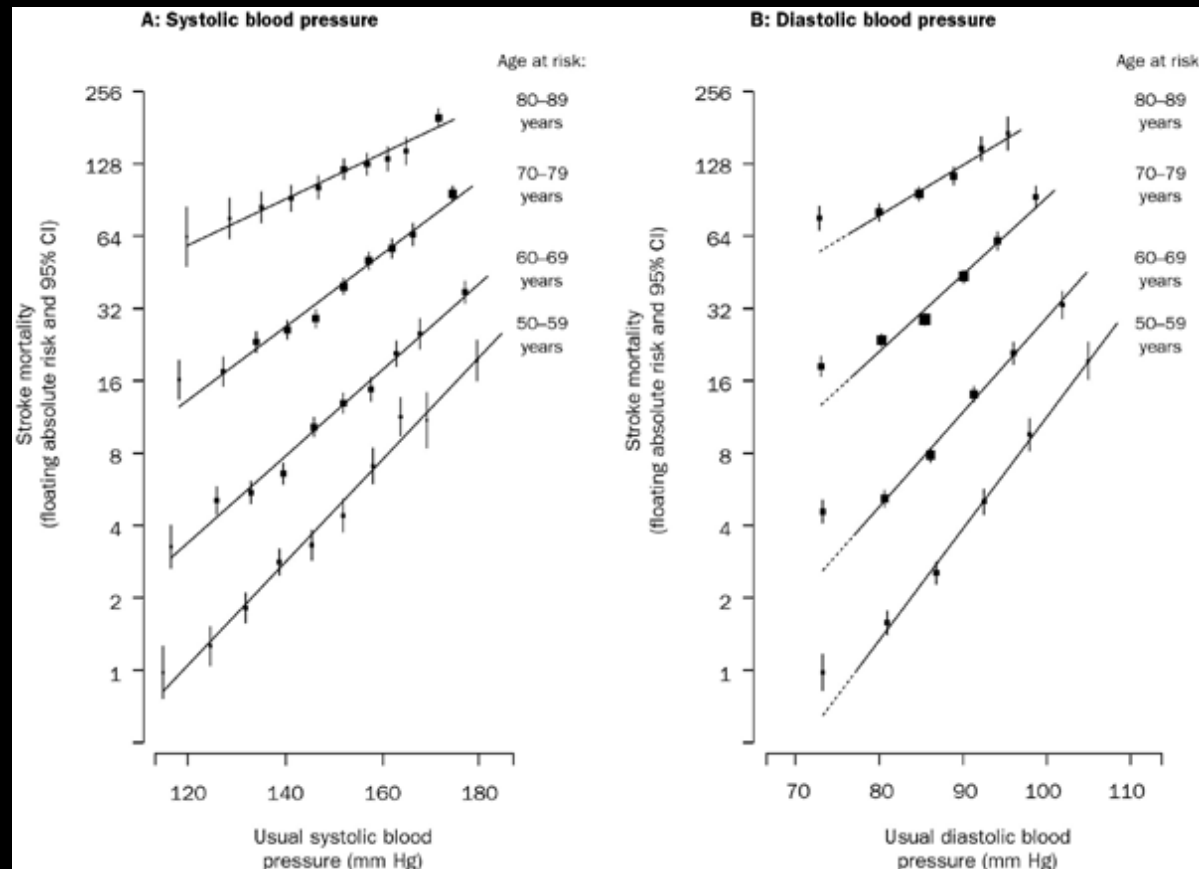


OLMESARTAN: Central Blood Pressure and Cardiovascular Risk

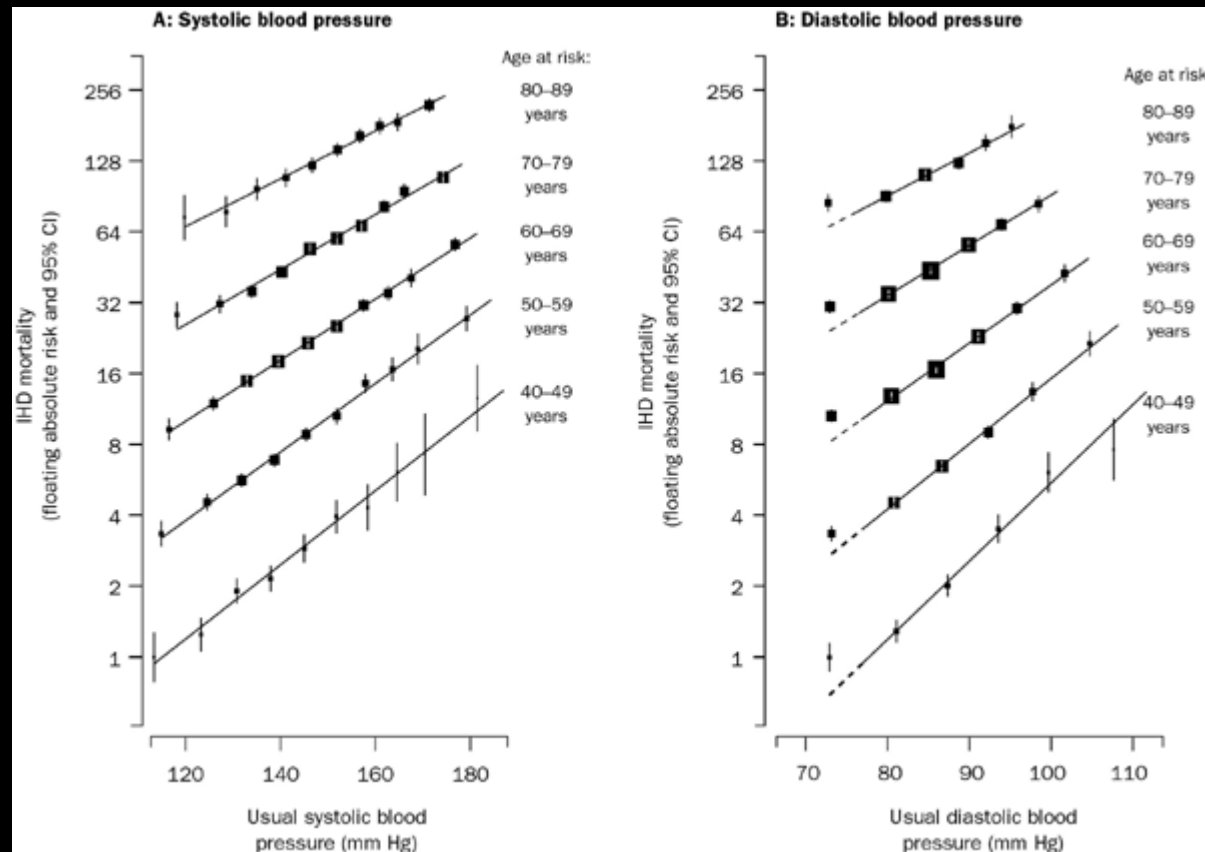
Professor John Cockcroft
Professor of Cardiology
Wales Heart Research Institute
Cardiff



Relationship Between Blood Pressure and Stroke in over 1 Million Subjects

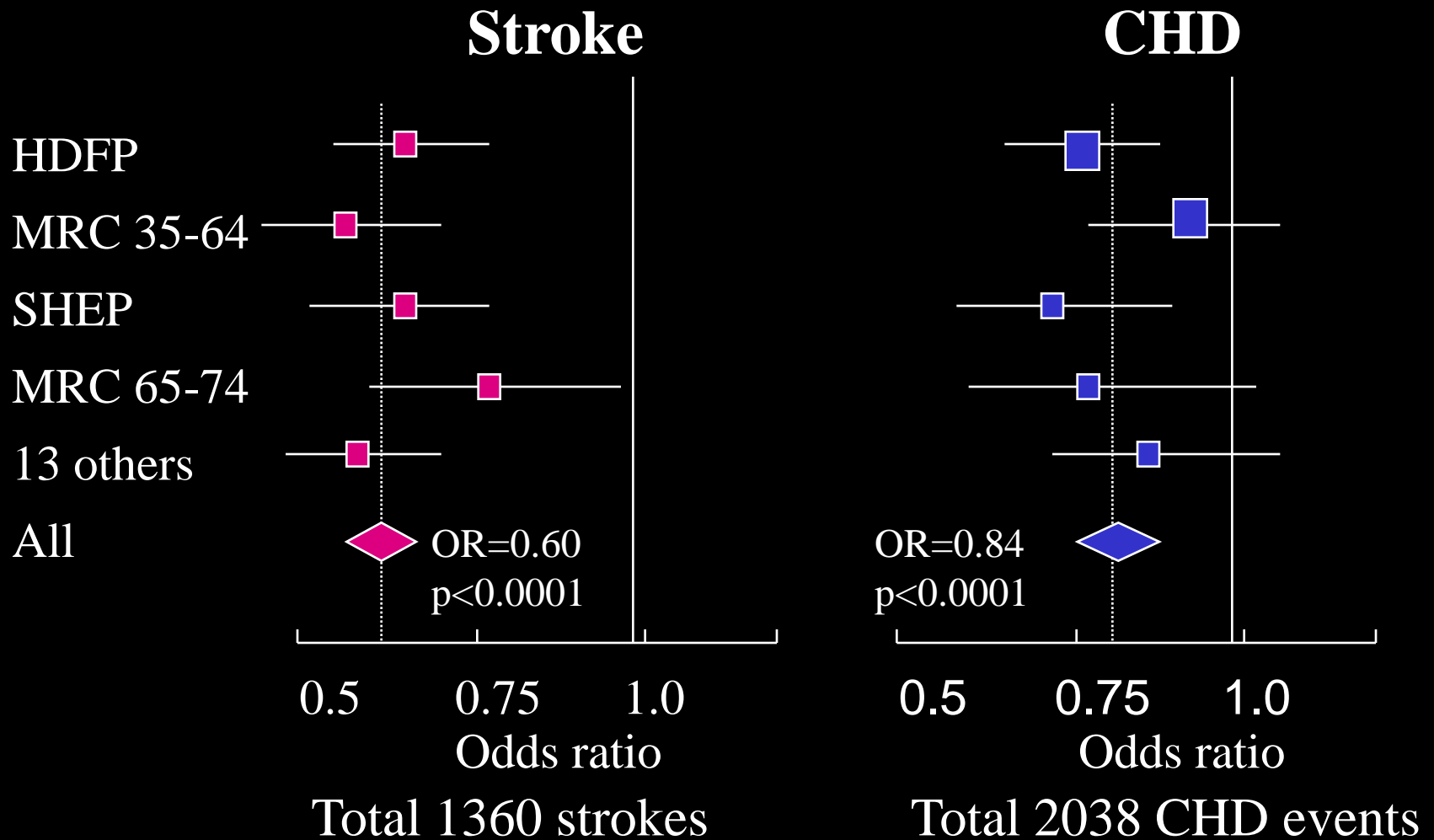


Relationship Between Blood Pressure and MI in over 1 Million Subjects



Pooled Results of Randomised Trials of BP Lowering

47,500 patients in 17 trials. About 5 years of Treatment, DBP Reduced by 6mmHg, SBP approx 12mmHg. Diuretics and Beta blockers.

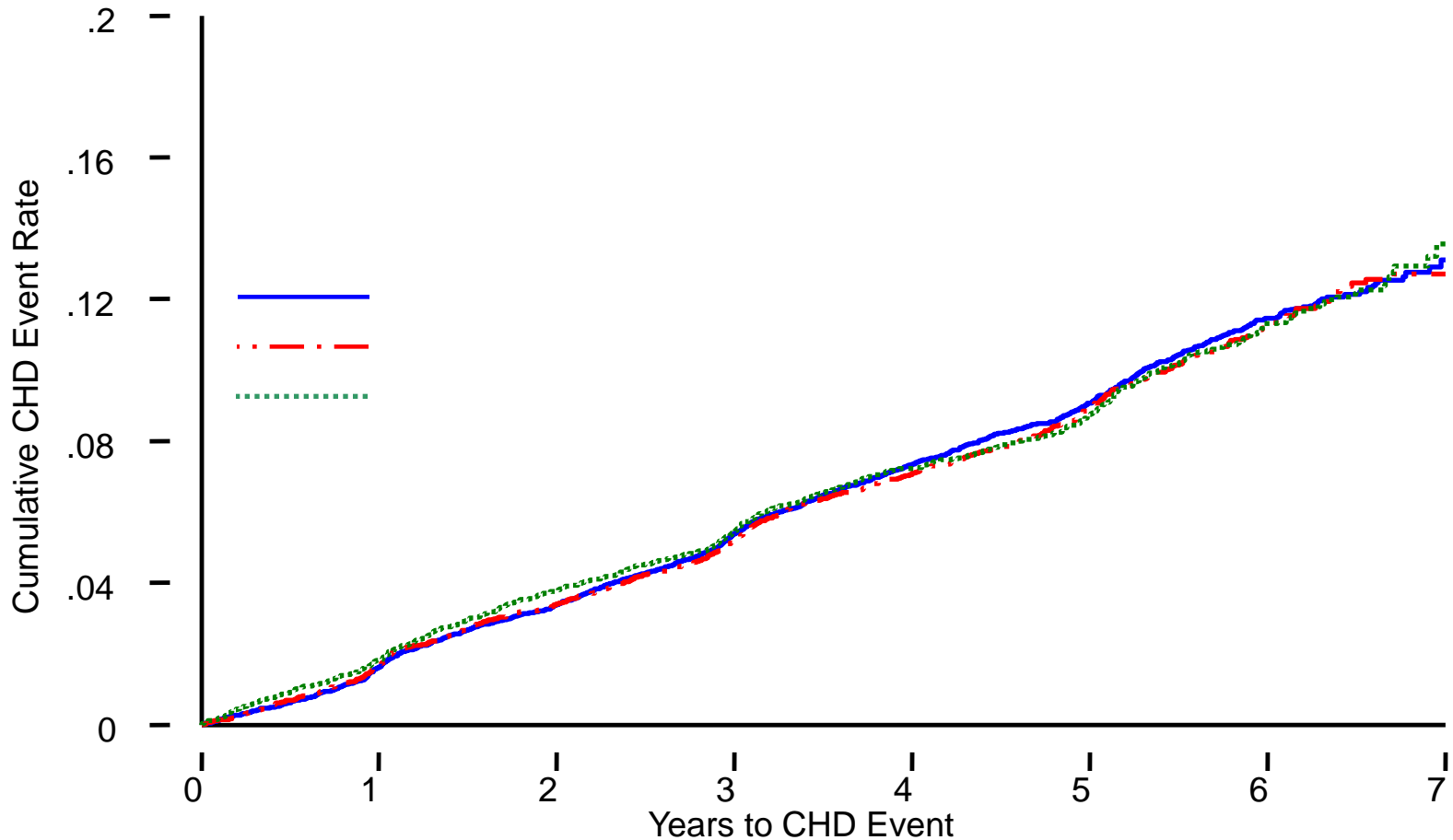


Effective Drug Therapy for Hypertension

- 1940s Sympathetic blockers
- 1950s Thiazide diuretics
- 1960s β -blockers
- 1970s Calcium channel blockers
- 1980s ACE inhibitors
- 1990s **AT₁ blockers**
- 2000s Direct renin inhibitors

Is it the drug you use or blood pressure
reduction per se.....?

Cumulative Event Rates for the Primary Outcome (Fatal CHD or Nonfatal MI) by ALLHAT Treatment Group

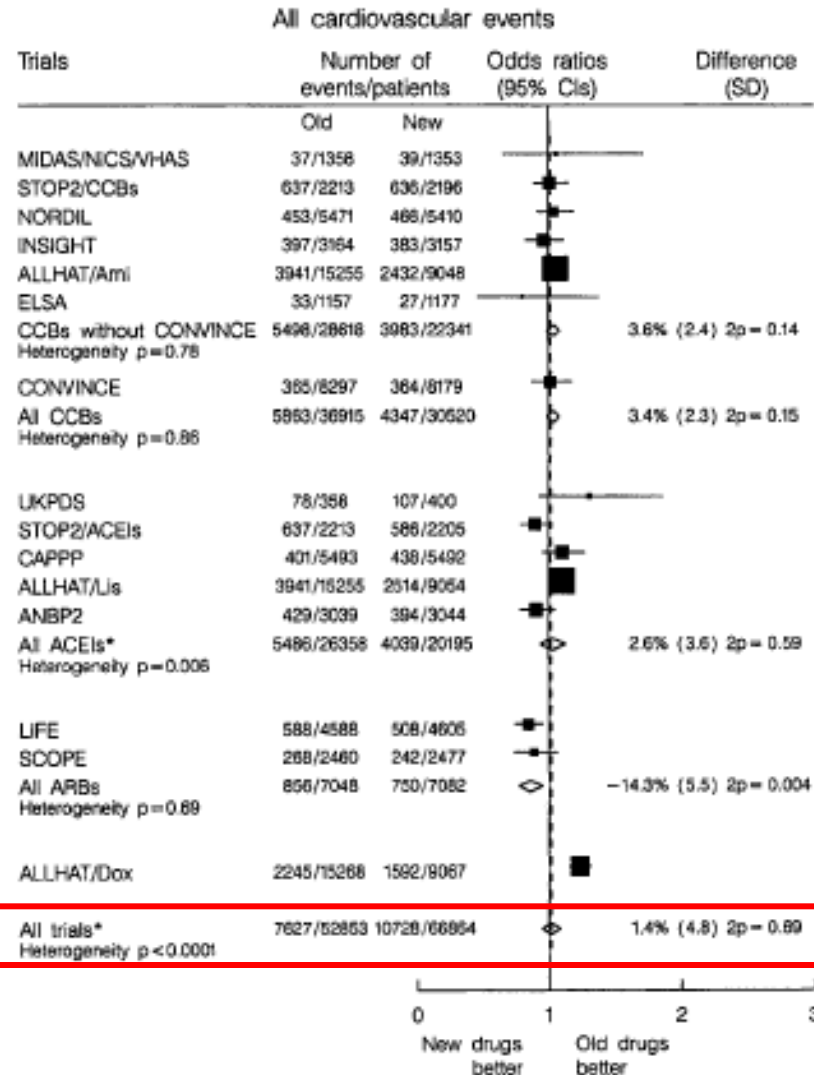


Number at Risk:

Chlorthalidone	15,255	14,477	13,820	13,102	11,362	6,340	2,956	209
Amlodipine	9,048	8,576	8,218	7,843	6,824	3,870	1,878	215
Lisinopril	9,054	8,535	8,123	7,711	6,662	3,832	1,770	195

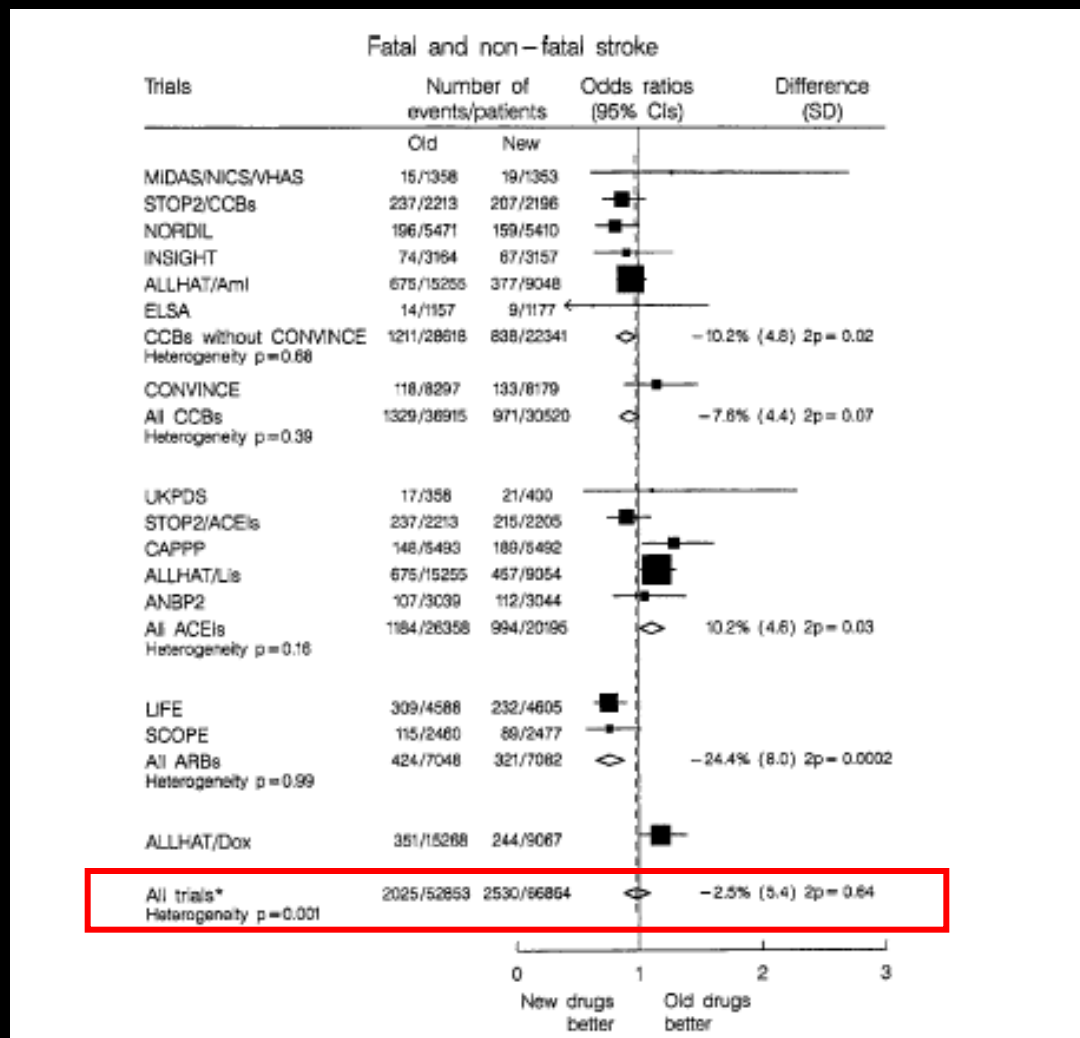
Blood Pressure Reduction and Cardiovascular Prevention

