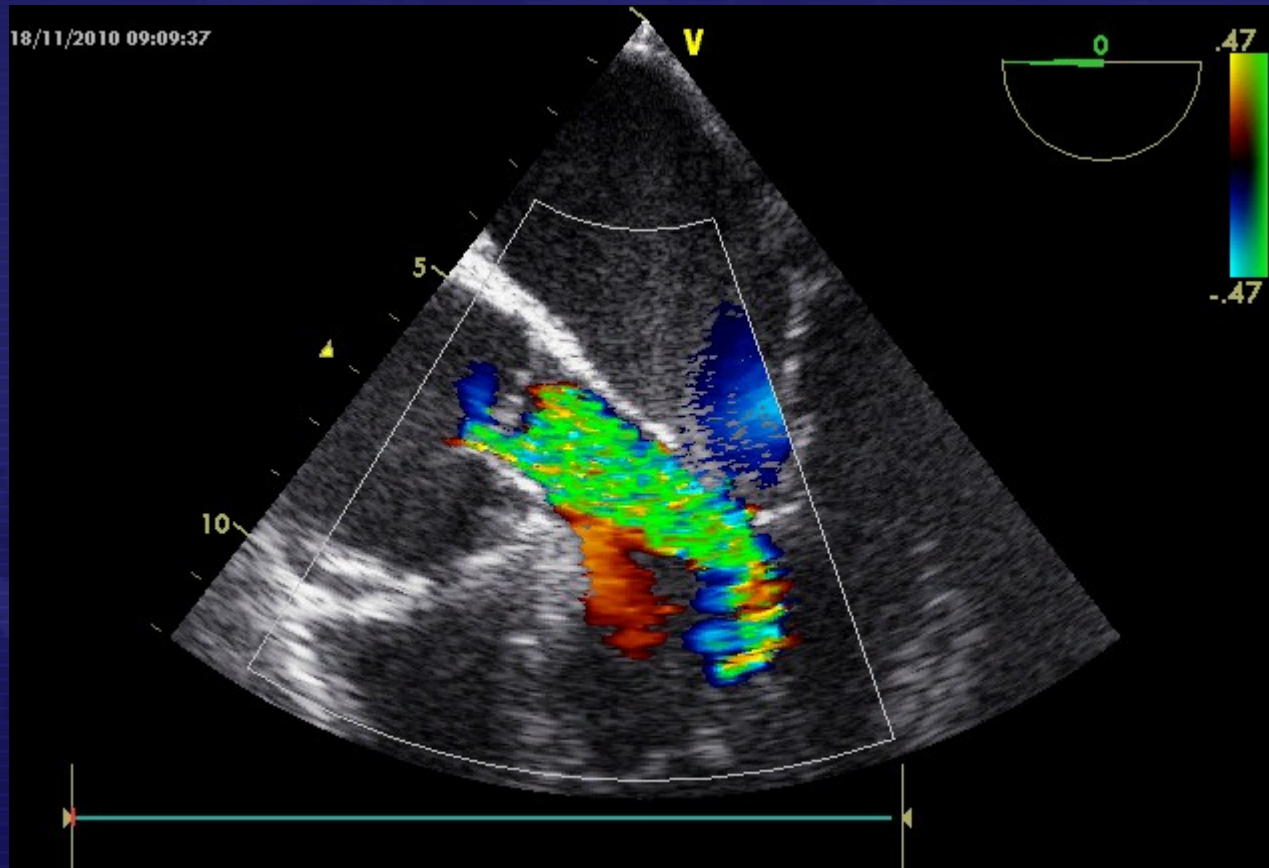




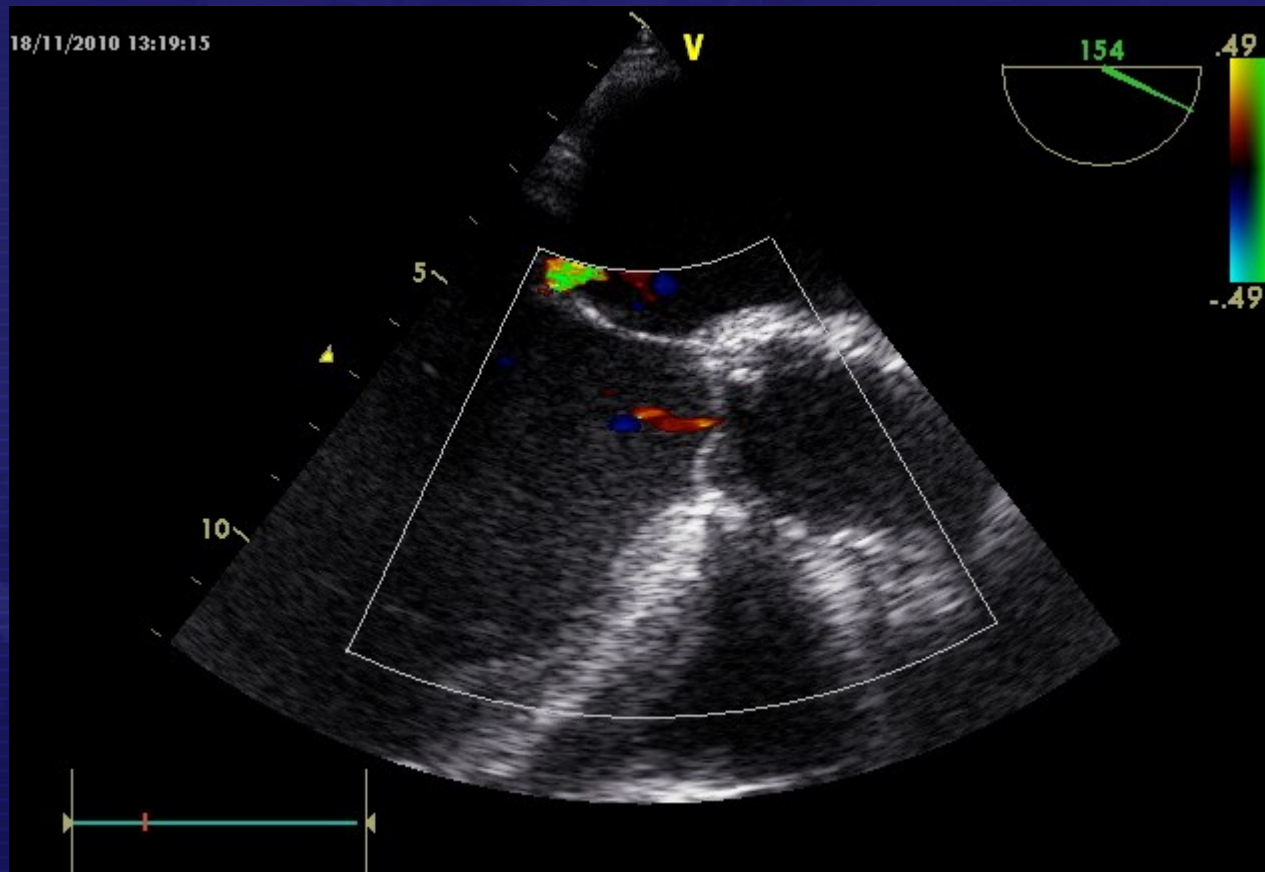
Аортна инсуфициенция при анулоаортна ектазия