ALL CARDIOVASCULAR EVENTS



Blood Pressure Reduction and Cardiovascular Prevention

FATAL AND NON-FATAL STROKE



Review

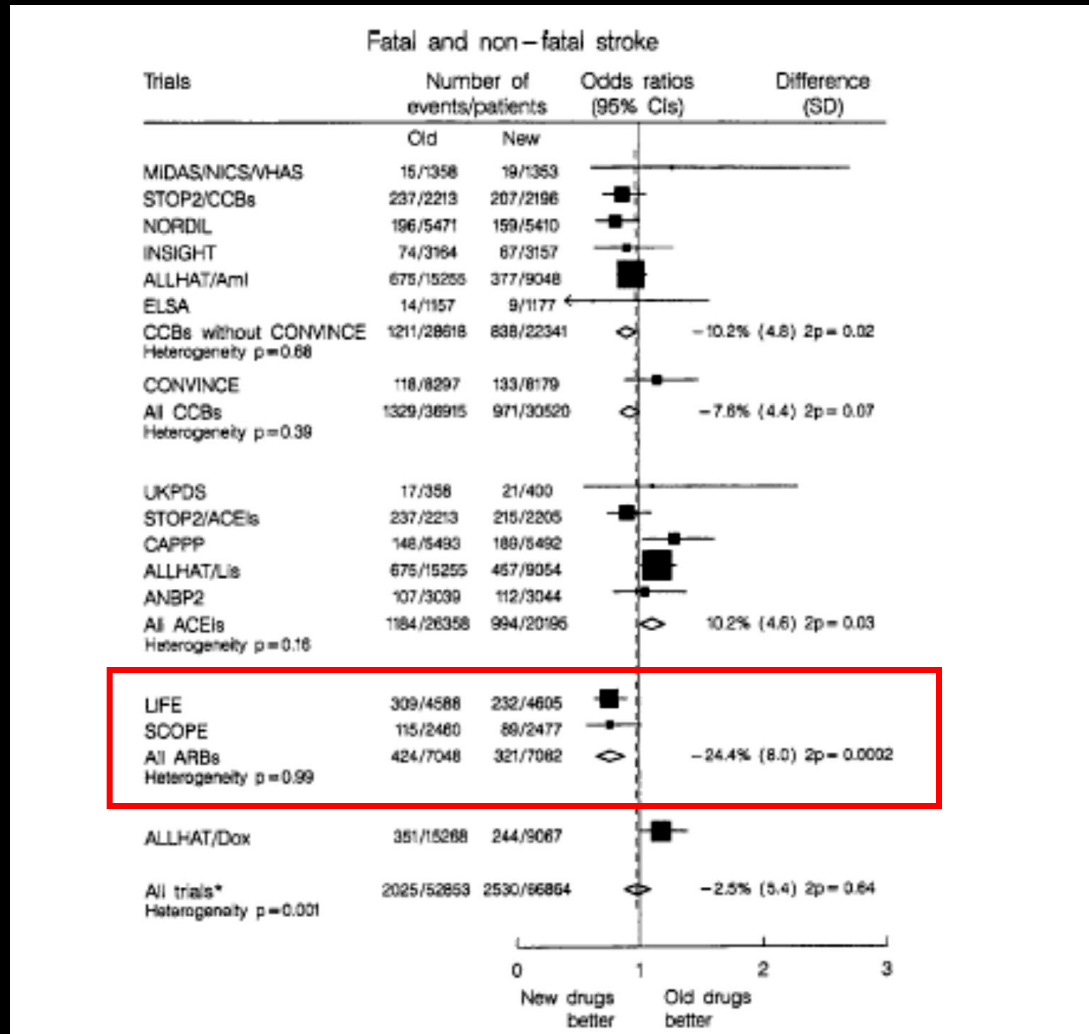
**Blood Pressure Reduction and Cardiovascular
Prevention: An Update Including the 2003–2004
Secondary Prevention Trials**

Jan A. STAESSEN, Yan LI*, Lutgarde THIJIS, and Ji-Guang WANG*

“The hypothesis that new antihypertensive drugs might influence cardiovascular prognosis over and beyond their antihypertensive effect remains unproven. Our overview emphasizes the need of tight blood pressure control, but does not allow determining to what extent blood pressure must be lowered for optimal cardiovascular protection”

Staessen et al *Hypertens Res* 2005; 28: 385-407

Stroke and Angiotensin II Receptor Blockade



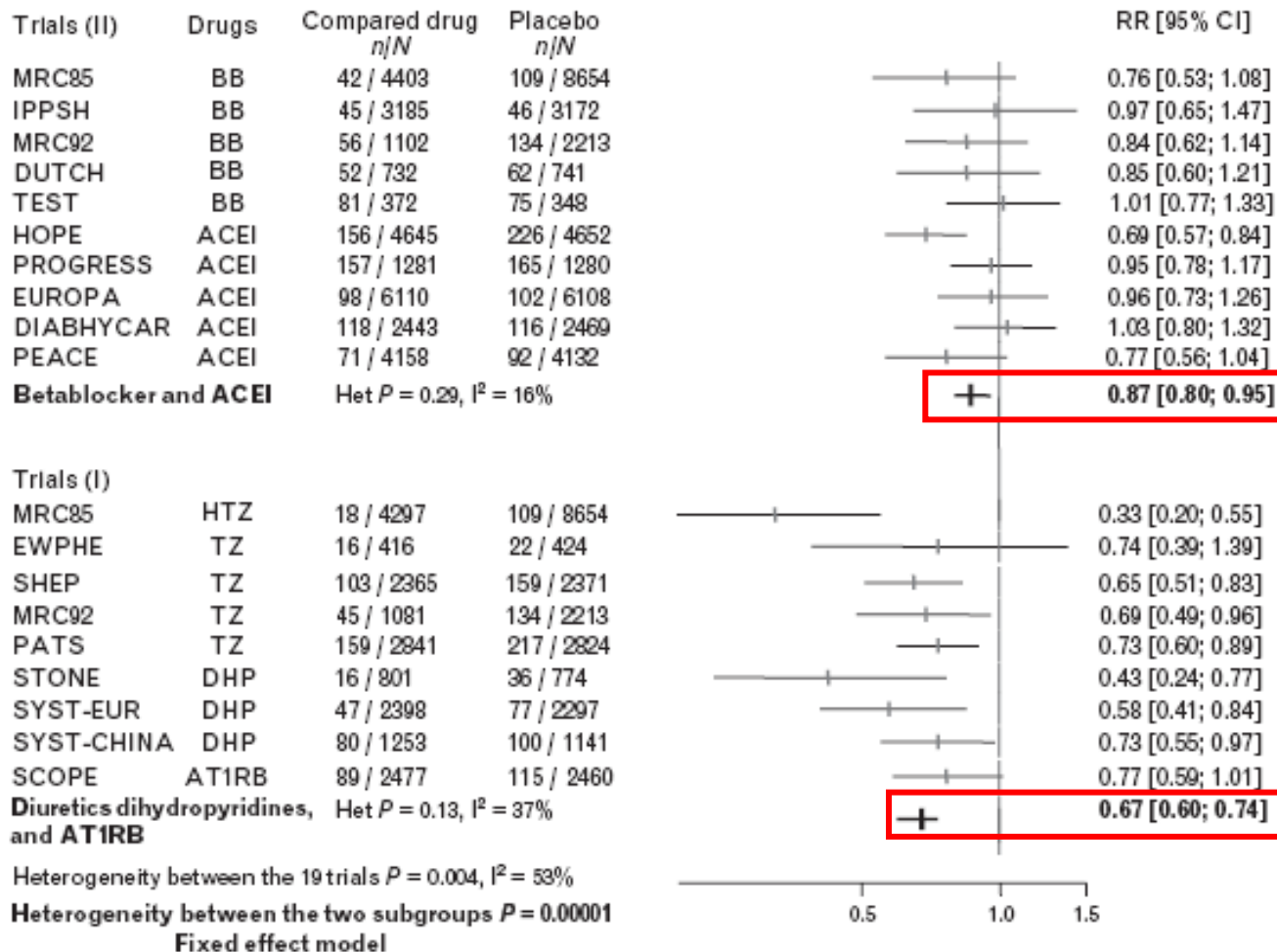
Does a change in angiotensin II formation caused by antihypertensive drugs affect the risk of stroke?

A meta-analysis of trials according to treatment with potentially different effects on angiotensin II

Florent Boutitie^a, Roxana Oprisiu^b, Jean Michel Achard^d, Hakim Mazouz^c, Jiguang Wang^f, Franz H. Messerli^g, François Gueyffier^e and Albert Fournier^c

Effect of Drugs that Raise or Lower Angiotensin II Levels on Stroke

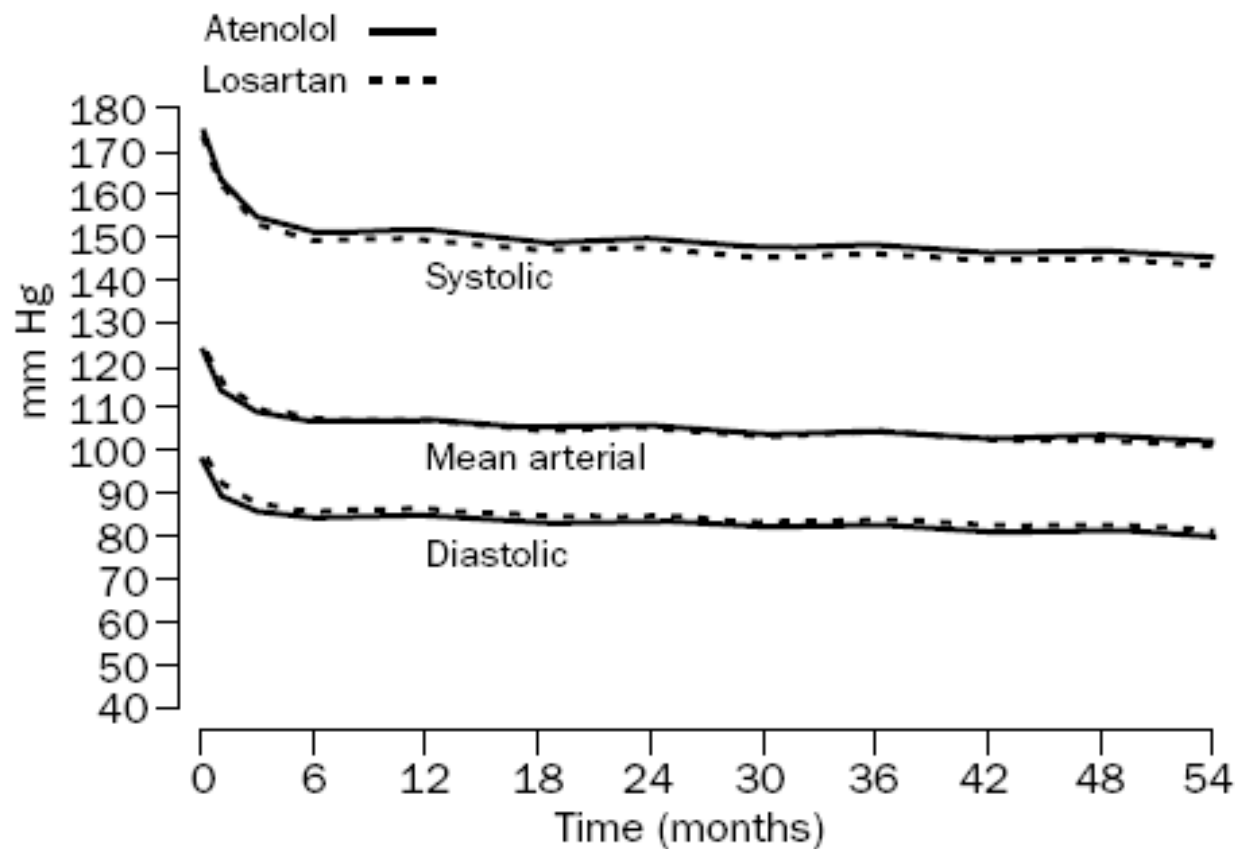
(26 studies 206,632 patients 7,108 strokes)



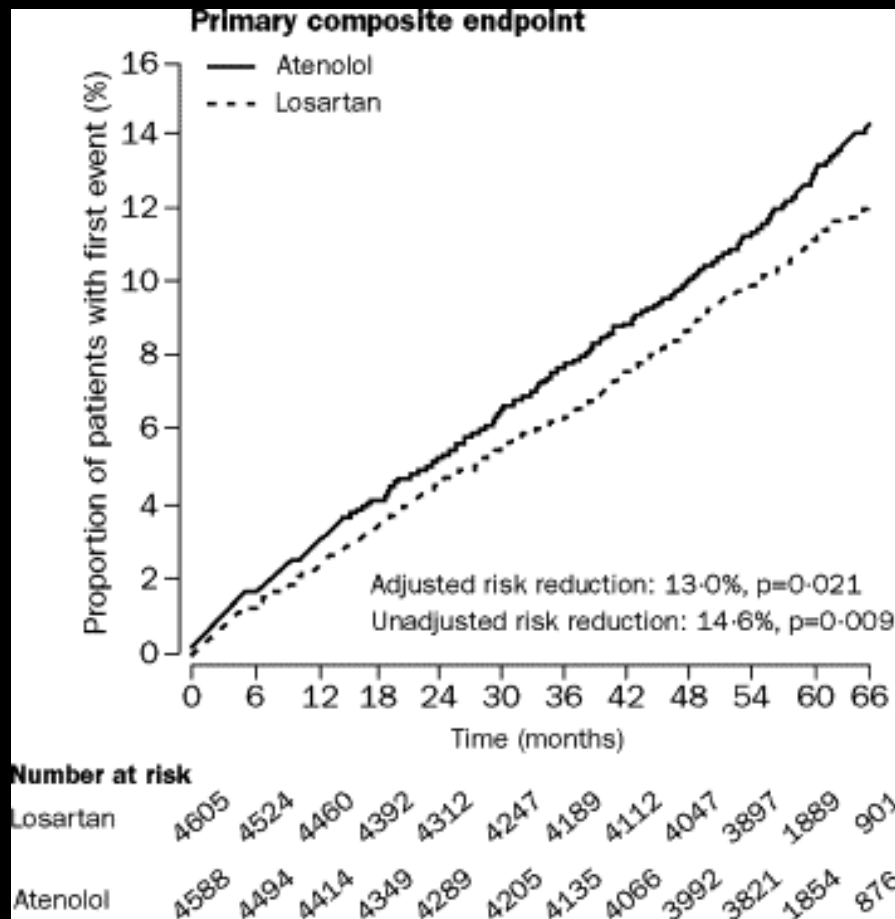
Benefit beyond blood pressure
reduction.....?

Cardiovascular morbidity and mortality in the Losartan Intervention For Endpoint reduction in hypertension study (LIFE): a randomised trial against atenolol

*Björn Dahlöf, Richard B Devereux, Sverre E Kjeldsen, Stevo Julius, Gareth Beevers, Ulf de Faire, Frej Fyhrquist, Hans Ibsen, Krister Kristiansson, Ole Lederballe-Pedersen, Lars H Lindholm, Markku S Nieminen, Per Omvik, Suzanne Oparil, Hans Wedel, for the LIFE study group**

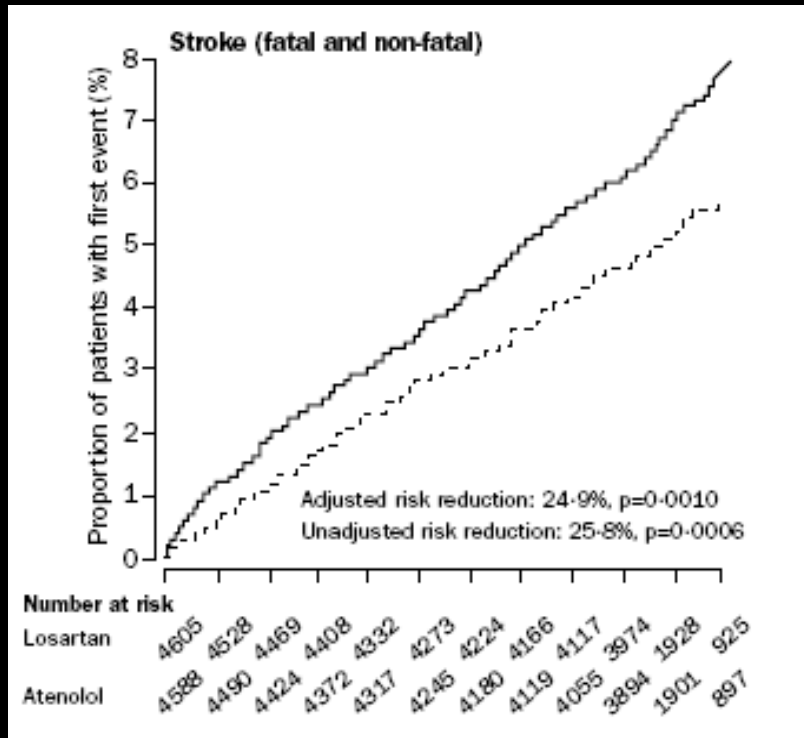


LIFE: Primary Composite Endpoint *death, MI, or stroke*

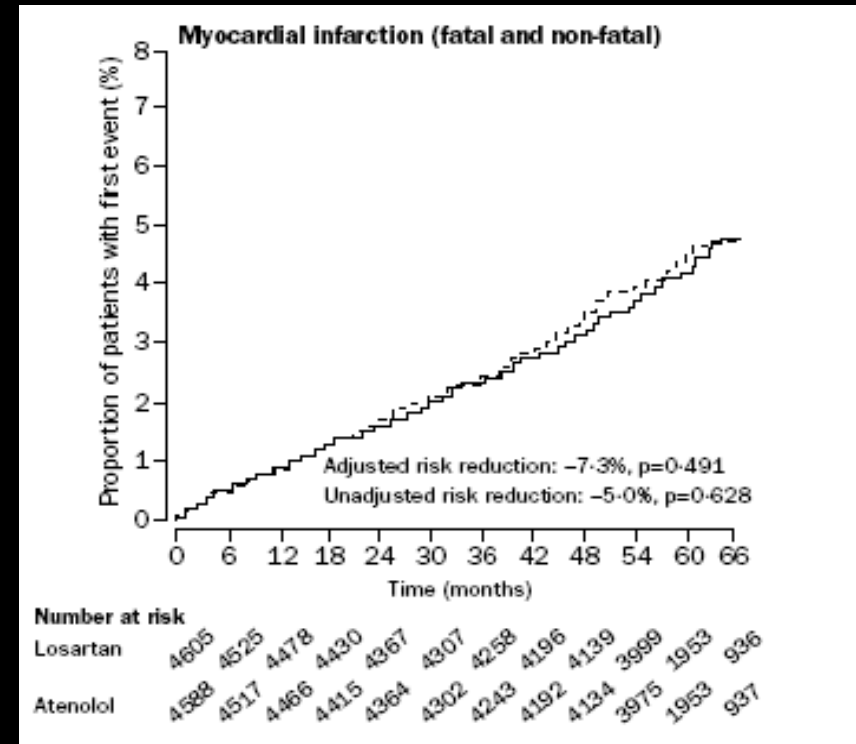


LIFE: Primary Composite Endpoint

STROKE



MI



Half Full.....?



.....Half Empty ?

2003 European Society of Hypertension – European Society of Cardiology guidelines for the management of arterial hypertension*

Guidelines Committee**

Journal of Hypertension 2003, 21:1011–1053

Central Blood Pressure

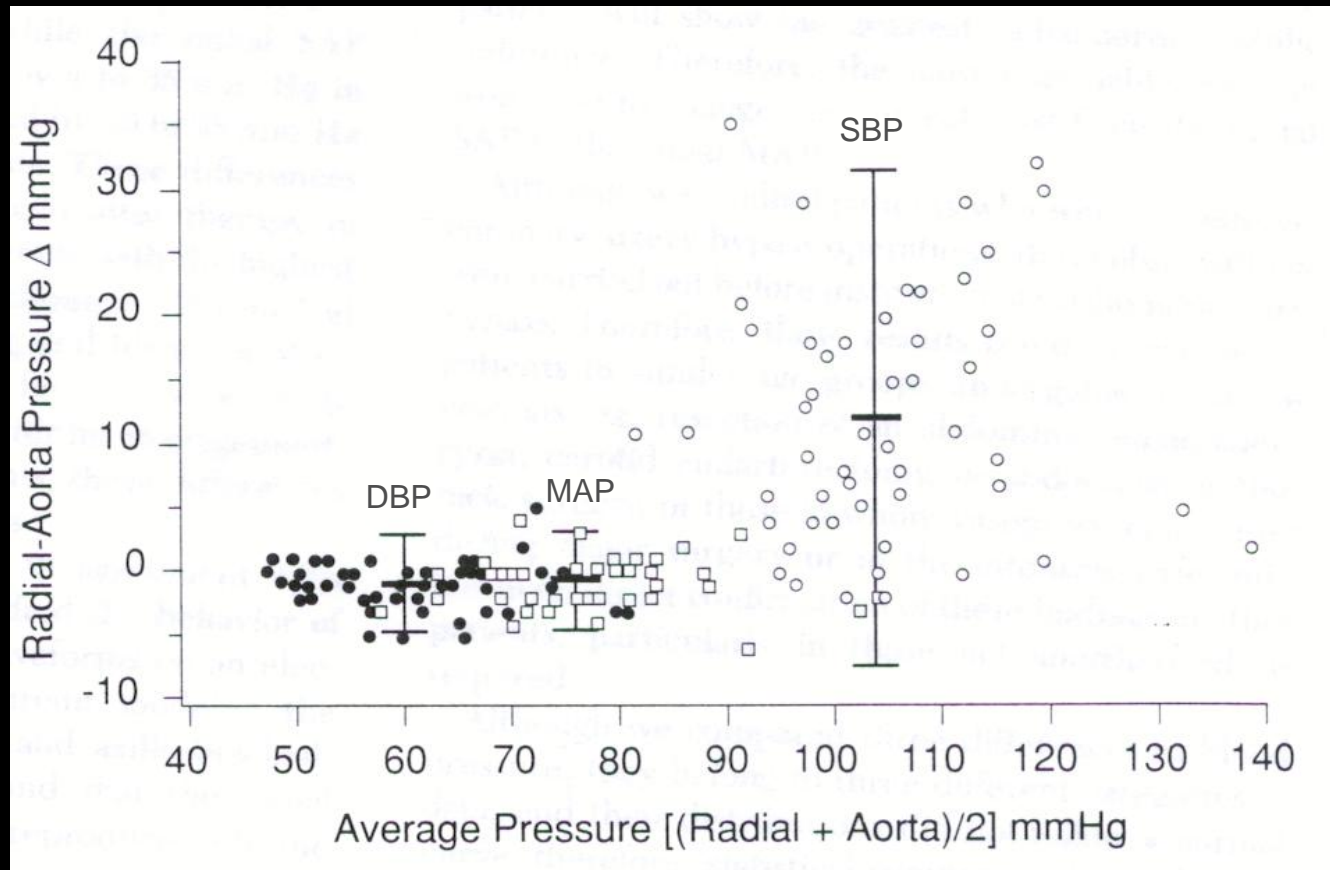
2003 European Society of Hypertension – European Society of Cardiology guidelines for the management of arterial hypertension*

Guidelines Committee**

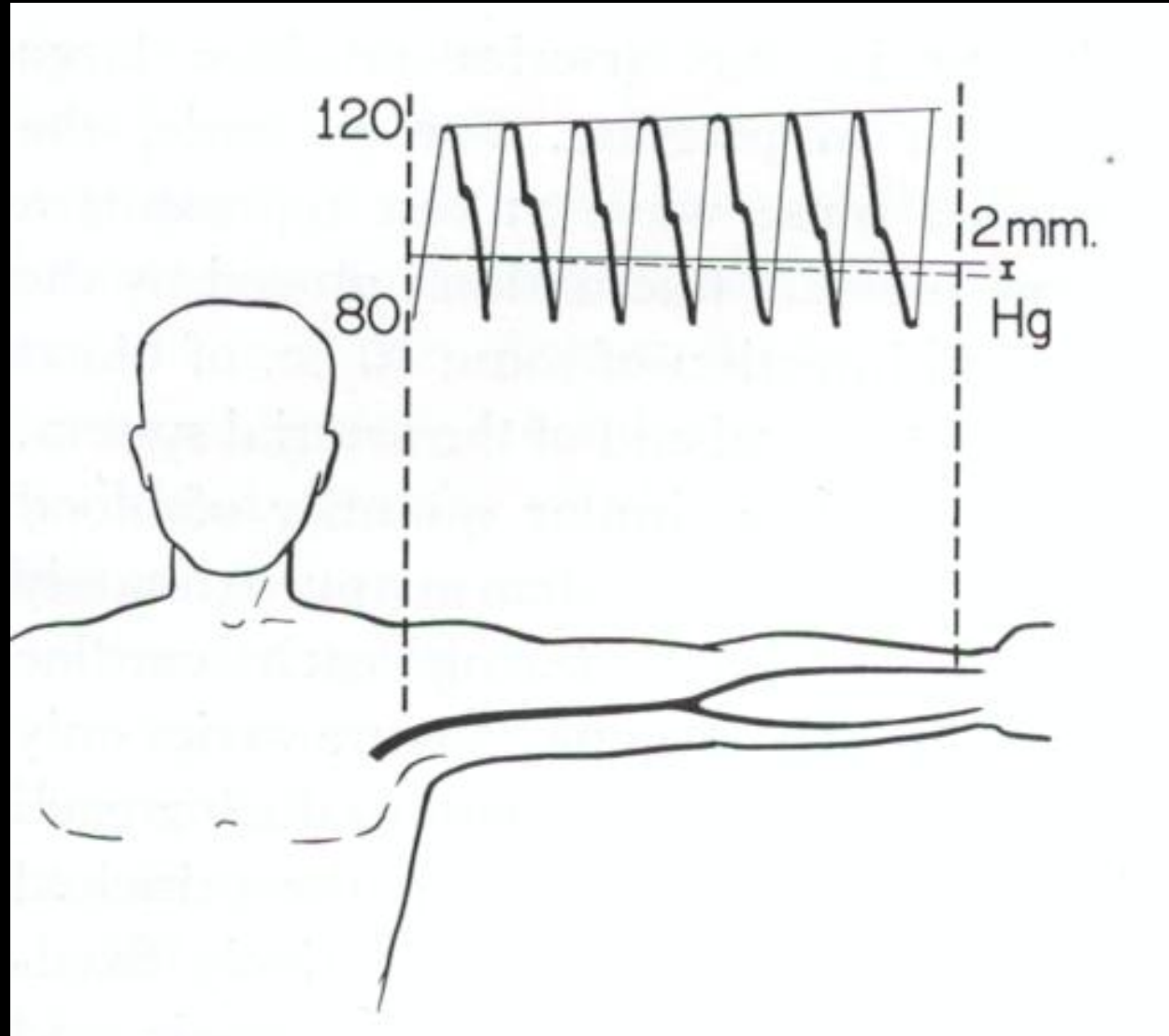
Journal of Hypertension 2003, 21:1011–1053

The increasing interest in systolic blood pressure and pulse pressure as predictors of cardiovascular events stimulated by trial evidence of the beneficial effects of lowering blood pressure in the elderly and in isolated systolic hypertension has stimulated the development of techniques for measuring large arterial stiffness. Two of these have been developed for possible use as diagnostic procedures namely pulse wave velocity and augmentation index as measured with the SphygmoCor device.....**Aortic blood pressure (the pressure exerted on the heart and brain) may be different from that measured in the arm and be a both a better predictor of outcome and may be differently affected by antihypertensive drugs**

Peripheral Versus Aortic Pressure



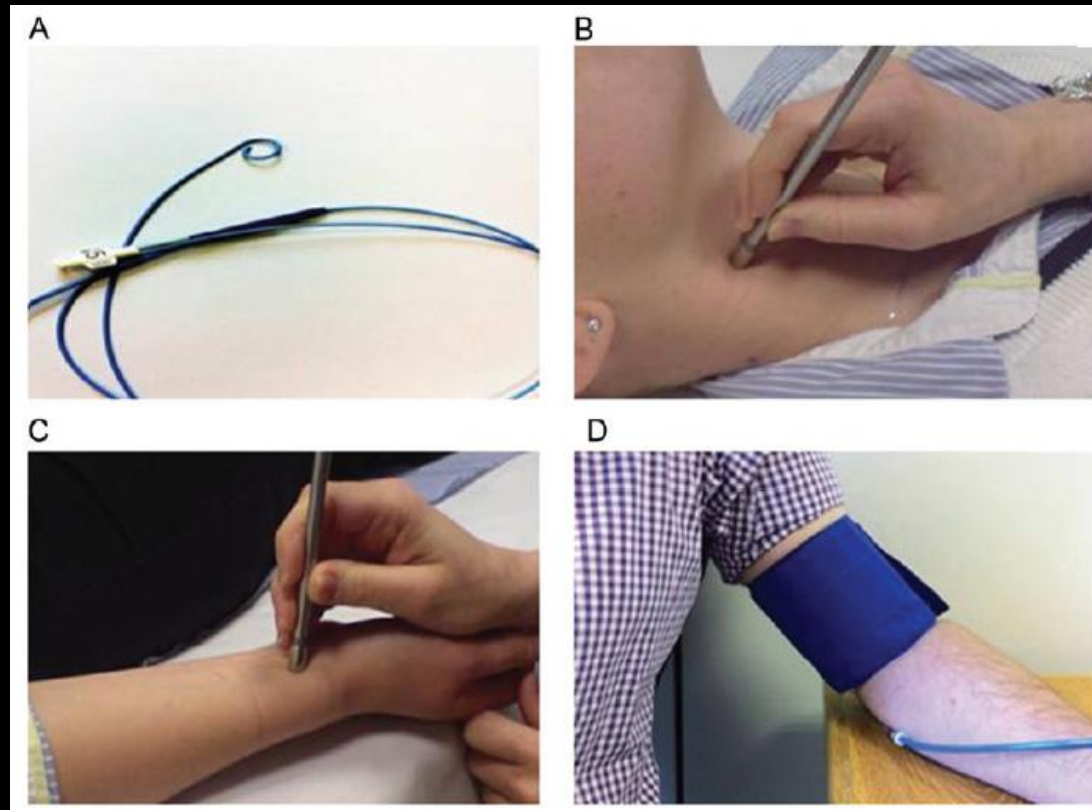
Pressure Amplification



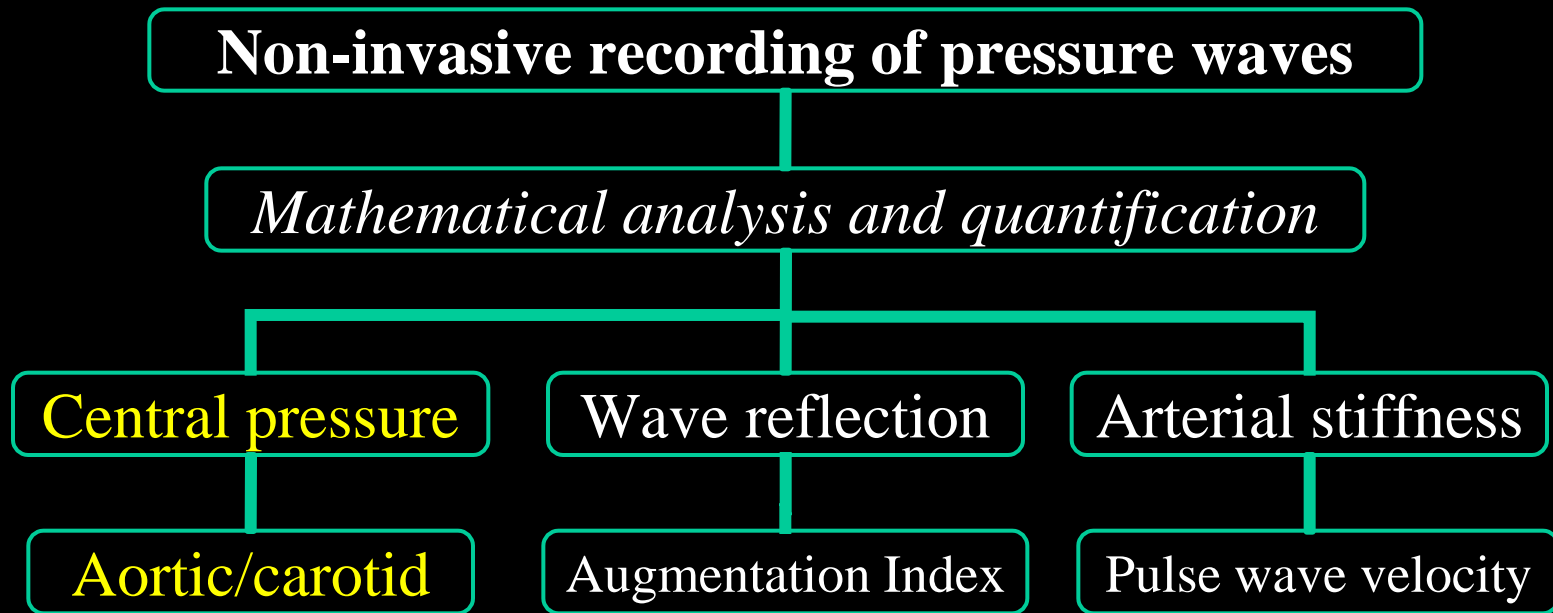
Central blood pressure: current evidence and clinical importance

Carmel M. McEniery^{1*}, John R. Cockcroft², Mary J. Roman³, Stanley S. Franklin⁴, and Ian B. Wilkinson¹

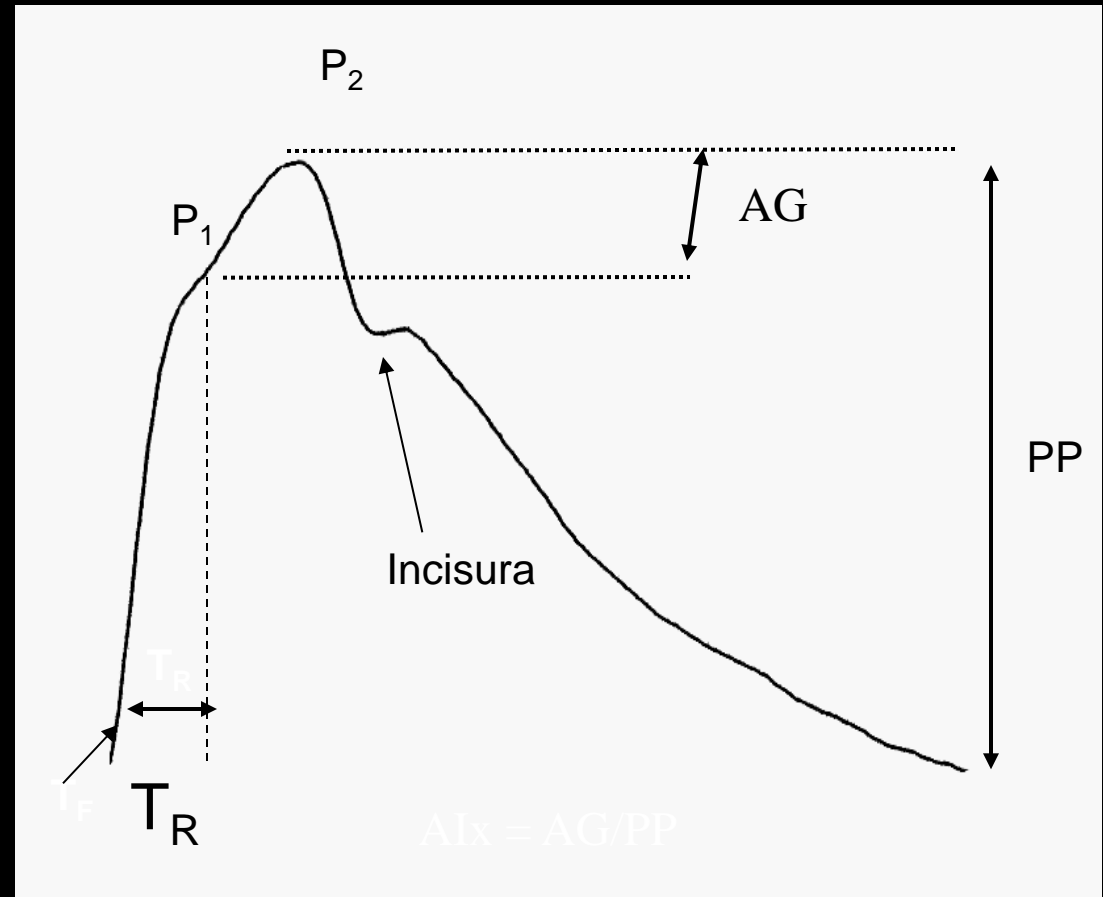
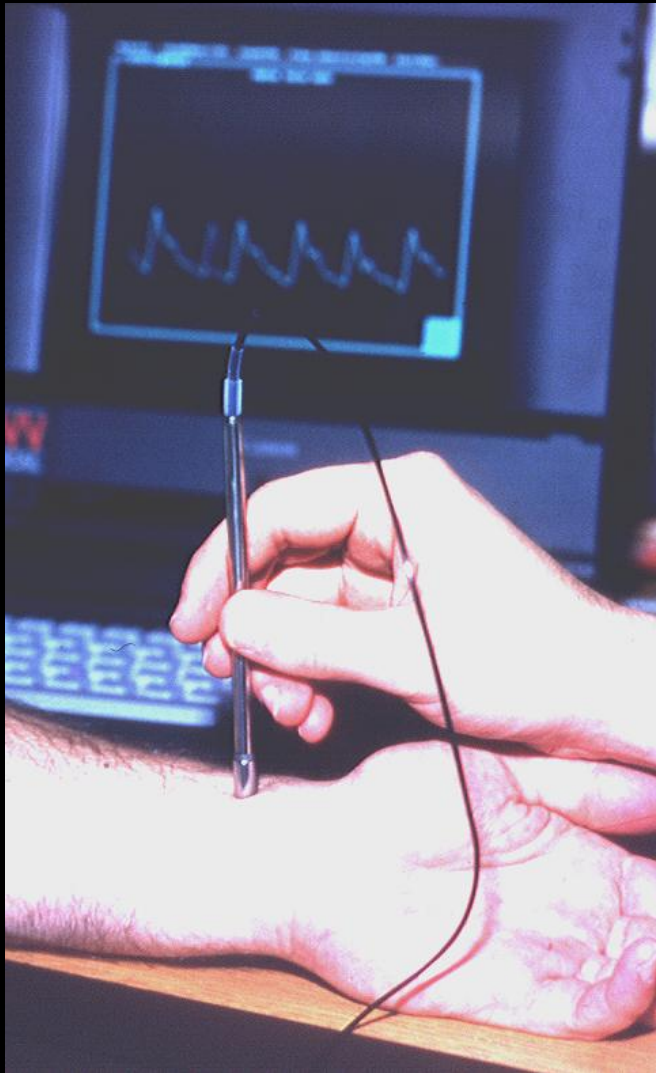
¹Clinical Pharmacology Unit, University of Cambridge, Addenbrooke's Hospital, Box 110, Cambridge CB2 2QQ, UK; ²Department of Cardiology, Wales Heart Research Institute, Cardiff CF14 4XN, UK; ³Division of Cardiology, Weill Cornell Medical College, New York, NY 10021, USA; and ⁴University of California, UCI School of Medicine, Irvine, CA 92697-4101, USA



The Basic Technique



Pulse Wave Analysis





EUROPEAN
SOCIETY OF
CARDIOLOGY*

European Heart Journal (2006) 27, 2588–2605

doi:10.1093/eurheartj/ehl254

Special article

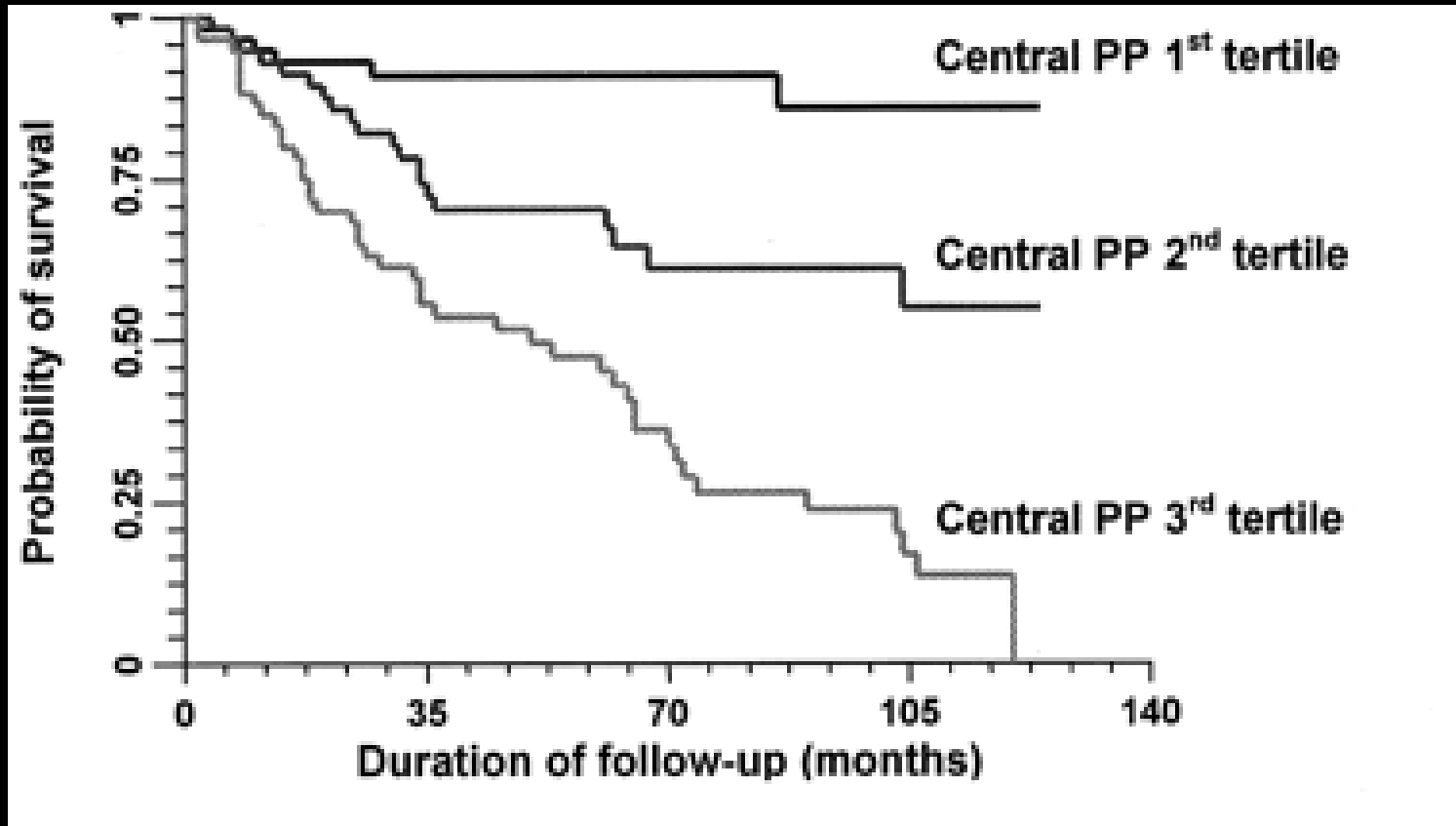
Expert consensus document on arterial stiffness: methodological issues and clinical applications

Stephane Laurent^{1*}, John Cockcroft², Luc Van Bortel³, Pierre Boutouyrie¹, Cristina Giannattasio⁴, Daniel Hayoz⁵, Bruno Pannier⁶, Charalambos Vlachopoulos⁷, Ian Wilkinson⁸, and Harry Struijker-Boudier⁹ on behalf of the European Network for Non-invasive Investigation of Large Arteries

Box 1: Position statement: Brachial and central PP.
Because of pulse pressure amplification between central and peripheral arteries, it is inaccurate to use brachial pulse pressure as a surrogate for aortic or carotid pulse pressure, particularly in young subjects.