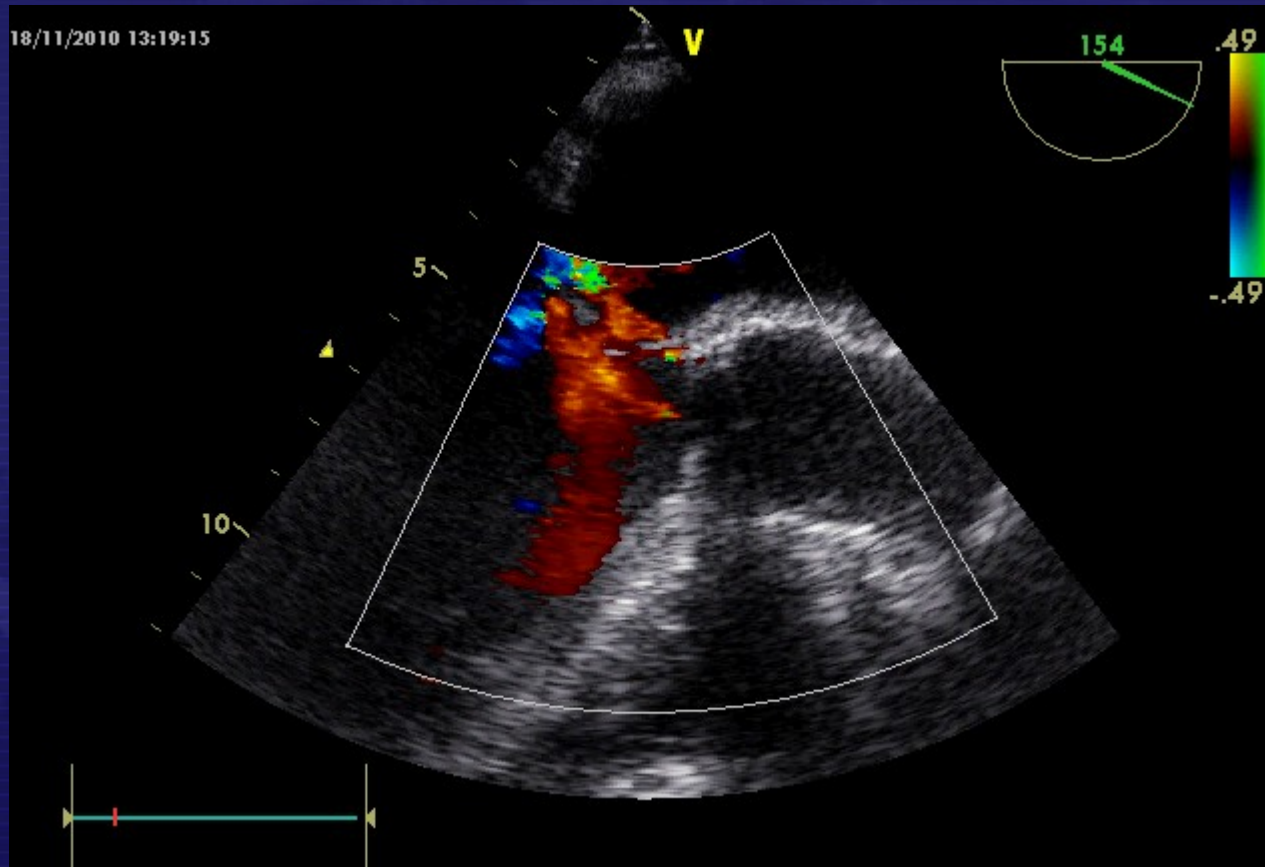
Аортна инсуфициенция при анулоаортна ектазия