Central Pulse Pressure Predicts Mortality in ESRF

n=180; mean age 25; 4 year follow up



Central Pressure More Strongly Relates to Vascular Disease and Outcome Than Does Brachial Pressure

The Strong Heart Study

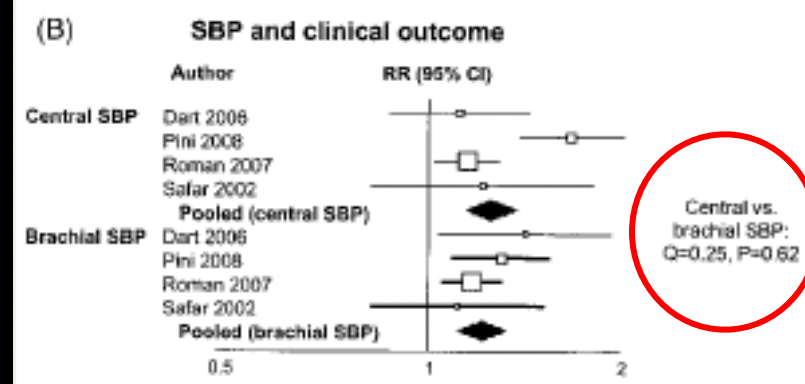
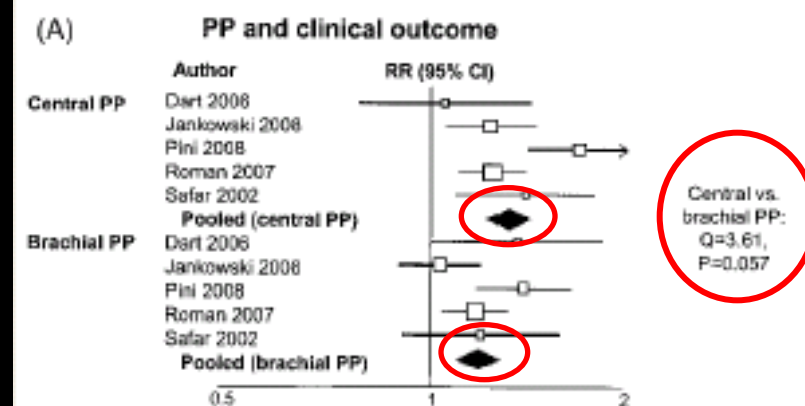
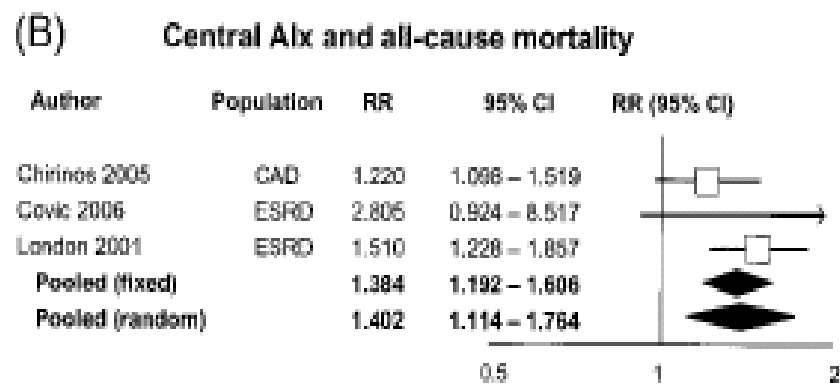
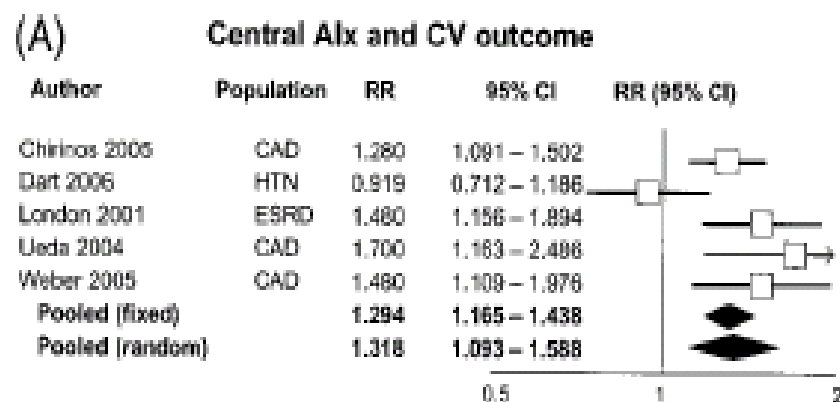
Mary J. Roman, Richard B. Devereux, Jorge R. Kizer, Elisa T. Lee, James M. Galloway, Tauqeer Ali, Jason G. Umans, Barbara V. Howard

TABLE 4. Multivariable Cox Models of Relation of Traditional Risk Factors and Central and Brachial Blood Pressures to Cardiovascular Outcome

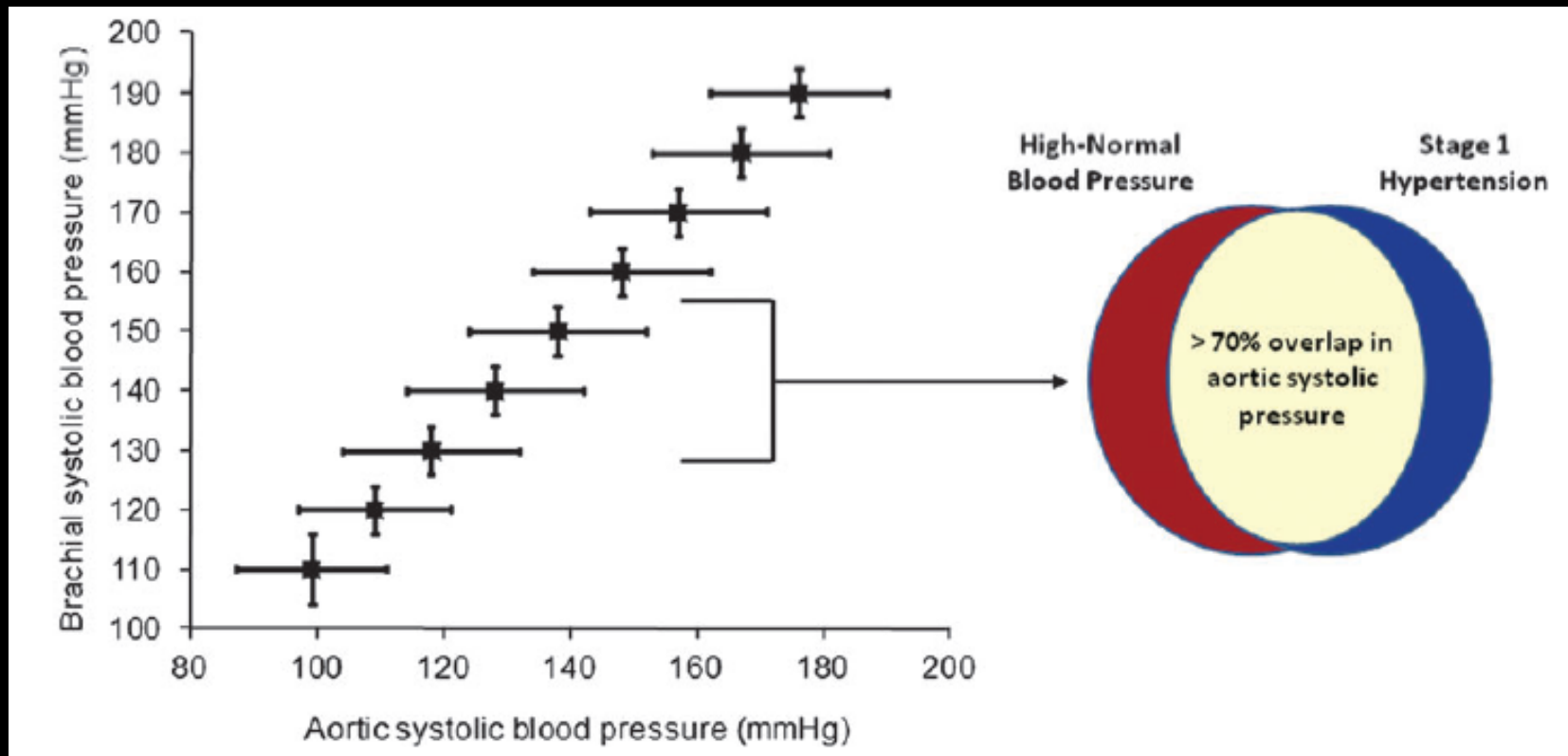
Variable	HR (95% CIs)	HR (95% CIs)	HR (95% CIs)	HR (95% CIs)	HR (95% CIs)
Age, year	1.06 (1.04–1.07)*	1.05 (1.04–1.07)*	1.06 (1.04–1.07)*	1.05 (1.03–1.07)*	1.05 (1.04–1.07)*
Male gender	1.13 (0.87–1.45)	1.17 (0.91–1.52)	1.13 (0.88–1.46)	1.22 (0.94–1.58)	1.10 (0.83–1.45)
BMI, kg/m ²	0.99 (0.97–1.01)	0.99 (0.97–1.01)	0.99 (0.97–1.01)	0.99 (0.97–1.01)	0.99 (0.97–1.01)
Smoking	1.45 (1.10–1.91)†	1.44 (1.09–1.89)†	1.42 (1.08–1.87)‡	1.39 (1.06–1.83)‡	1.37 (1.01–1.85)‡
Cholesterol:HDL	1.05 (0.98–1.13)	1.06 (0.99–1.13)	1.05 (0.98–1.13)	1.05 (0.98–1.13)	1.09 (1.01–1.18)‡
Creatinine, mg/dL	1.20 (1.12–1.28)*	1.18 (1.11–1.27)*	1.20 (1.12–1.28)*	1.18 (1.10–1.26)*	1.13 (1.03–1.23)‡
Fibrinogen, mg/dL	1.001 (1.000–1.002)†	1.001 (1.000–1.002)†	1.001 (1.000–1.002)†	1.001 (1.000–1.002)§	1.001 (1.000–1.002)‡
Diabetes mellitus	2.48 (1.91–3.22)*	2.44 (1.88–3.17)*	2.47 (1.91–3.21)*	2.41 (1.86–3.13)*	2.42 (1.838–3.22)*
Heart rate, bpm	1.012 (1.001–1.022)‡	1.013 (1.002–1.023)‡	1.013 (1.008–1.143)‡	1.012 (1.001–1.022)‡	1.013 (1.001–1.025)‡
Brachial SBP	1.08 (1.02–1.14)‡				
Brachial PP		1.10 (1.03–1.18)†			
Central SBP			1.07 (1.01–1.14)‡		
Central PP				1.15 (1.07–1.24)*	
Arterial stiffness					1.06 (1.01–1.11)‡

Prediction of cardiovascular events and all-cause mortality with central haemodynamics: a systematic review and meta-analysis

Charalambos Vlachopoulos^{1*†}, Konstantinos Aznaouridis^{1†}, Michael F. O'Rourke², Michel E. Safar³, Katerina Baou¹, and Christodoulos Stefanadis¹



Overlap in Aortic Systolic Pressure Despite no Overlap in Brachial Systolic Pressure (n=5648)



2003 European Society of Hypertension – European Society of Cardiology guidelines for the management of arterial hypertension*

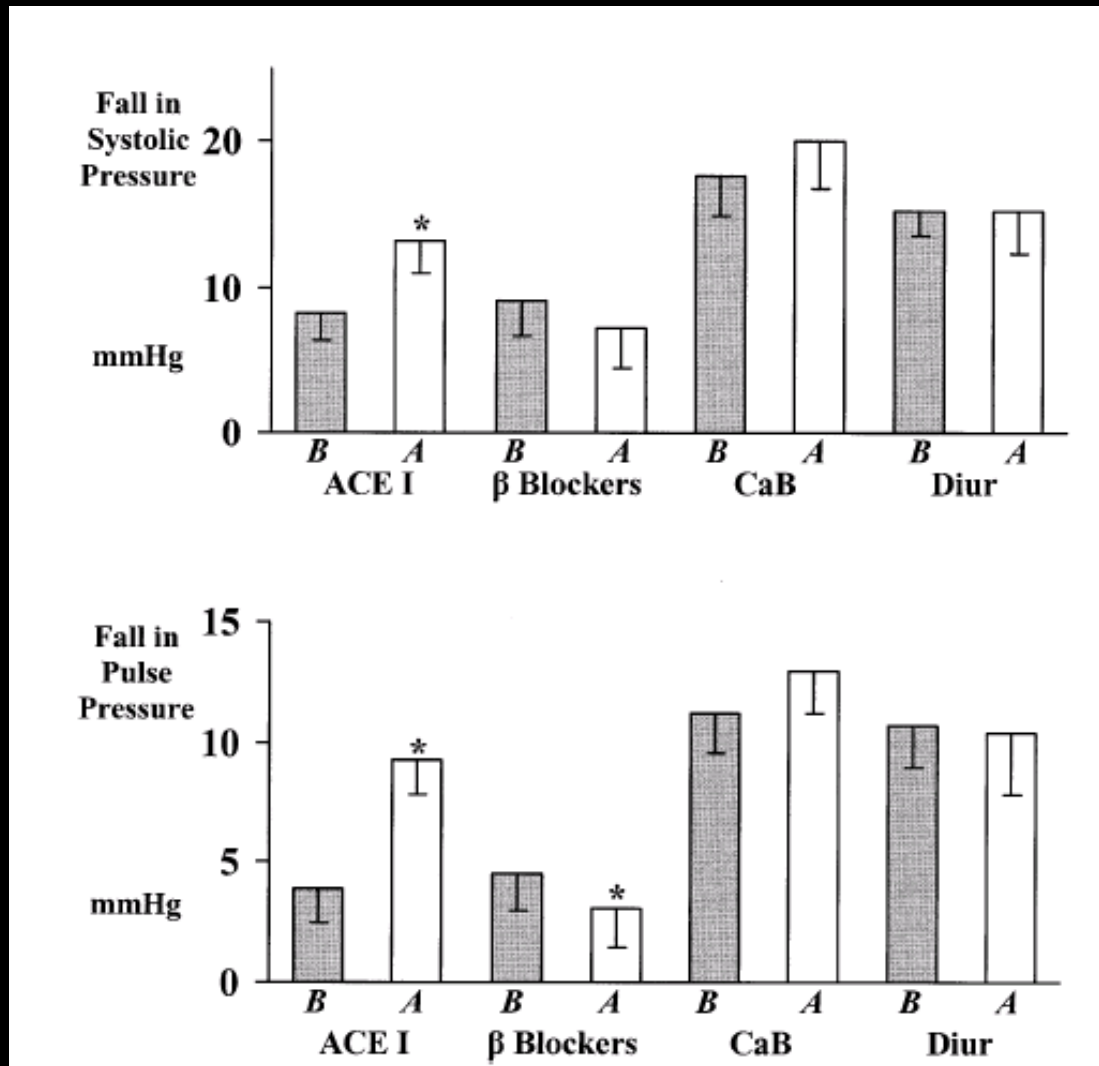
Guidelines Committee**

Journal of Hypertension 2003, 21:1011–1053

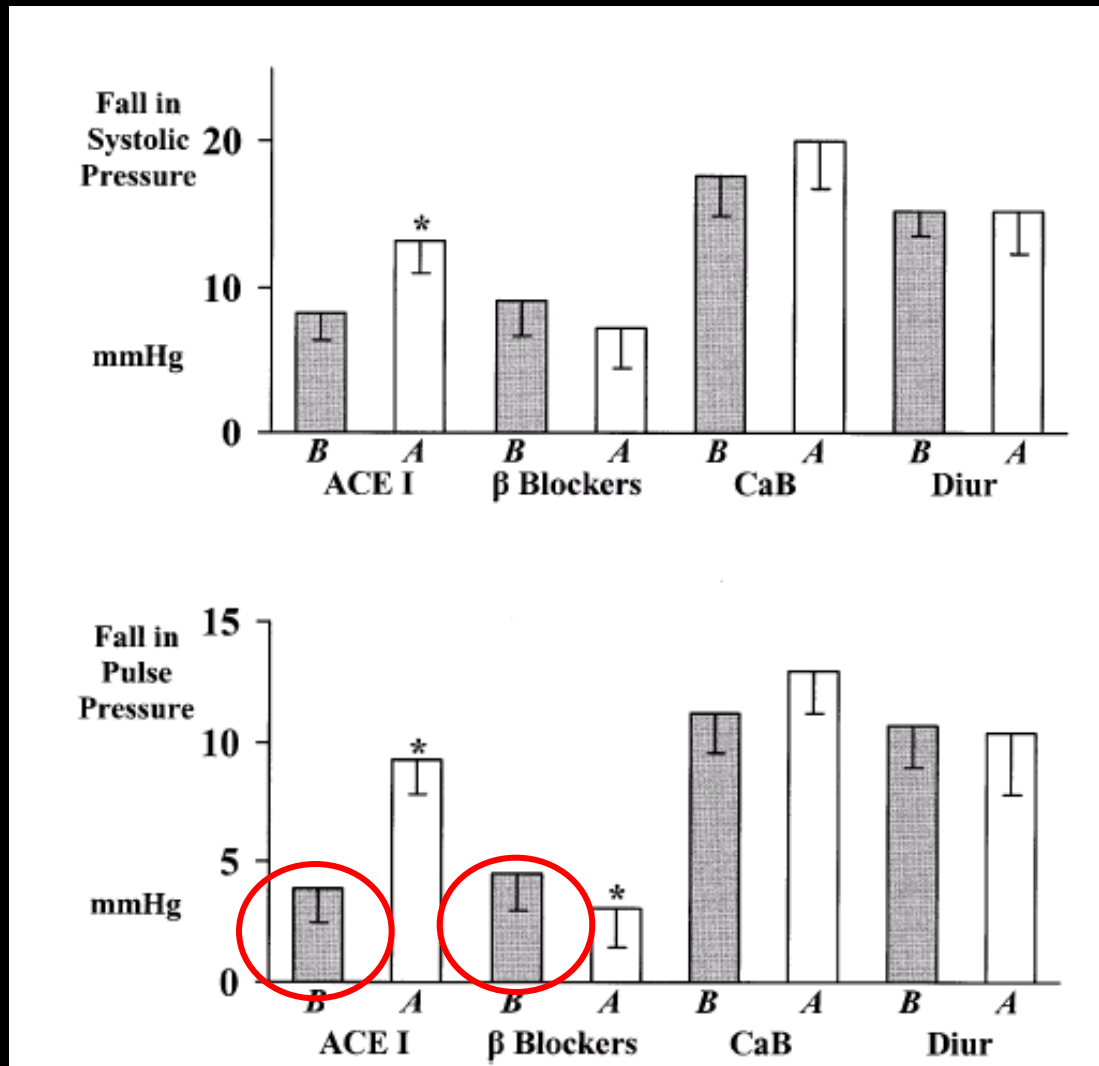
Central Blood Pressure

Is it differentially affected by drugs....?

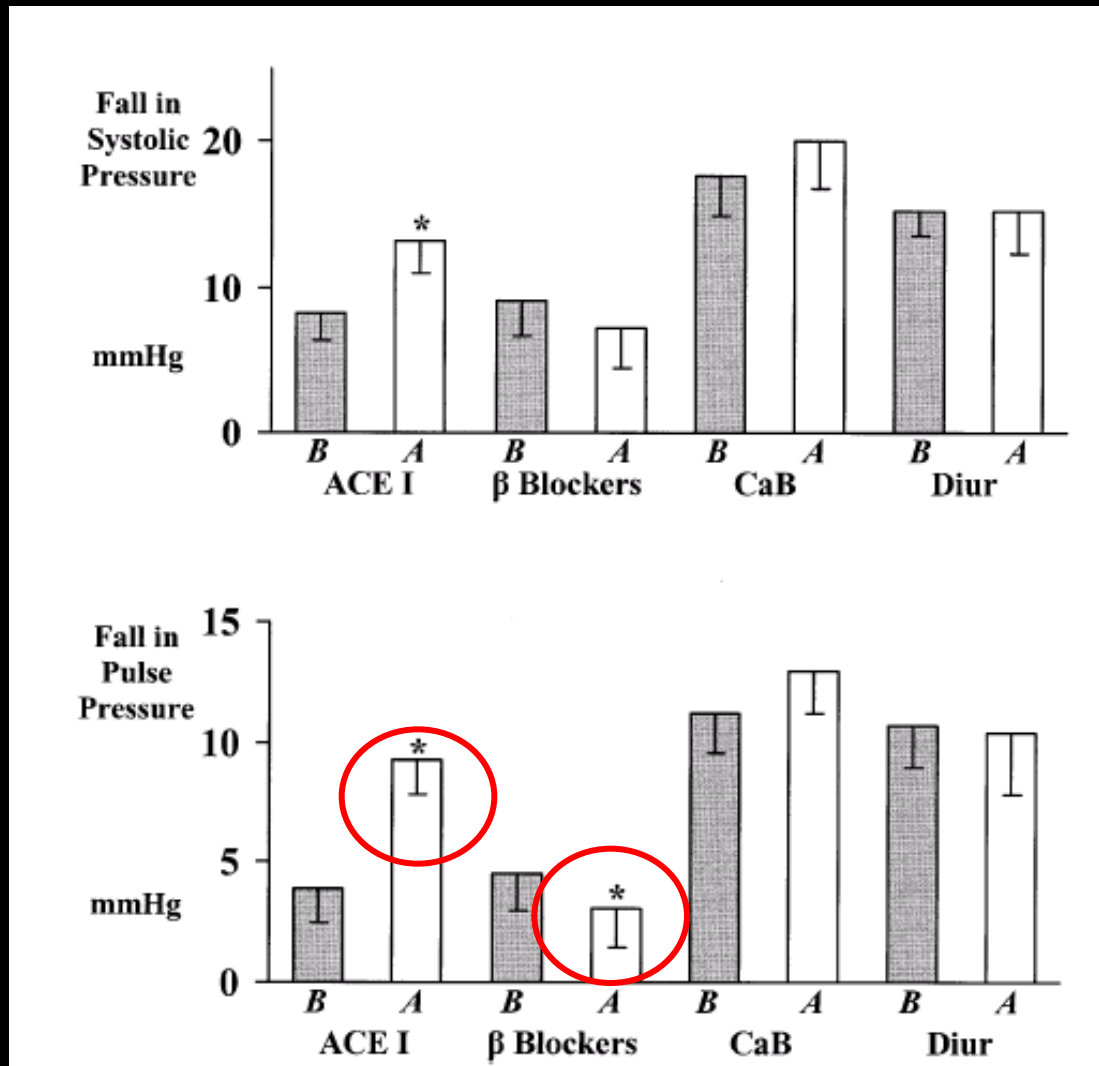
Fall in SBP and PP at Brachial Artery and Aortic Root with Different Classes of Antihypertensive Agent



Fall in SBP and PP at Brachial Artery and Aortic Root with Different Classes of Antihypertensive Agent

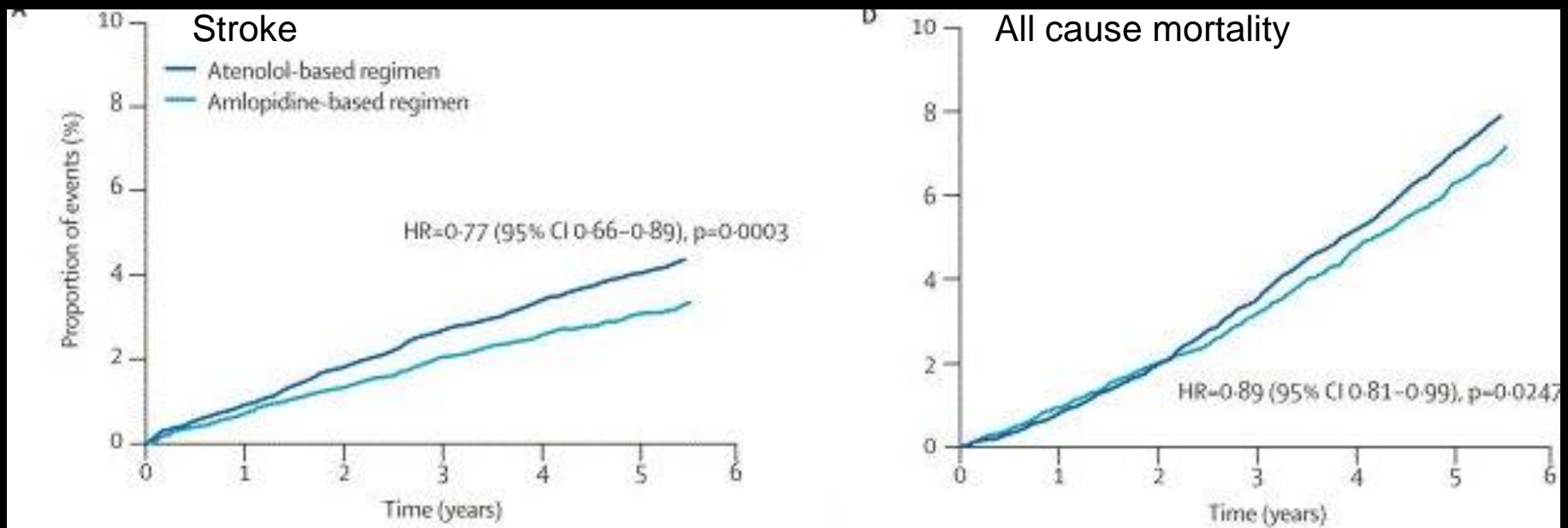


Fall in SBP and PP at Brachial Artery and Aortic Root with Different Classes of Antihypertensive Agent

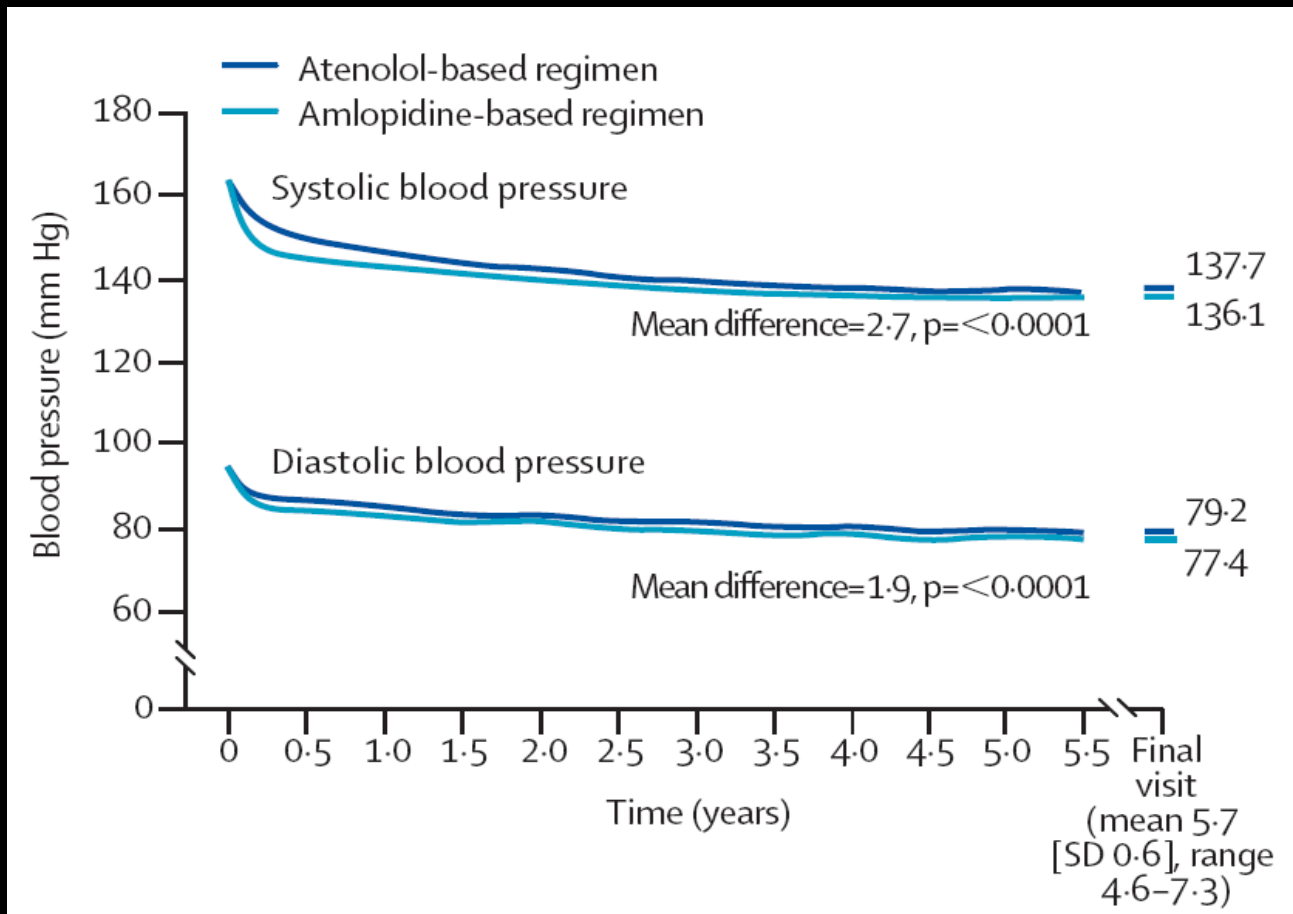


ASCOT Study

n=19,257, mean age 63



Blood Pressure in ACSOT



Benefit beyond blood pressure
reduction.....?

Hypertension

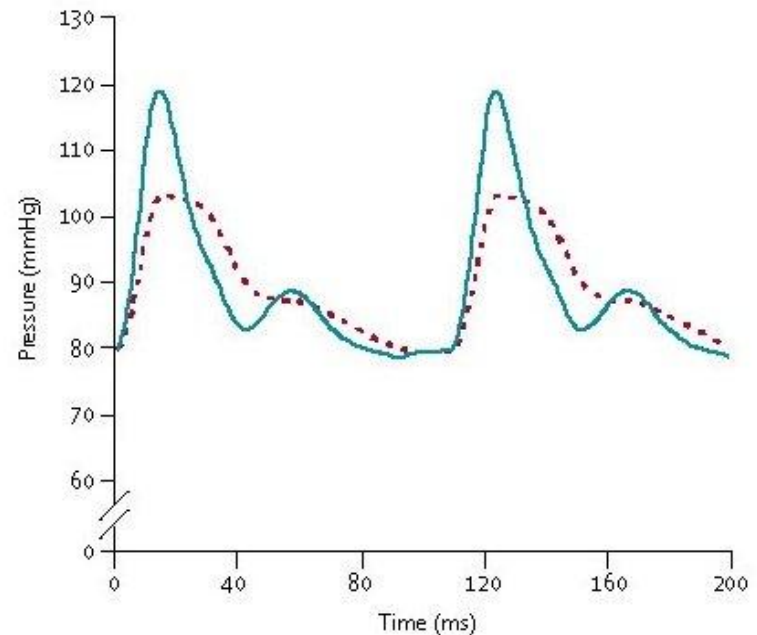
Differential Impact of Blood Pressure–Lowering Drugs on Central Aortic Pressure and Clinical Outcomes

Principal Results of the Conduit Artery Function Evaluation (CAFE) Study

The CAFE Investigators, for the Anglo-Scandinavian Cardiac Outcomes Trial (ASCOT) Investigators

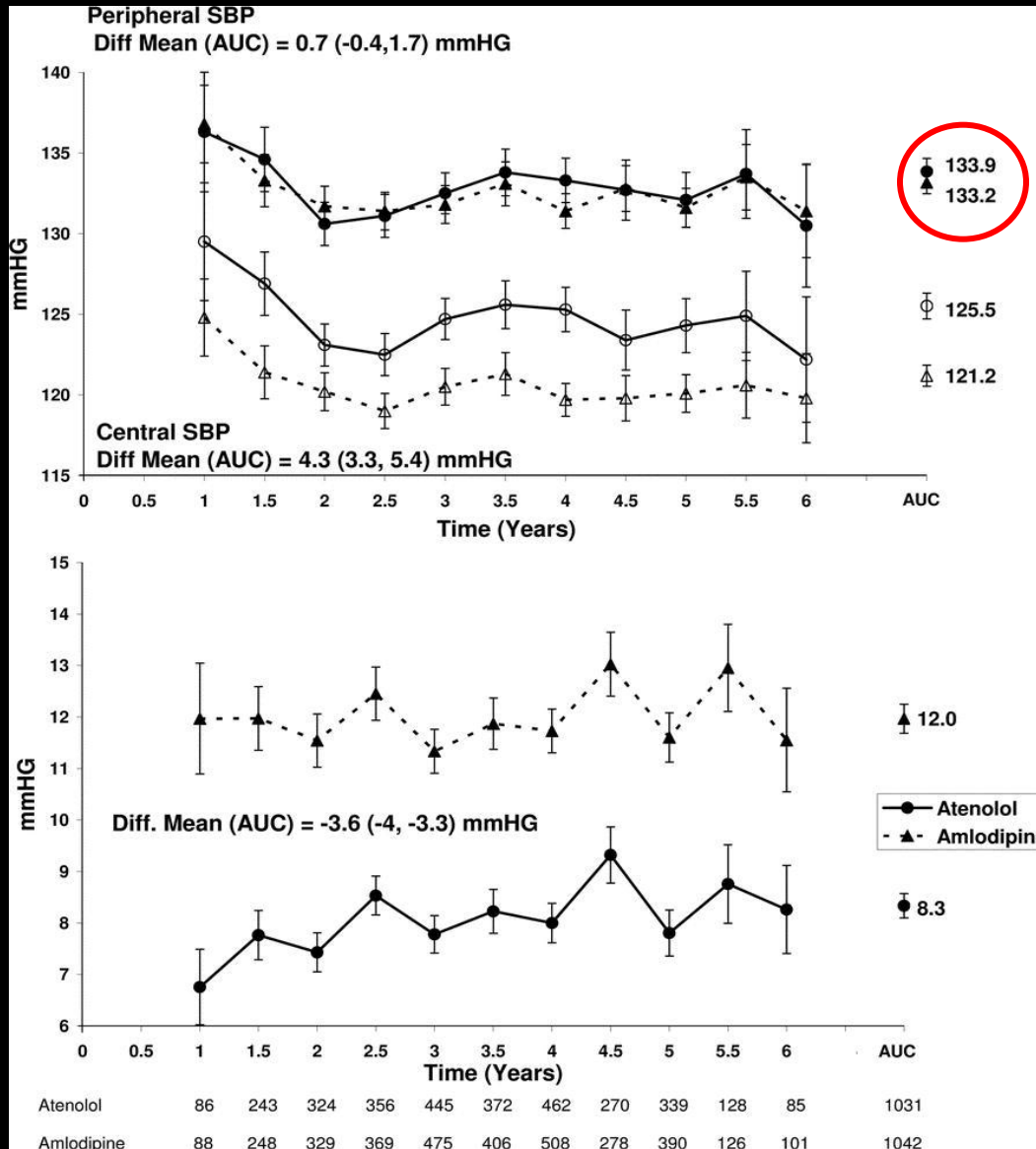
CAFE Steering Committee and Writing Committee: Bryan Williams, MD, FRCP; Peter S. Lacy, PhD; Simon M. Thom, MD, FRCP; Kennedy Cruickshank, MD; Alice Stanton, MB, PhD, FRCPI; David Collier, MBBS, PhD; Alun D. Hughes, MBBS, PhD; H. Thurston, MD, FRCP

Study Advisor: Michael O'Rourke, MD, FRACP



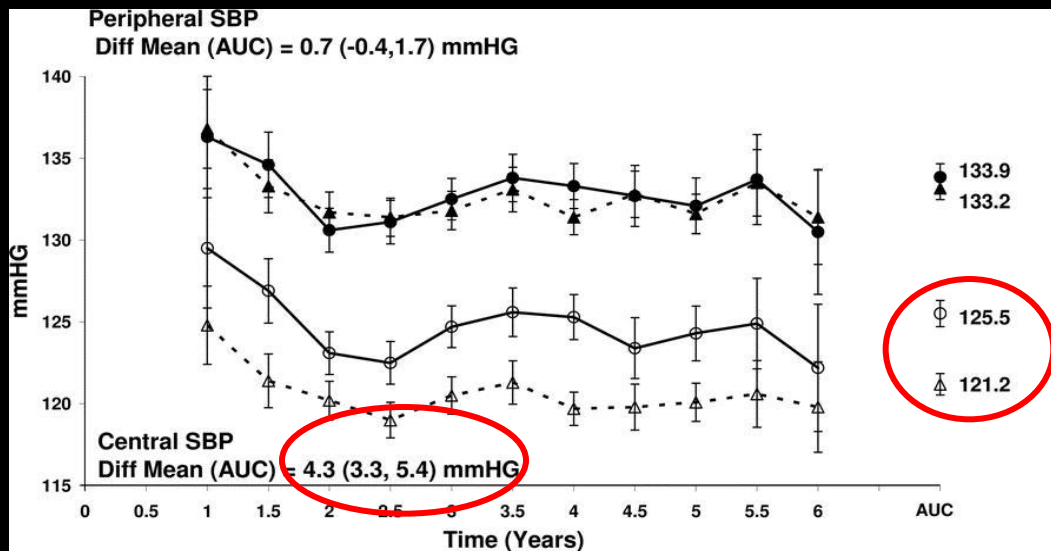
Effects of Atenolol / Thiazide and Amlodipine / Perindopril on Systolic Blood Pressure in the CAFÉ Study

Systolic BP

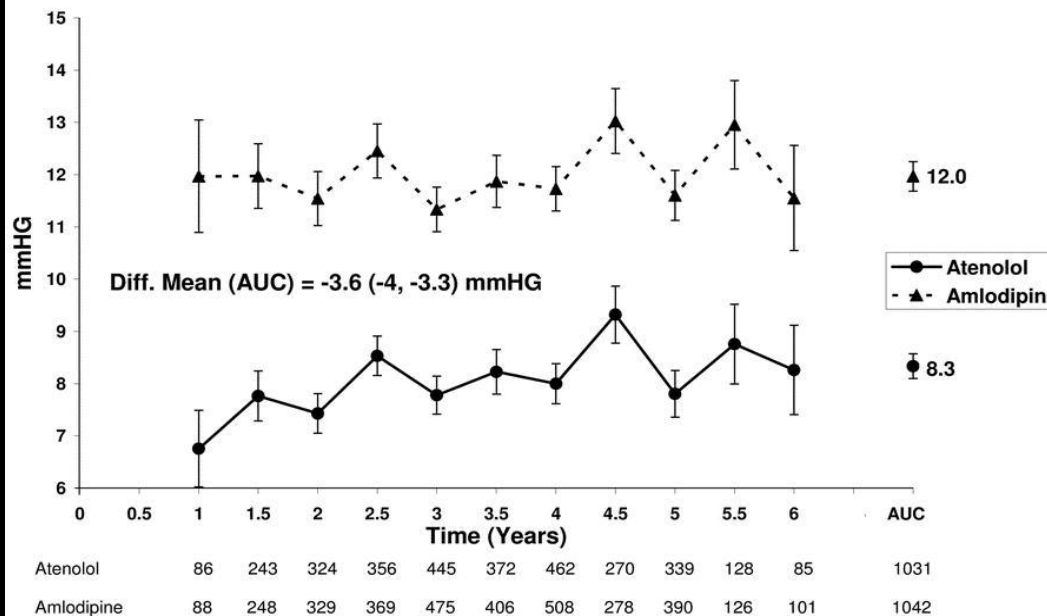


Effects of Atenolol / Thiazide and Amlodipine / Perindopril on Systolic Blood Pressure in the CAFÉ Study