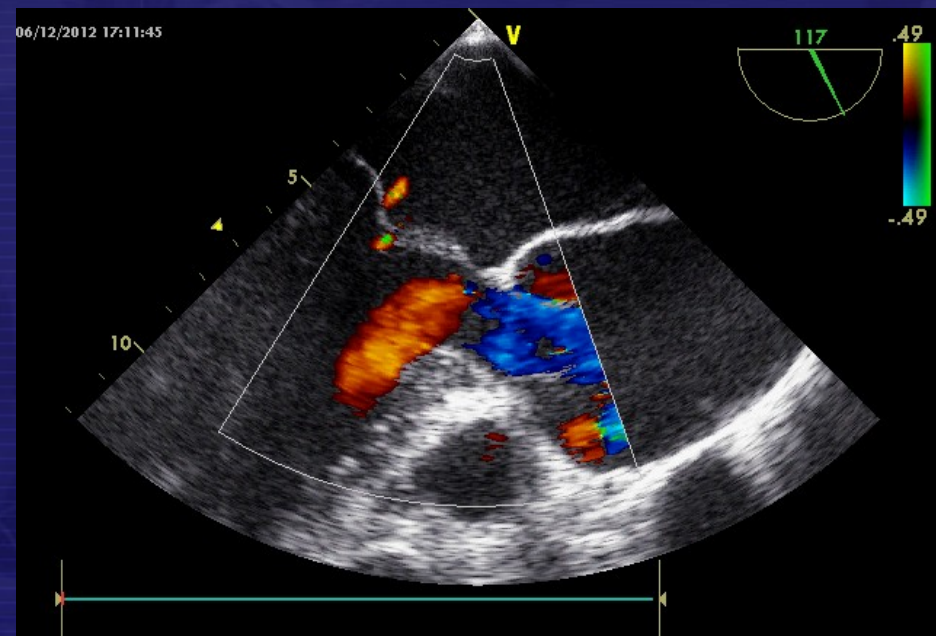
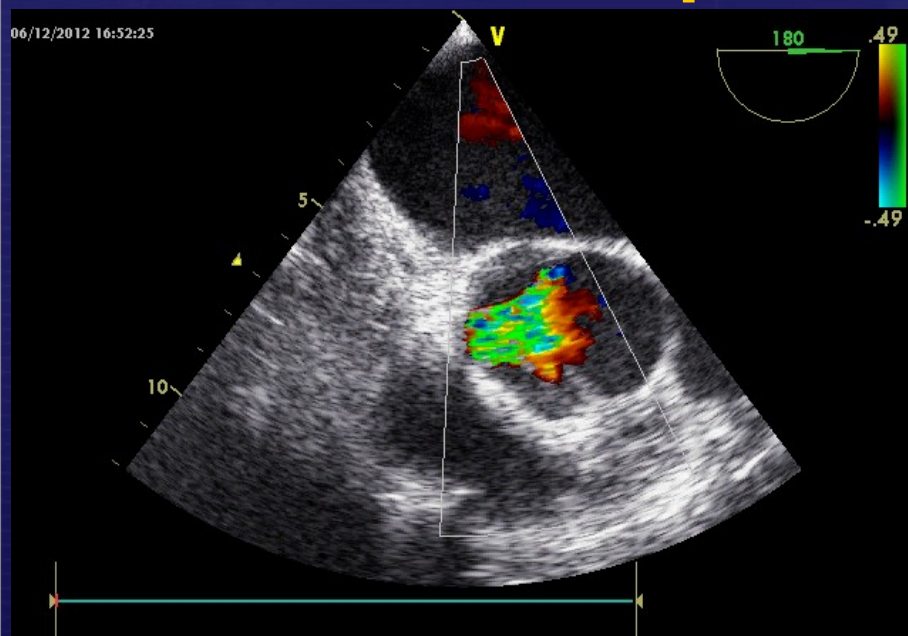
Операция по метода на David по повод на анулоаортна ектазия



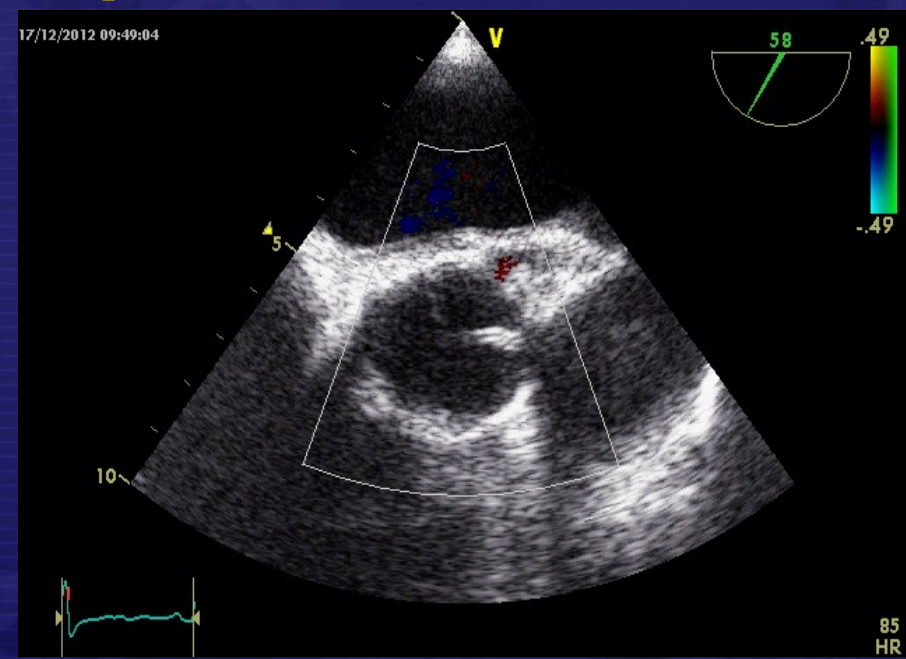
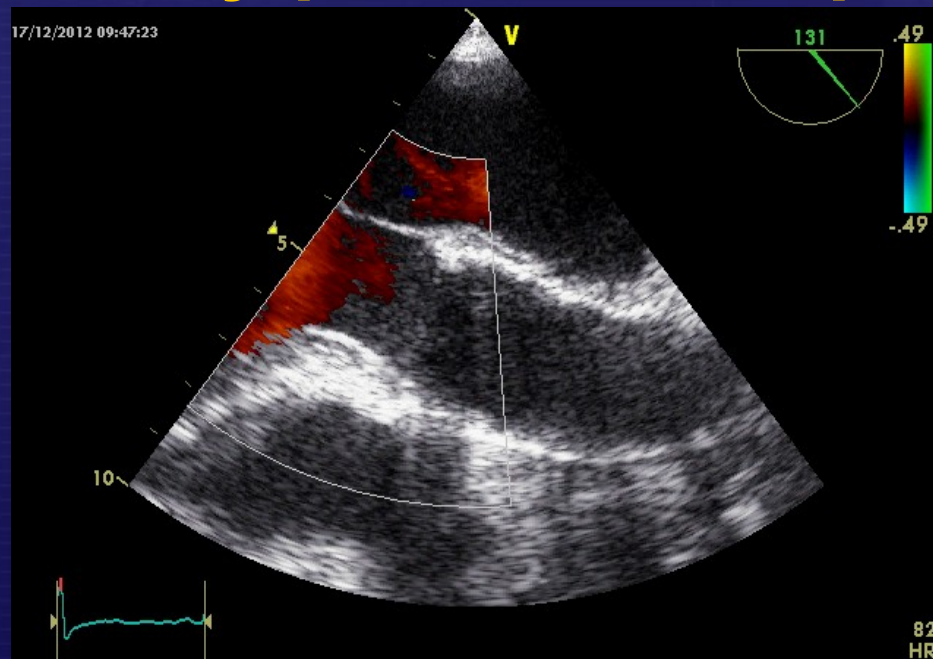
Операция по метода на David по повод на анулоаортна ектазия