Systolic BP

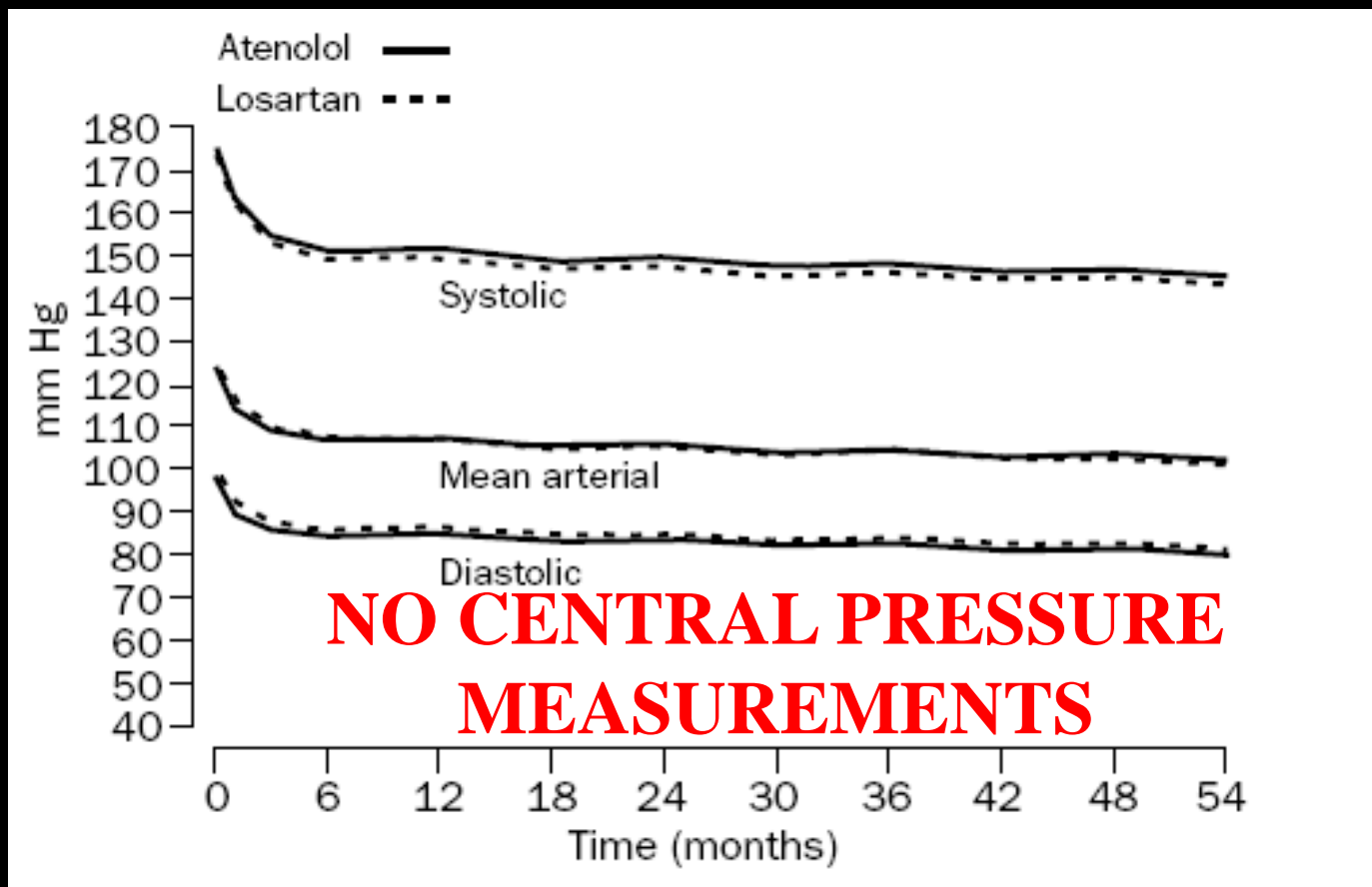


Systolic Pressure Difference (Brachial minus Central Aortic)



Cardiovascular morbidity and mortality in the Losartan Intervention For Endpoint reduction in hypertension study (LIFE): a randomised trial against atenolol

*Björn Dahlöf, Richard B Devereux, Sverre E Kjeldsen, Stevo Julius, Gareth Beevers, Ulf de Faire, Frej Fyhrquist, Hans Ibsen, Krister Kristiansson, Ole Lederballe-Pedersen, Lars H Lindholm, Markku S Nieminen, Per Omvik, Suzanne Oparil, Hans Wedel, for the LIFE study group**

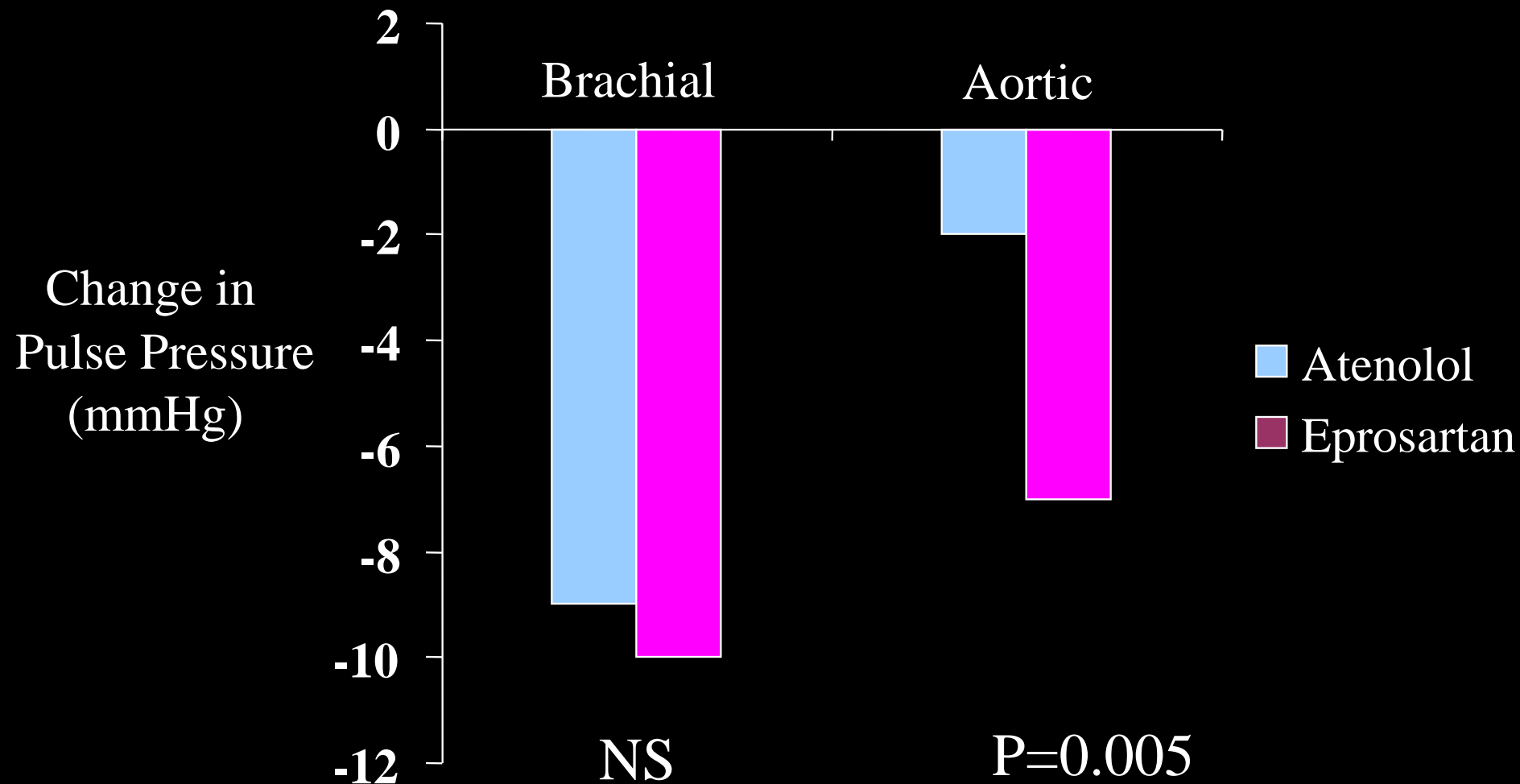


Atenolol and Eprosartan: Differential Effects on Central Blood Pressure and Aortic Pulse Wave Velocity

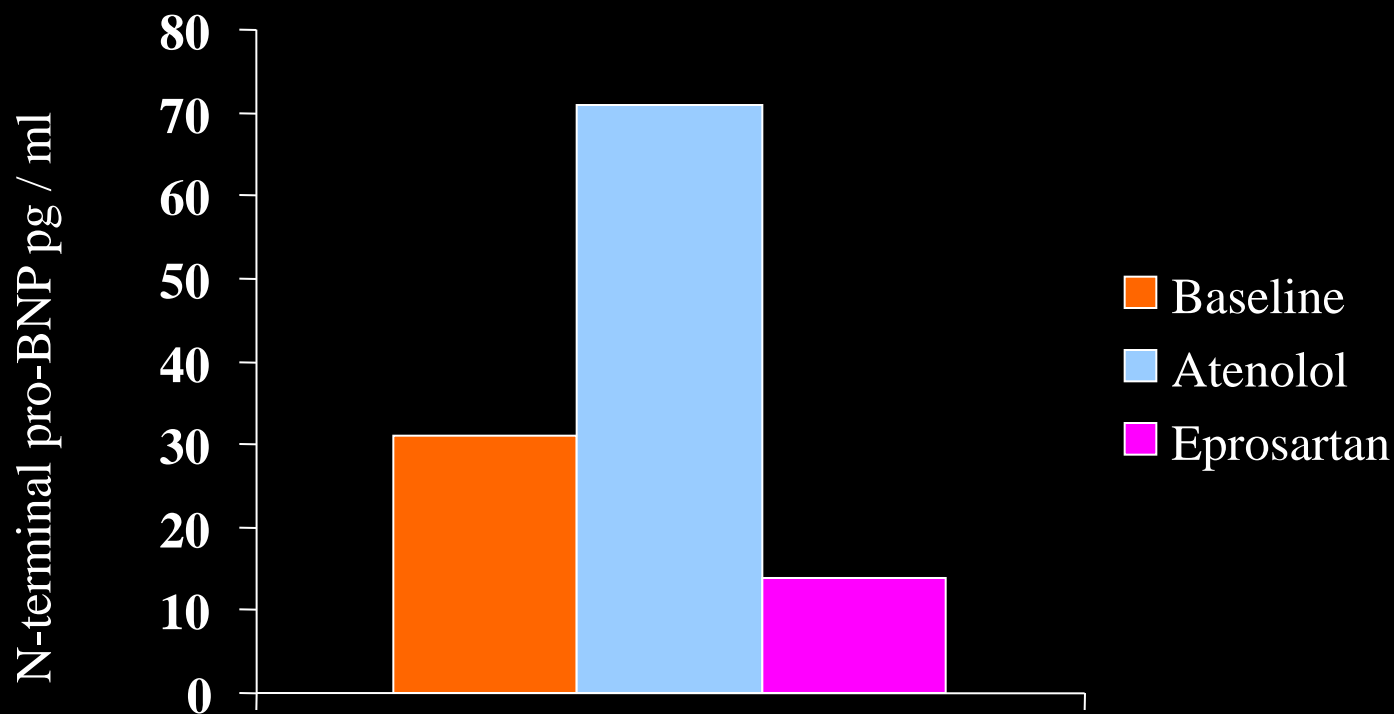
Zahid Dhakam, Carmel M. McEniery, Yasmin,
John R. Cockcroft, Morris J. Brown, and Ian B. Wilkinson

Double Blind Randomised Cross Over Study

Differential Effects of Eprosartan and Atenolol on Brachial and Aortic Pulse Pressures



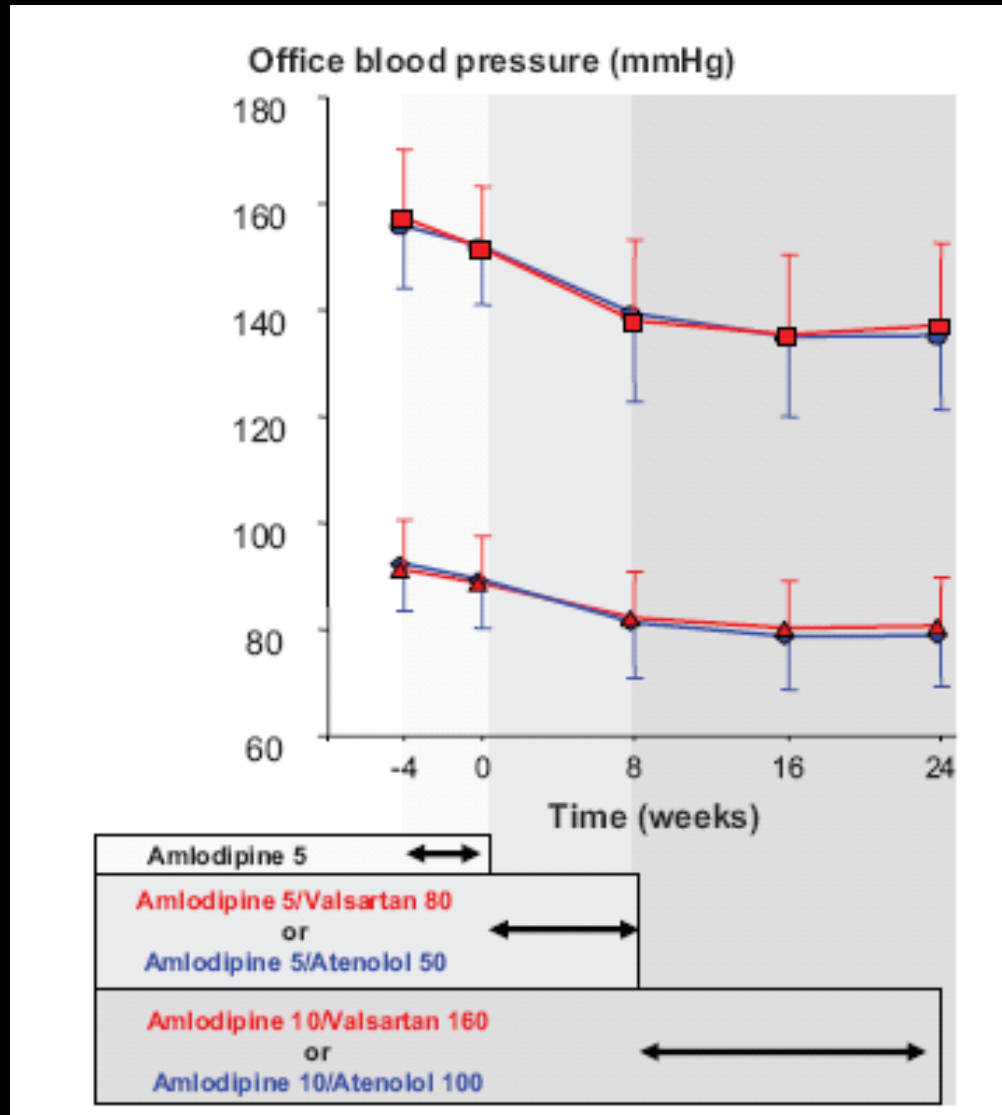
Effect of Eprosartan or Atenolol on N-terminal pro-BNP



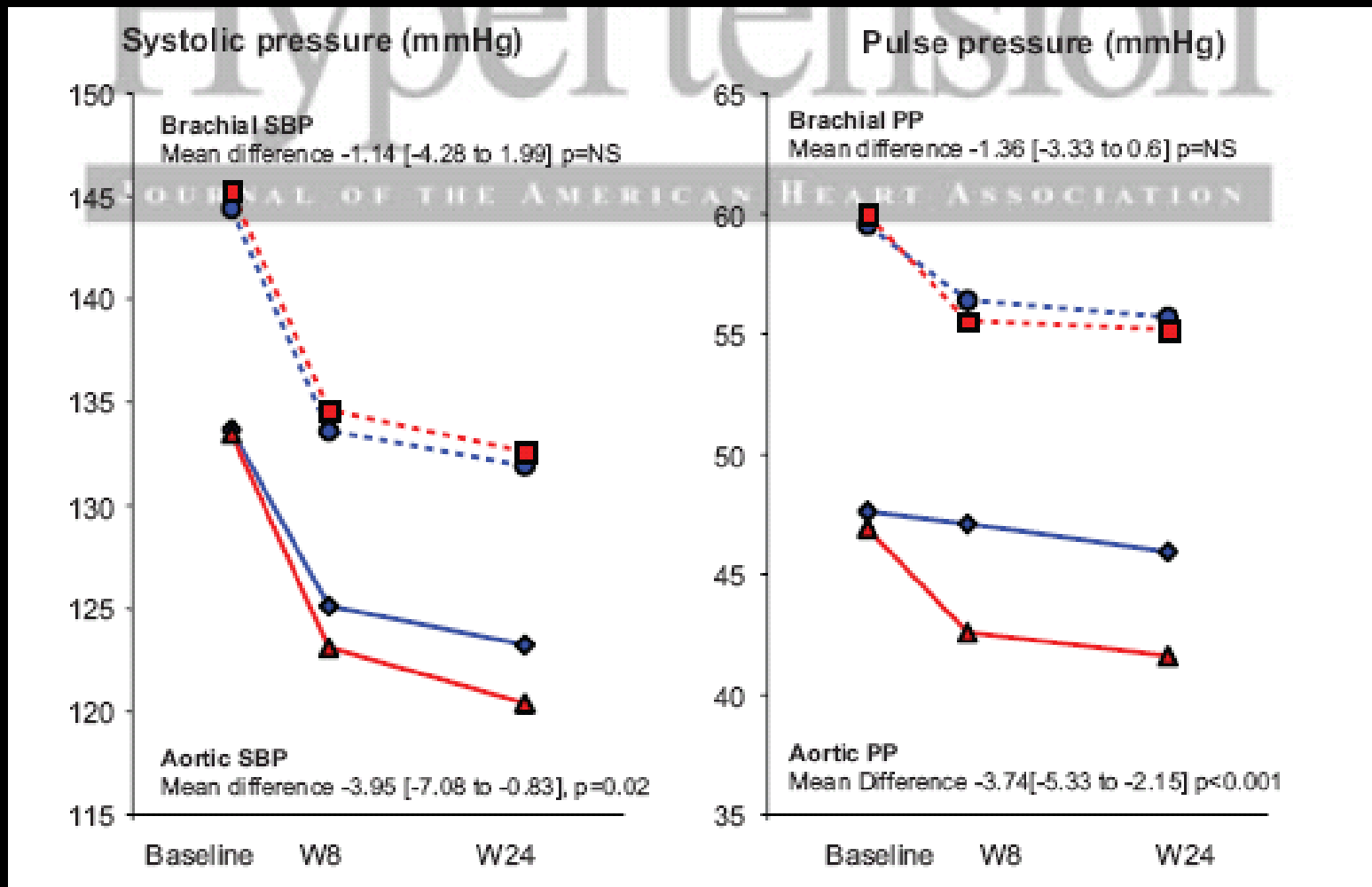
**Amlodipine-Valsartan Combination Decreases Central
Systolic Blood Pressure More Effectively Than the
Amlodipine-Atenolol Combination
The EXPLOR Study**

Pierre Boutouyrie, Assya Achouba, Patrick Trunet, Stéphane Laurent, for the EXPLOR Trialist Group

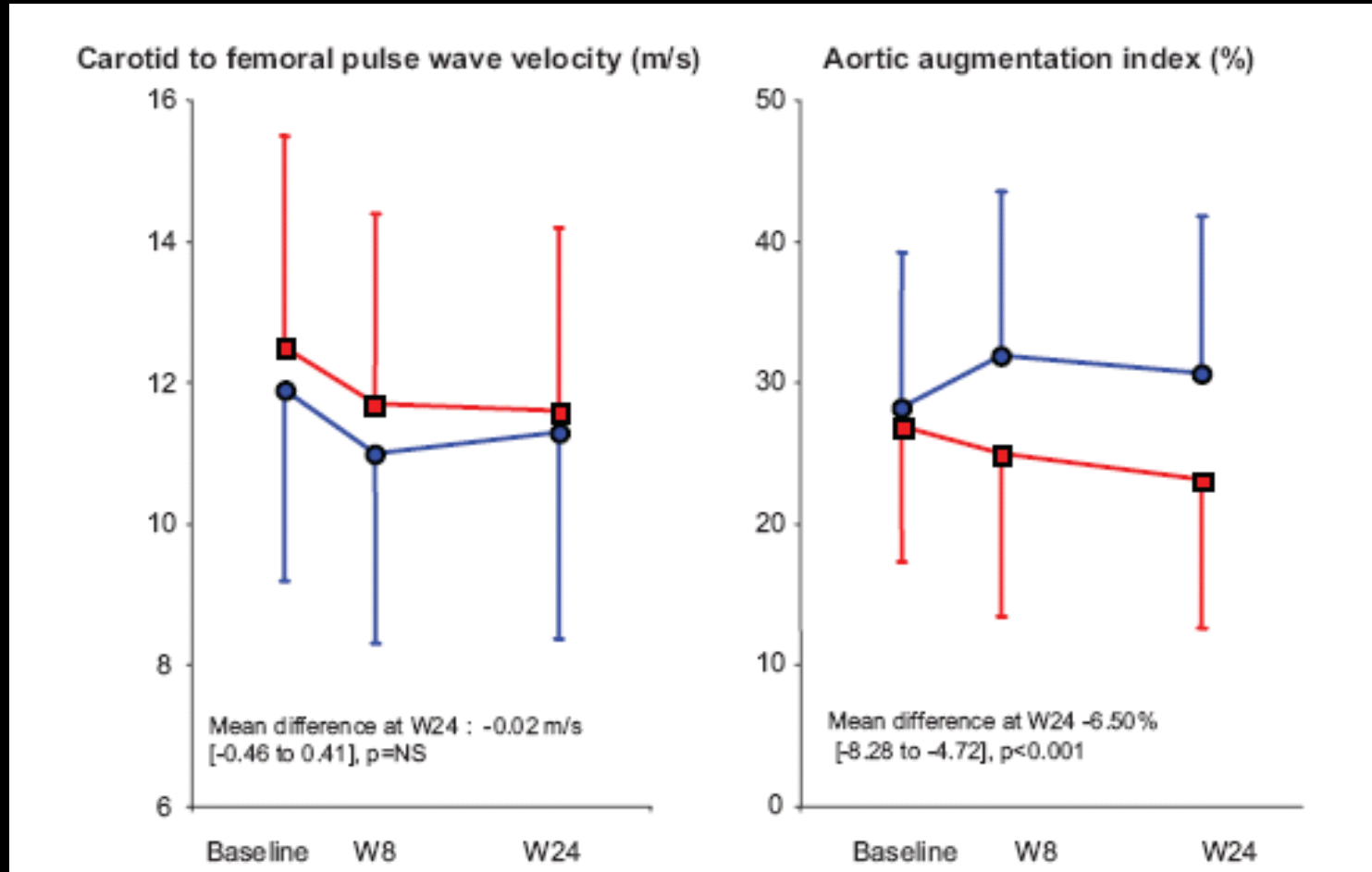
Effect of Amlodipine/Valsartan or Amlodipine/Atenolol on Peripheral Blood Pressure



Effect of Amlodipine/Valsartan or Amlodipine/Atenolol on Central Blood Pressure



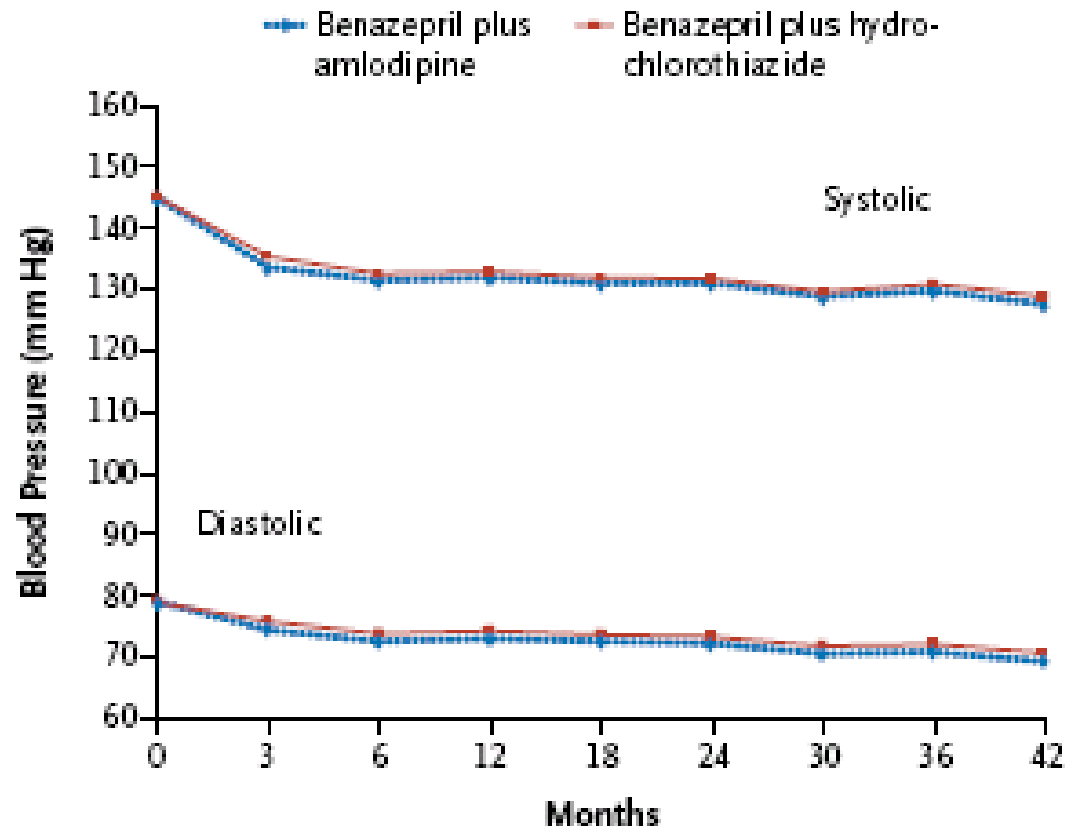
Effect of Amlodipine/Valsartan or Amlodipine/Atenolol on aPWV and AIx



Benazepril plus Amlodipine or Hydrochlorothiazide for Hypertension in High-Risk Patients

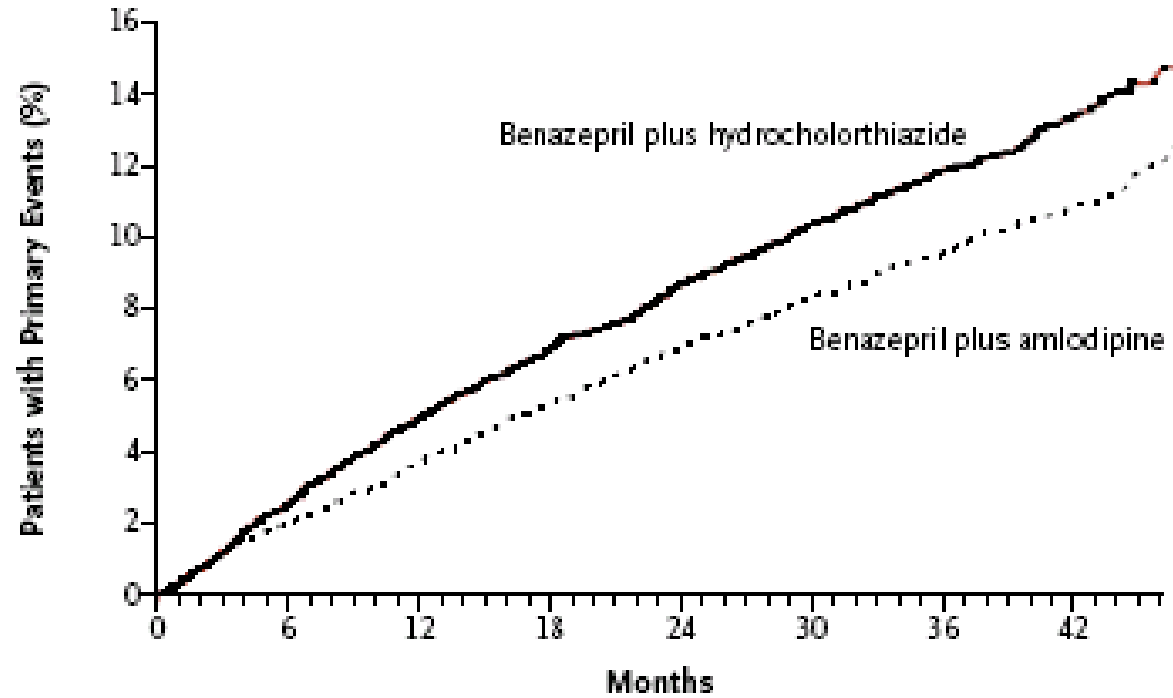
Kenneth Jamerson, M.D., Michael A. Weber, M.D., George L. Bakris, M.D., Björn Dahlöf, M.D., Bertram Pitt, M.D.,
Victor Shi, M.D., Allen Hester, Ph.D., Jitendra Gupte, M.S., Marjorie Gatlin, M.D., and Eric J. Velazquez, M.D.,
for the ACCOMPLISH trial investigators*

Effects of Treatment on Systolic and Diastolic Blood Pressure



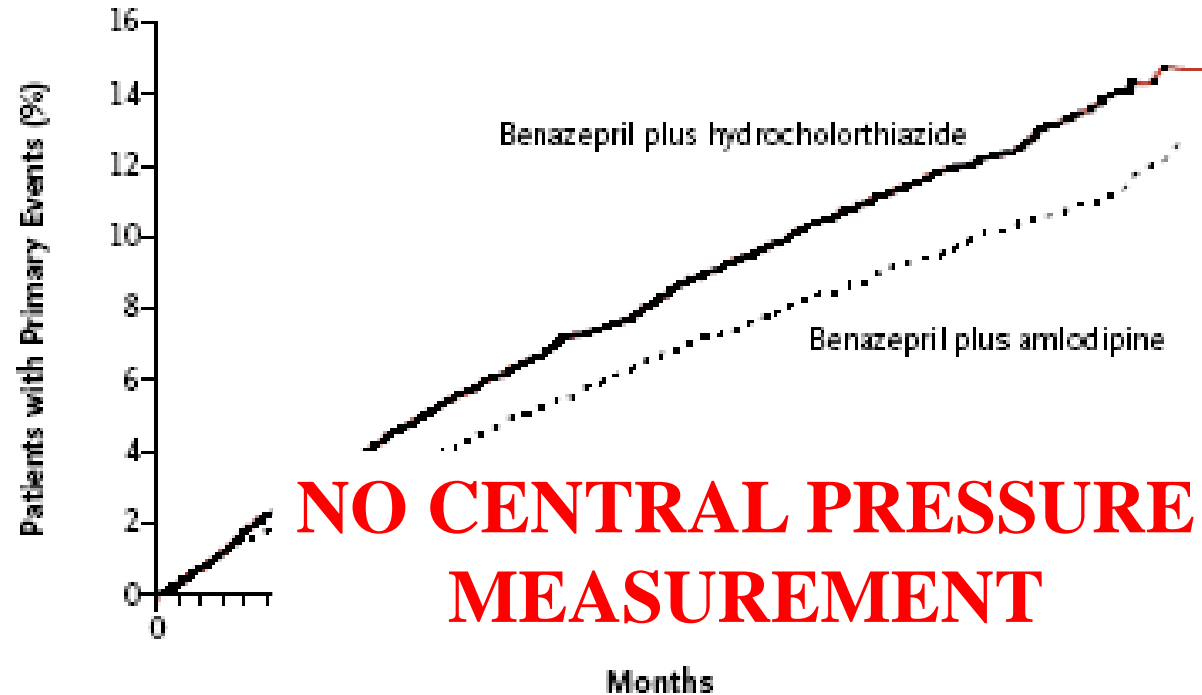
No. at Risk	
Benazepril plus amlodipine	5740 5517 5404 5178 5010 4866 4298 2804 1074
Benazepril plus hydrochlorothiazide	5757 5537 5408 5222 5033 4825 4299 2529 1042

Effects of Treatment on Primary Composite End Point



No. at Risk	0	6	12	18	24	30	36	42	48
Benazepril plus amlodipine	5512	5317	5141	4959	4739	2826	1447		
Benazepril plus hydrochlorothiazide	5483	5274	5082	4892	4655	2749	1390		

Effects of Treatment on Primary Composite End Point



No. at Risk

Benazepril plus amlodipine	5512	5317	5141	4959	4739	2826	1447
Benazepril plus hydrochlorothiazide	5483	5274	5082	4892	4655	2749	1390

Differential Effects Between a Calcium Channel Blocker and a Diuretic When Used in Combination With Angiotensin II Receptor Blocker on Central Aortic Pressure in Hypertensive Patients

Yoshio Matsui, Kazuo Eguchi, Michael F. O'Rourke, Joji Ishikawa, Hiroshi Miyashita, Kazuyuki Shimada, Kazuomi Kario

Changes in Aortic Parameters in the Olmesartan/Azelnidipine And Olmesartan/Hydrochlorothiazide Groups

Variable	Olmesartan/Azelnidipine (n=103)	Olmesartan/HCTZ (n=104)	Between-Group Difference*	P*
Aortic PWV, m/s				
Baseline	10.2±2.0	10.3±2.2		
End of study	8.9±1.9	9.8±2.2		
End of study*	8.9 (8.7 to 9.2)	9.7 (9.5 to 10.0)	0.8 (0.5 to 1.1)	<0.001
Aortic Alx, %				
Baseline	34.7±6.3	34.6±8.1		
End of study	31.2±8.5	32.0±9.6		
End of study*	30.7 (29.3 to 32.2)	31.8 (30.4 to 33.2)	1.1 (-1.0 to 3.0)	0.30
Aortic Alx@75, %				
Baseline	31.7±6.3	31.4±6.8		
End of study	26.0±7.5	28.4±7.9		
End of study*	25.4 (24.3 to 26.5)	28.2 (27.2 to 29.3)	2.8 (1.3 to 4.4)	<0.001

Changes in Brachial Blood Pressure in the Olmesartan/ Azelnidipine and Olmesartan/Hydrochlorothiazide Groups

Variable	Olmesartan/Azelnidipine (n=103)	Olmesartan/HCTZ (n=104)	Between-Group Difference*	P*
Brachial SBP, mm Hg				
Baseline	153.9±18.3	155.0±19.4		
End of study	131.8±18.8	134.4±21.2		
End of study*	131.7 (128.2 to 135.2)	134.4 (130.9 to 137.8)	2.6 (-2.2 to 7.5)	0.29
Brachial DBP, mm Hg				
Baseline	83.3±10.0	82.9±10.5		
End of study	71.2±9.1	74.4±10.5		
End of study*	71.2 (69.6 to 72.7)	74.3 (72.8 to 75.9)	3.2 (1.0 to 5.4)	0.005
Brachial PP, mm Hg				
Baseline	70.5±16.4	72.1±17.3		
End of study	60.6±15.9	60.0±18.0		
End of study*	60.6 (58.1 to 63.2)	59.9 (57.4 to 62.4)	-0.8 (-4.3 to 2.8)	0.68
MAP, mm Hg				
Baseline	109.0±11.6	109.0±12.0		
End of study	91.2±11.6	95.8±13.2		
End of study*	91.2 (89.0 to 93.3)	95.7 (93.5 to 97.8)	4.5 (1.5 to 7.6)	0.004

Changes in Central Blood Pressure in the Olmesartan/ Azelnidipine and Olmesartan/Hydrochlorothiazide Groups

Central SBP, mm Hg				
Baseline	143.8±17.5	145.1±19.5		
End of study	120.1±18.4	125.3±21.4		
End of study*	119.9 (116.4 to 123.5)	125.1 (121.6 to 128.6)	5.2 (0.3 to 10.2)	0.039
Central DBP, mm Hg				
Baseline	84.6±10.2	84.0±10.6		
End of study	72.1±9.3	75.3±10.7		
End of study*	72.1 (70.5 to 73.6)	75.3 (73.8 to 76.9)	3.3 (1.1 to 5.5)	0.004
Central PP, mm Hg				
Baseline	59.2±15.6	61.0±17.3		
End of study	48.0±15.1	50.0±18.0		
End of study*	47.9 (45.3 to 50.5)	49.7 (47.1 to 52.3)	1.8 (-1.9 to 5.4)	0.33
HR, bpm				
Baseline	68.8±11.7	68.2±11.7		
End of study	64.9±10.3	67.4±11.8		
End of study*	64.9 (63.5 to 66.2)	67.7 (66.4 to 69.1)	2.9 (0.9 to 4.8)	0.004

Comparison of the Effects of Antihypertensive Agents on Central Blood Pressure and Arterial Stiffness in Isolated Systolic Hypertension

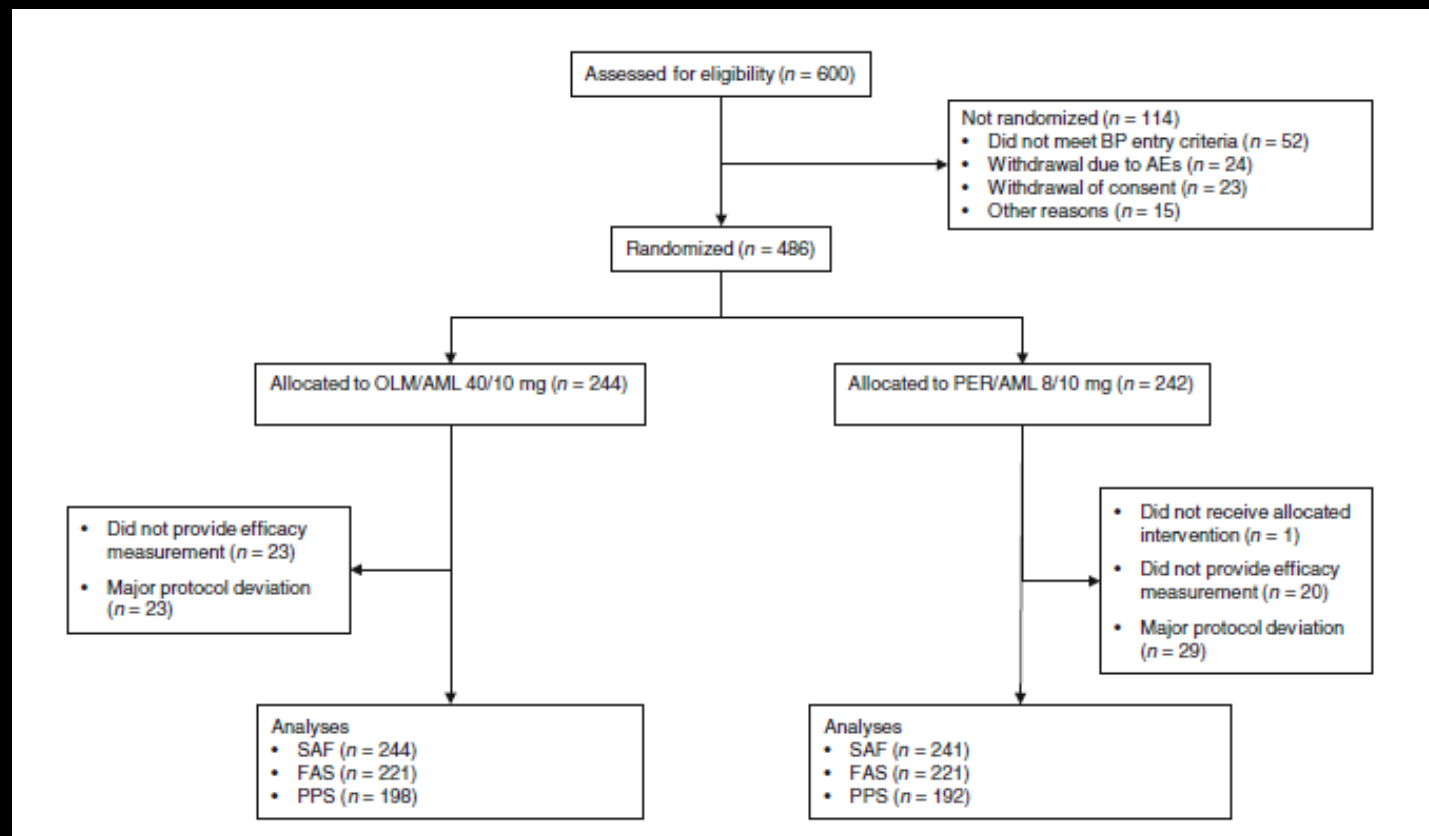
Isla S. Mackenzie, Carmel M. McEniery, Zahid Dhakam, Morris J. Brown,
John R. Cockcroft, Ian B. Wilkinson

Table 2. Hemodynamic Indices Before and After the 10-Week Active Therapy Period

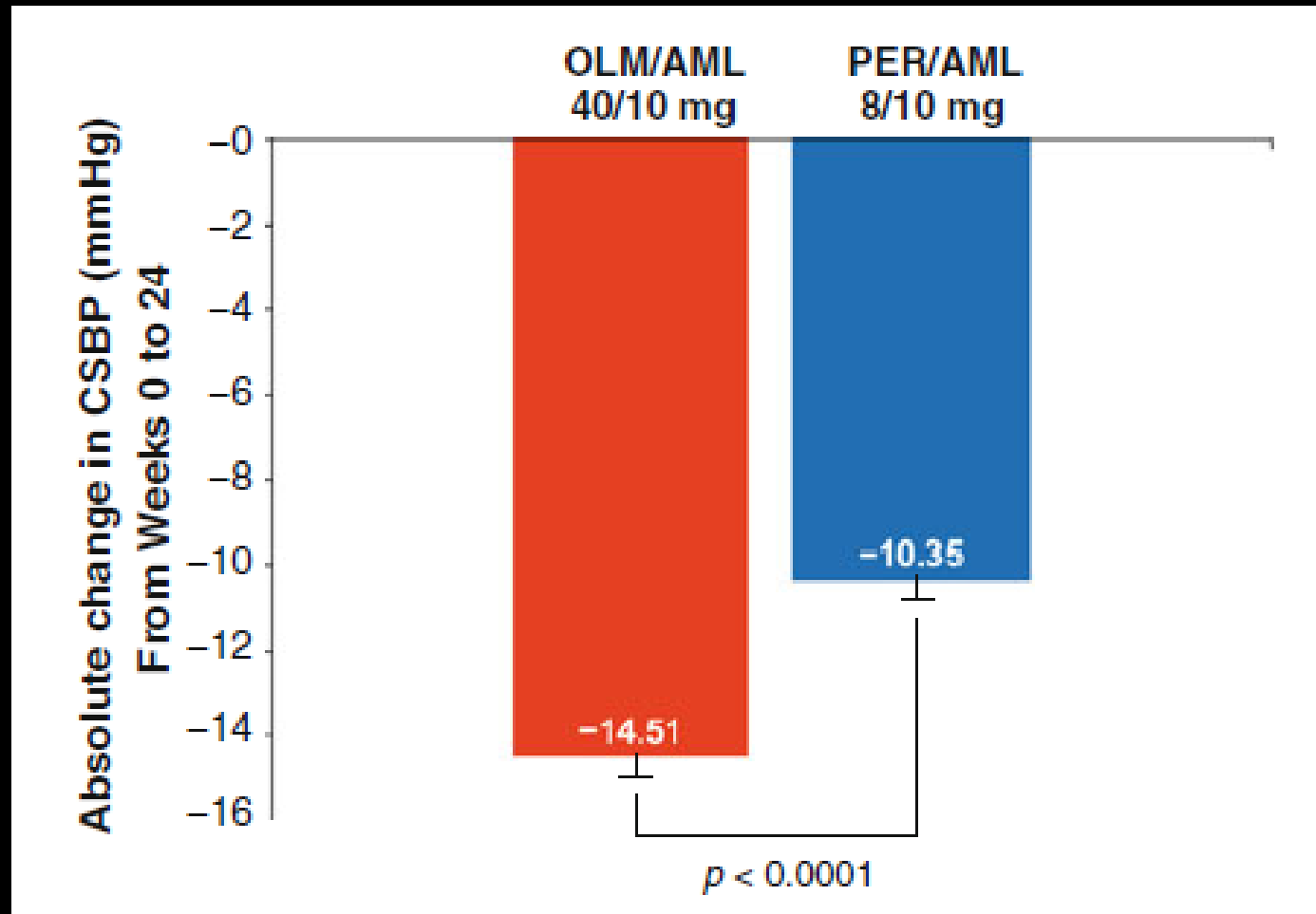
Parameter	Perindopril		Atenolol		Lercanidipine		Bendrofluazide		2-Way ANOVA, Time, Drug
	Placebo	10 wk	Placebo	10 wk	Placebo	10 wk	Placebo	10 wk	
Peripheral SBP, mm Hg	153±3	136±4*	156±2	138±4*	146±2	133±3*	154±3	140±3*	<0.001, 0.1
Peripheral DBP, mm Hg	80±2	75±2*	84±2	78±3*	80±2	79±3	85±2	82±3	<0.001, 0.3
Peripheral PP, mm Hg	72±4	61±4*	72±3	62±3*	66±3	54±4*	69±4	58±4*	<0.001, 0.3
Central SBP, mm Hg	140±4	123±4*	144±3	130±4*	132±2	118±3*	139±2	126±2*	<0.001, 0.02‡
Central PP, mm Hg	58±4	46±3*	59±2	53±3	51±3	38±4*	53±4	42±3*	<0.001, 0.02‡§
P1 height, mm Hg	42±3	36±3*	42±2	35±2*	37±2	30±2*	39±2	32±2*	<0.001, 0.1
PP amplification	1.33±0.08	1.35±0.06	1.24±0.03	1.17±0.02*	1.31±0.04	1.42±0.06	1.33±0.04	1.38±0.04	0.2, 0.03‡
MAP, mm Hg	104±2	96±2*	108±2	97±3*	102±2	97±2	109±2	102±2*	<0.001, 0.1
HR, bpm	71±3	73±3	67±2	57±3*	73±2	75±3	75±3	77±3	0.4, 0.001†‡§
AP, mm Hg	15±2	10±2*	17±2	19±2	14±2	8±2*	13±2	11±2	0.002, 0.02‡
Alx, %	25±3	20±4	29±2	34±2*	26±2	19±3*	25±3	24±3	0.2, 0.03†‡§
Aortic PWV, m/s	9.01±0.59	9.34±0.47	9.64±0.50	8.82±0.46	9.54±0.60	9.79±0.89	10.25±0.28	10.55±0.57	0.9, 0.4