Високостепенна аортна клапа инсуфициенция при дисекация на възходяща аорта

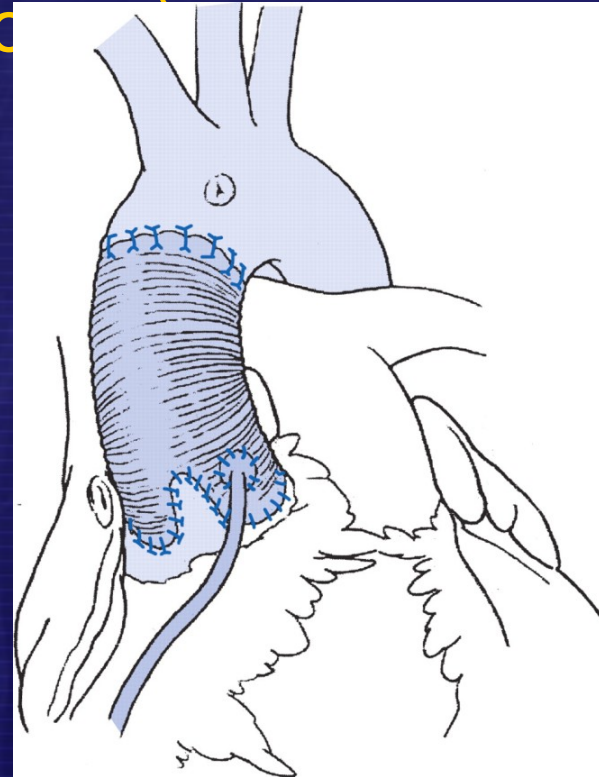
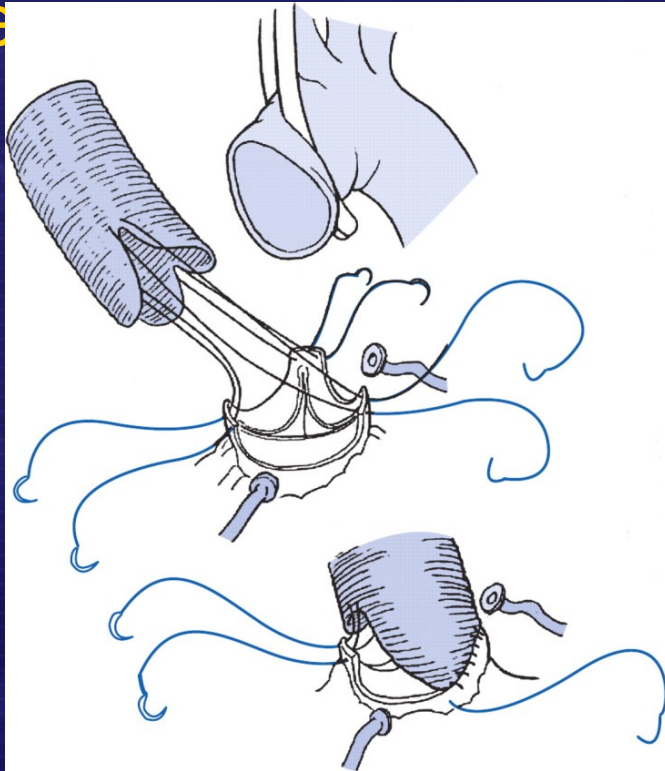


Операция по метода на David по повод на високостепенна аортна клапна insufициенция при аортна дисекация



Клапно-съхраняващи операции – a modo Yakoub

(реконструкция на аортния ко

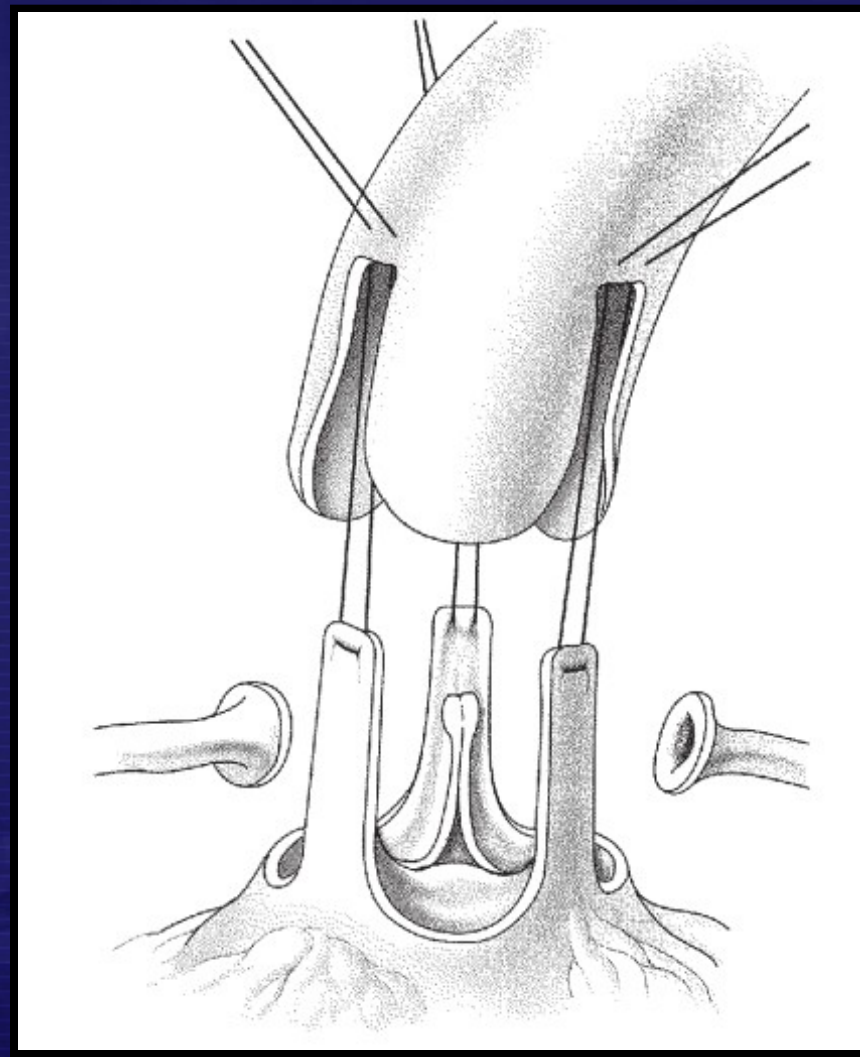
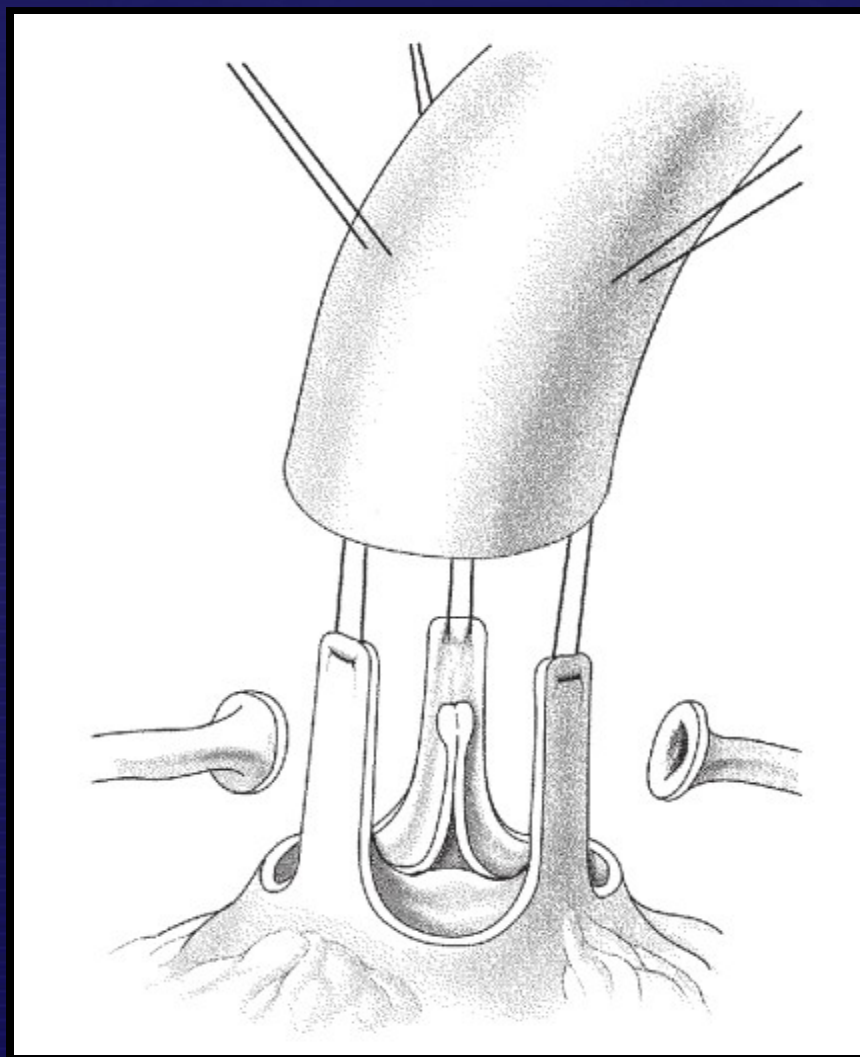


- Без стабилизация на аортния анулус
- По-лесна за извършване



David vs Yakoub

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David vs Yakoub

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МБАЛ „Света Марина“
Варна, България