The Fixed-Dose Combination of Olmesartan/ Amlodipine Was Superior in Central Aortic Blood Pressure Reduction Compared with Perindopril/ Amlodipine: A Randomized, Double-Blind Trial in Patients with Hypertension

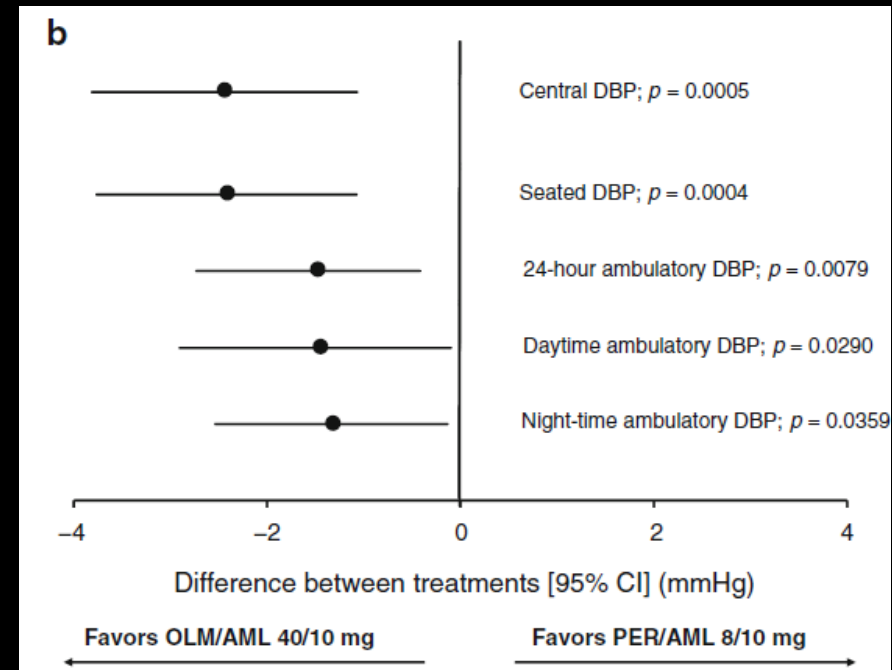
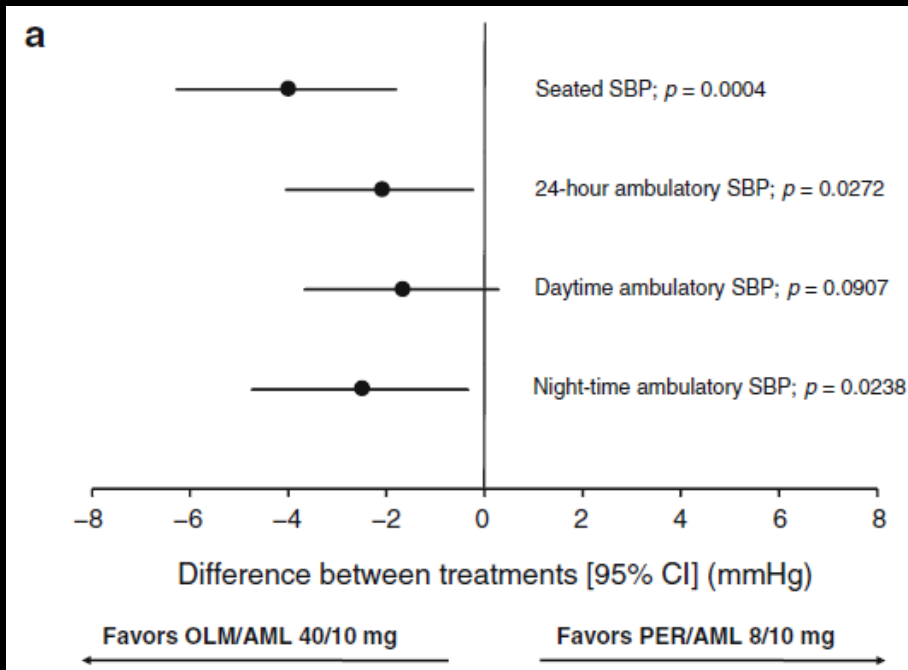
Luis Ruilope • Angie Schaefer



Absolute Change in Central Systolic Blood Pressure



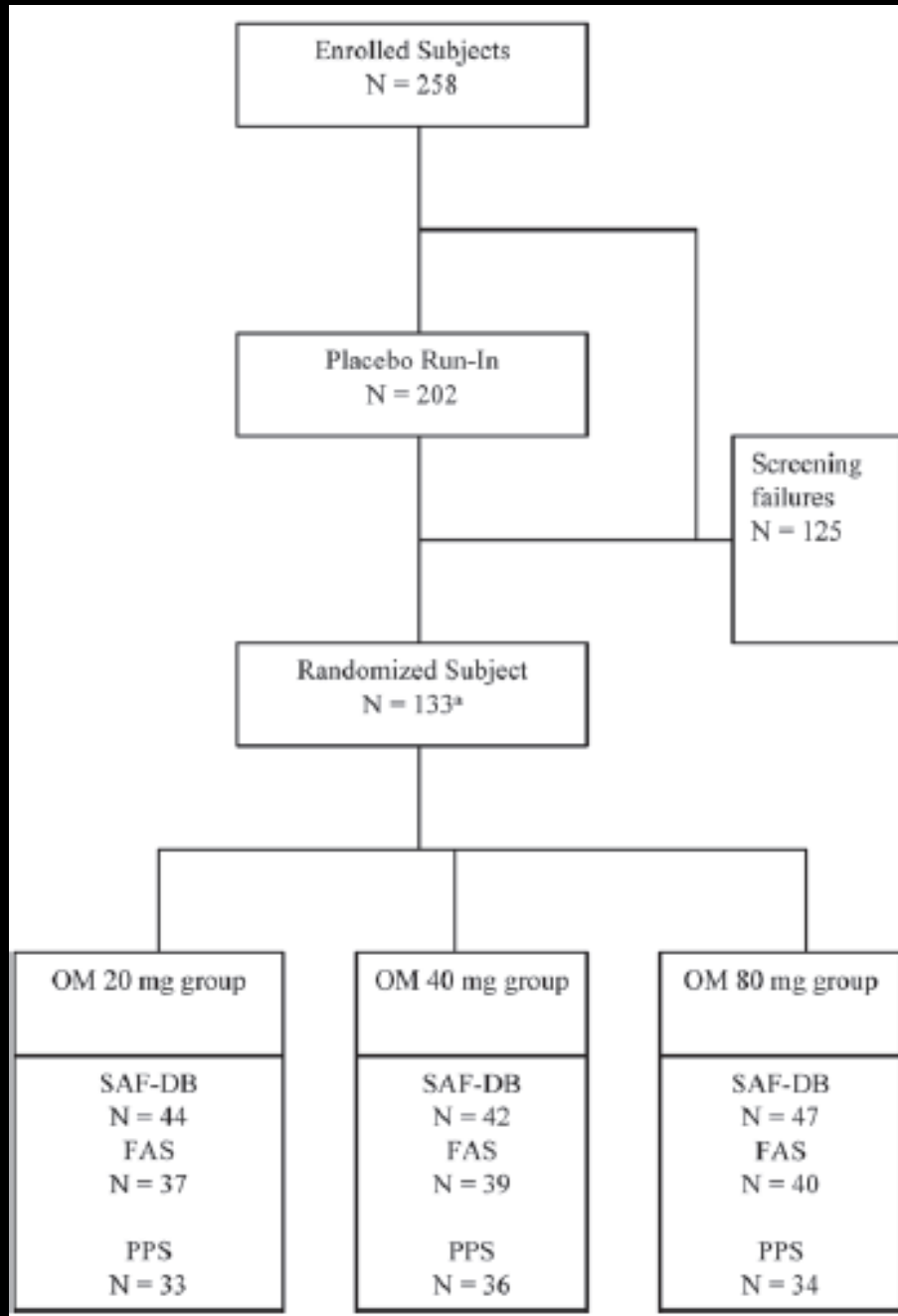
Forest Plot of the Differences Between Patients Treated with OLM/AML 40/10mg and PER/AML 8/10 mg



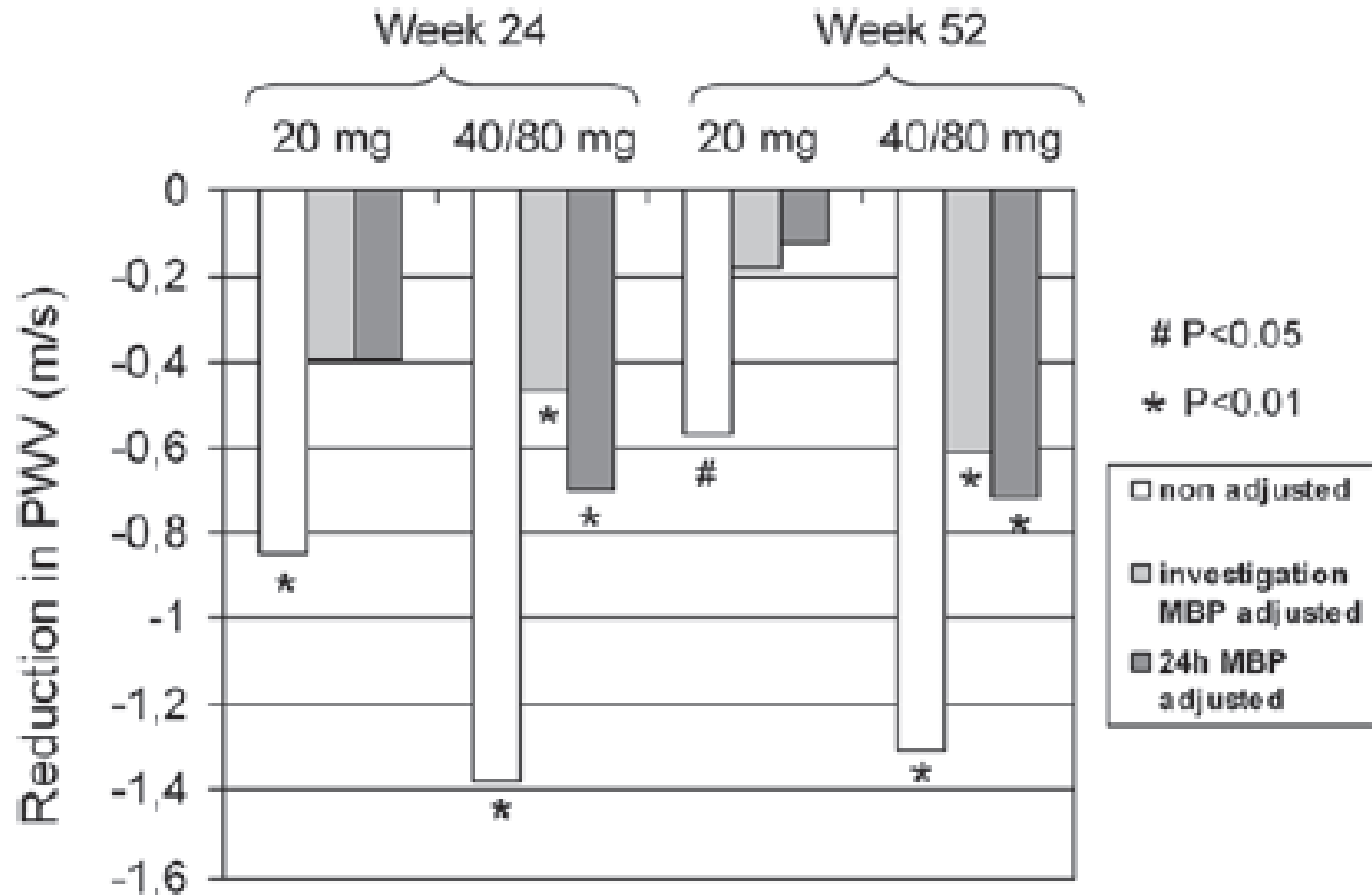
Original Article

Dose-Dependent Arterial Destiffening and Inward Remodeling After Olmesartan in Hypertensives With Metabolic Syndrome

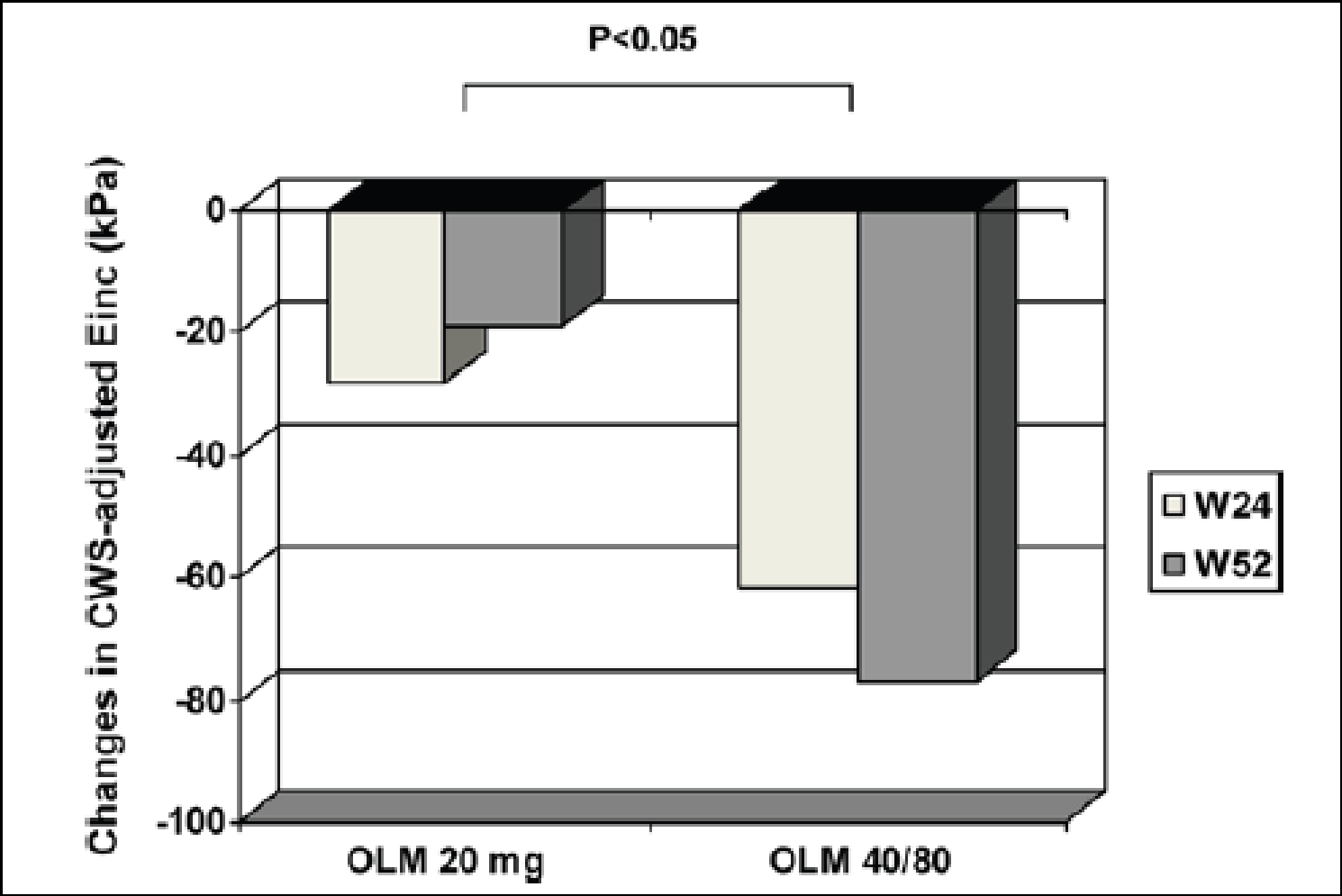
Stephane Laurent, Pierre Boutouyrie, on behalf of the Vascular Mechanism Collaboration



Reduction in aPWV from Baseline at Weeks 24 and 52 Nonadjusted and Adjusted to MAP Reduction



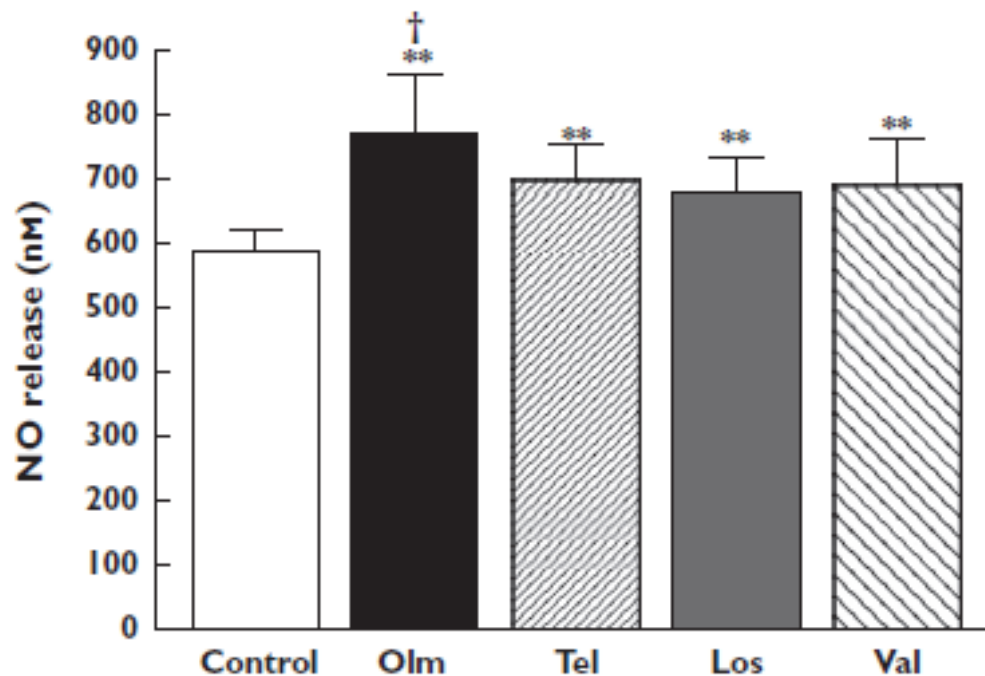
Reduction in Carotid Stiffness as Assessed by Elastic Modulus After adjustment for Circumferential Wall Stress



Effects of angiotensin receptor blockers on endothelial nitric oxide release: the role of eNOS variants

R. Preston Mason,^{1,2} Robert F. Jacob,² Ruslan Kubant,³ Adam Jacoby,³ Febee Louka,³ J. Jose Corbalan³ & Tadeusz Malinski³

¹Cardiovascular Division, Department of Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts, ²Elucida Research, Beverly, Massachusetts and ³Department of Chemistry and Biochemistry, Ohio University, Athens, Ohio, USA



Pulse Contour Analysis and Augmentation Index: It's Time to Move Beyond Cuff Blood Pressure Measurement

Joseph L. Izzo, Jr.

Central systolic BP different from peripheral systolic BP

Central systolic BP better predictor of outcome than peripheral BP

Central and peripheral BP differentially affected by antihypertensive agents