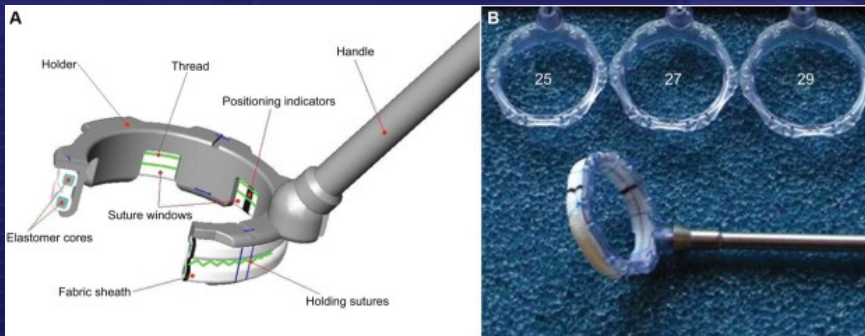


| | Ao root remodelling | Ao valve reimplantation | Bentall-DeBono |
|-------------------------------|---------------------|-------------------------|-------------------------|
| Patients (n) | 475 | 700 | 2453 |
| Bicuspid Ao valve | 64 (13.5%) | 17 (2.4%) | 139 |
| Emergency | 37 (8%) | 34 (4.8%) | 262 |
| Operative mortality | 3.9% (2–4.9) | 1.67% (0–3.8) | 5.3% (0–7.8) |
| Average follow-up | 86 months | 30 months | 68 months |
| 5 yrs survival | 89.8% | 94.15% | 74.9% (in 10 years!) |
| Thromboembolic complications | 0% | 0% | 4.2 % |
| Bleeding complications | 0% | 0% | 20% (in 10 years!) |
| Reoperation rate | 7.1% | 4.1% | 7.2% |
| Mean Ao valve gradient (mmHg) | 4.3±2.2 | 4.3 | 14±9 |
| Mean residual AR | 0.53 | 0.45 | — |



Външни анулопластични пръстени

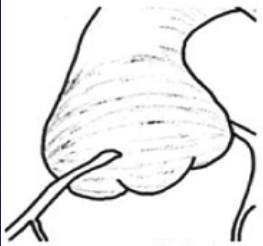
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Варна, България



| | Remodeling | Reimplantation | Remodeling + subvalvular aortic annuloplasty |
|---|------------|----------------|--|
| Reduction of STJ Ø | + | + | + |
| Re-creation of sinuses of Valsalva | + | ± | + |
| Root expansibility (interleaflet triangles) | + | - | + |
| Reduction of annular base Ø | - | + | + |



Phenotypes of dystrophic ascending aorta



Aortic root aneurysm

Valsalva ≥ 45 mm
Annulus ≥ 25 mm



Supra-coronary aneurysm

Valsalva < 40 mm



Isolated AI

Valsalva ≥ 40 mm
Annulus ≥ 25 mm

Physiological and standardized approach to aortic valve repair

Reconstruction of the aortic root+subvalvular annuloplasty



Remodeling +subvalvular annuloplasty



Supra-coronary graft



Sub-valvular annuloplasty
Annulus ≥ 25 mm



Sub-valvular annuloplasty

\pm Aortic valve repair



and/or



Resuspension of cusp effective height



Интраоперативни и ТЕЕ критерии за оценка на резултатите след аортна клапна реконструкция

Risk factor
for reoperation

AL > grade I

Eccentric jet

Prolapsing cusps

Leaflet bellowing

Tip of coaptation at
the level of the
aortic annulus or
below

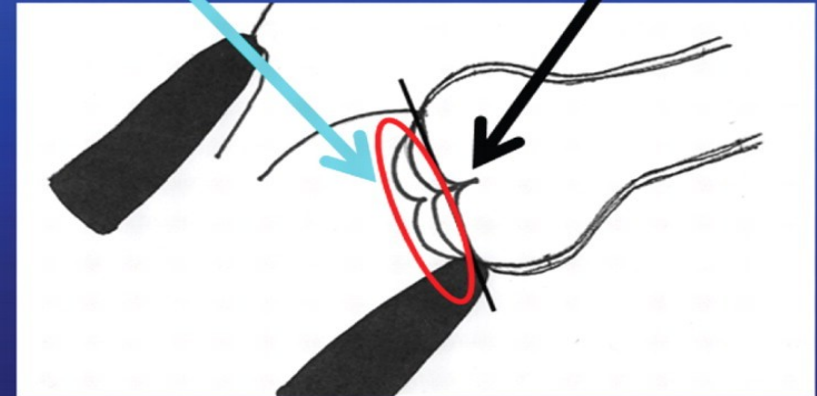
Satisfactory
results

AL ≤ grade I

Coaptation
height > 5 mm

Effective
height > 9 mm

Tip of coaptation
above the plane
of aortic annulus



Перкутанна имплантация на аортна клапа

- Релативно нов метод, алтернатива за възрастни (над 80 год.), високорискови пациенти, кандидати за смяна на аортна клапа (AVR)
- Трансфеморален / аксиларен или трансапикален достъп



Показания за TAVI

Table 1 | Recommendations for the use of transcatheter aortic valve implantation

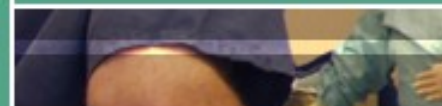
| Recommendations | Class ^a | Level ^b | Ref ^c |
|---|--------------------|--------------------|------------------|
| TAVI should only be undertaken with a multidisciplinary 'heart team' including cardiologists and cardiac surgeons and other specialists if necessary. | I | C | |
| TAVI should only be performed in hospitals with cardiac surgery on-site. | I | C | |
| TAVI is indicated in patients with severe symptomatic AS who are not suitable for AVR as assessed by a 'heart team' and who are likely to gain improvement in their quality of life and to have a life expectancy of more than 1 year after consideration of their comorbidities. | I | B | 99 |
| TAVI should be considered in high-risk patients with severe symptomatic AS who may still be suitable for surgery, but in whom TAVI is favoured by a 'heart team' based on the individual risk profile and anatomic suitability. | IIa | B | 97 |

AS = aortic stenosis; AVR = aortic valve replacement; TAVI = transcatheter aortic valve implantation.

^aClass of recommendation.

^bLevel of evidence.

^cReference(s) supporting class I (A + B) and IIa + IIb (A + B) recommendations.



Показания за TAVI

| Препоръки | Клас | Ниво |
|---|------|------|
| Към TAVI трябва да се премине при наличие на мултидисциплинарен “сърдечен екип” който включва кардиолог, кардиохирург и други специалисти при необходимост | I | C |
| TAVI трябва да се извършва само в болници с разкрито отделение по кардиохирургия | I | C |
| TAVI е показана при пациенти с тежка, симптоматична AS, които са оценени като непотходящи за AVR от сърдечния екип и при които се очаква подобрение в качеството на живот и очаквана продължителност на живота >1 година, като се вземат в предвид и придружаващите заболявания | I | B |
| TAVI трябва да се обмисля при високорискови пациенти с тежка, симптоматична AS, които можеби още са потходящи за операция, но TAVI е предпочитана от сърдечния екип въз основа на индивидуалния рисков профил и анатомични особености | IIa | B |

Противопоказания за TAVI

Отделение по
Кардиохирургия
МБАЛ „Света Марина“
Варна, България



Table 10 Contraindications for transcatheter aortic valve implantation

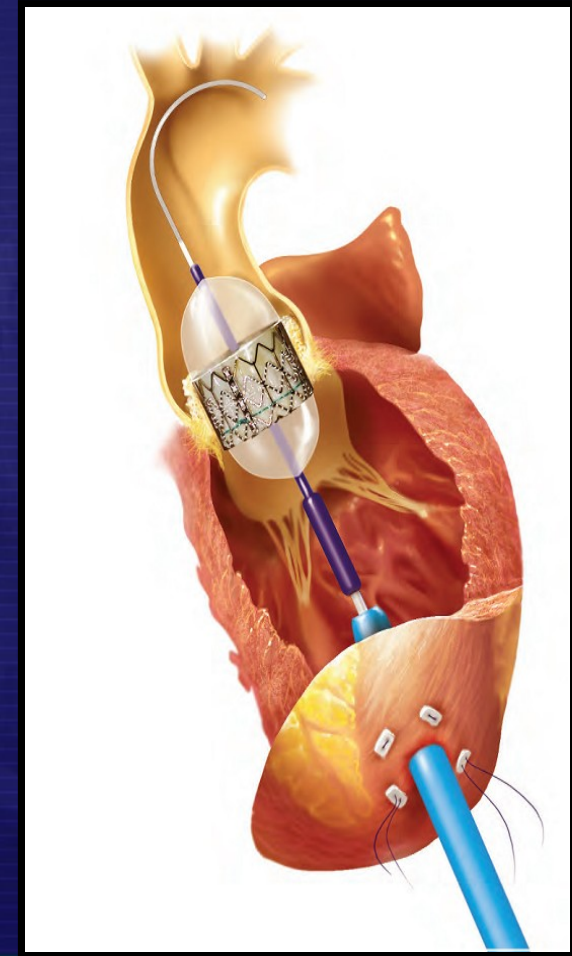
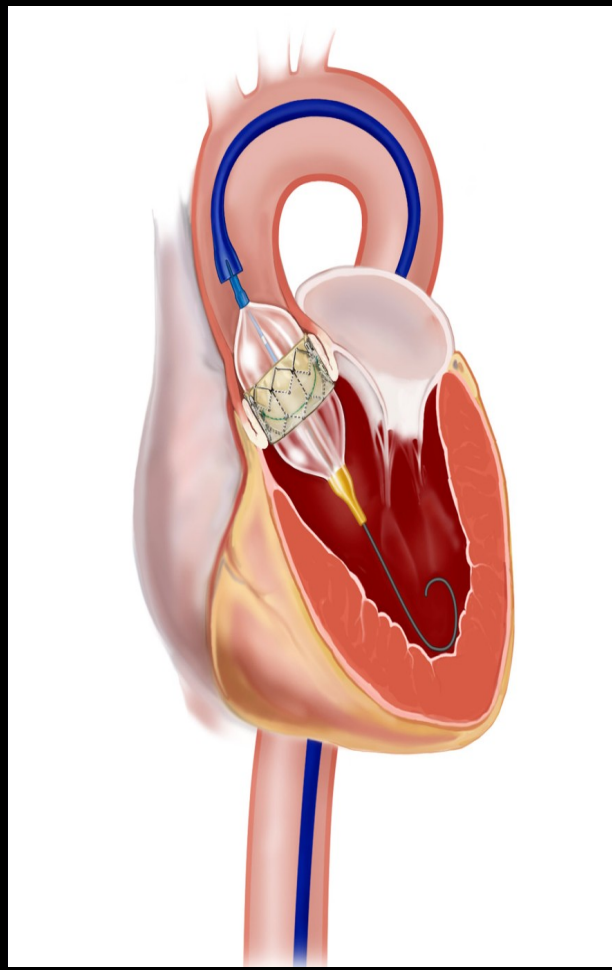
| Absolute contraindications |
|---|
| Absence of a 'heart team' and no cardiac surgery on the site |
| Appropriateness of TAVI, as an alternative to AVR, not confirmed by a 'heart team' |
| <i>Clinical</i> |
| Estimated life expectancy <1 year |
| Improvement of quality of life by TAVI unlikely because of comorbidities |
| Severe primary associated disease of other valves with major contribution to the patient's symptoms, that can be treated only by surgery |
| <i>Anatomical</i> |
| Inadequate annulus size (<18 mm, >29 mm*) |
| Thrombus in the left ventricle |
| Active endocarditis |
| Elevated risk of coronary ostium obstruction (asymmetric valve calcification, short distance between annulus and coronary ostium, small aortic sinuses) |
| Plaques with mobile thrombi in the ascending aorta, or arch |
| For transfemoral/subclavian approach: Inadequate vascular access (vessel size, calcification, tortuosity) |
| Relative contraindications |
| Bicuspid or non-calcified valves |
| Untreated coronary artery disease requiring revascularization |
| Haemodynamic instability |
| LVEF <20% |
| For transapical approach: severe pulmonary disease, LV apex not accessible |

AVR = aortic valve replacement; LV = left ventricle; LVEF = left ventricular ejection fraction; TAVI = transcatheter aortic valve implantation.

*Contraindication when using the current devices.

Перкутанна имплантация на аортна клапа

Отделение по
Кардиохирургия
ИБДЛ „Света Марина“
Варна, България



**Table 17 Choice of the aortic/mitral prosthesis.
In favour of a mechanical prosthesis.**

| | Class ^a | Level ^b |
|---|--------------------|--------------------|
| A mechanical prosthesis is recommended according to the desire of the informed patient and if there are no contraindications for long-term anticoagulation. ^c | I | C |
| A mechanical prosthesis is recommended in patients at risk of accelerated structural valve deterioration. ^d | I | C |
| A mechanical prosthesis is recommended in patients already on anticoagulation as a result of having a mechanical prosthesis in another valve position. | I | C |
| A mechanical prosthesis should be considered in patients aged <60 years for prostheses in the aortic position and <65 years for prostheses in the mitral position. ^e | IIa | C |
| A mechanical prosthesis should be considered in patients with a reasonable life expectancy, ^f for whom future redo valve surgery would be at high risk. | IIa | C |
| A mechanical prosthesis may be considered in patients already on long-term anticoagulation due to high risk of thromboembolism. ^g | IIb | C |

The decision is based on the integration of several of the following factors

^aClass of recommendation.

^bLevel of evidence.

^cIncreased bleeding risk because of comorbidities, compliance concerns, geographic, lifestyle and occupational conditions.

^dYoung age (<40 years), hyperparathyroidism.

^eIn patients aged 60–65 years who should receive an aortic prosthesis, and those between 65–70 years in the case of mitral prosthesis, both valves are acceptable and the choice requires careful analysis of other factors than age.

^fLife expectancy should be estimated > 10 years, according to age, gender, comorbidities, and country-specific life expectancy.

^gRisk factors for thromboembolism are atrial fibrillation, previous thromboembolism, hypercoagulable state, severe left ventricular systolic dysfunction.

Table 18 Choice of the aortic/mitral prosthesis.
In favour of a bioprosthesis.

| | Class ^a | Level ^b |
|---|--------------------|--------------------|
| A bioprosthesis is recommended according to the desire of the Informed patient | I | C |
| A bioprosthesis is recommended when good quality anticoagulation is unlikely (compliance problems; not readily available) or contraindicated because of high bleeding risk (prior major bleed; comorbidities; unwillingness; compliance problems; lifestyle; occupation). | I | C |
| A bioprosthesis is recommended for reoperation for mechanical valve thrombosis despite good long-term anticoagulant control. | I | C |
| A bioprosthesis should be considered in patients for whom future redo valve surgery would be at low risk. | IIa | C |
| A bioprosthesis should be considered in young women contemplating pregnancy. | IIa | C |
| A bioprosthesis should be considered in patients aged >65 years for prosthesis in aortic position or >70 years in mitral position, or those with life expectancy ^c lower than the presumed durability of the bioprosthesis. ^d | IIa | C |

The decision is based on the integration of several of the following factors

^aClass of recommendation.

^bLevel of evidence.

^cLife expectancy should be estimated according to age, gender, comorbidities, and country-specific life expectancy.

^dIn patients aged 60–65 years who should receive an aortic prosthesis and those 65–70 years in the case of mitral prosthesis, both valves are acceptable and the choice requires careful analysis of factors other than age.

Table 6 Management of coronary artery disease in patients with valvular heart disease

| | Class ^a | Level ^b |
|---|--------------------|--------------------|
| Diagnosis of coronary artery disease | | |
| Coronary angiography ^c is recommended before valve surgery in patients with severe valvular heart disease and any of the following: <ul style="list-style-type: none"> • history of coronary artery disease • suspected myocardial ischaemia^d • left ventricular systolic dysfunction • In men aged over 40 years and postmenopausal women • ≥ 1 cardiovascular risk factor. | I | C |
| Coronary angiography is recommended in the evaluation of secondary mitral regurgitation. | I | C |
| Indications for myocardial revascularization | | |
| CABG is recommended in patients with a primary indication for aortic/mitral valve surgery and coronary artery diameter stenosis $\geq 70\%$. ^e | I | C |
| CABG should be considered in patients with a primary indication for aortic/mitral valve surgery and coronary artery diameter stenosis $\geq 50-70\%$. | IIa | C |

CABG = coronary artery bypass grafting.

^aClass of recommendation.

^bLevel of evidence.

^cMulti-slice computed tomography may be used to exclude coronary artery disease in patients who are at low risk of atherosclerosis.

^dChest pain, abnormal non-invasive testing.

^e $\geq 50\%$ can be considered for left main stenosis.

Adapted from Wijns et al.²⁰