



**7th INTERNATIONAL CONGRESS
ON CARDIOVASCULAR DISEASES**
Sofia Princess Hotel, Sofia, Bulgaria
October 24 - 26, 2013

PROGRAM

11:00 - 13:30 **Registration**

Thursday, 24 October 2013

Opal Hall

13:30 - 15:30 **Session 1: HYPERTENSION AND CAD**
Chairmen: Yoto YOTOV, A. Kumar, B.Milovanovic

13:30-13:45 The Autonomic Nervous System And Individual Approach
In Treatment Of Hypertension
Branislav MILOVANOVIC (Serbia)

13:45-14:05 Diet and Hypertension
Yoto Yotov (Bulgaria)

14:00-14:20 Antihypertensive Treatment And Circulation Of The Target Organs.
The J-Curve : Is It Clinically Relevant ?
Svetla TORBOVA (Bulgaria)

14:20-14:40 Relationship between Cardiovascular risk factors reduction and
degree of weight loss
Valentina MINCHEVA (Bulgaria)

14:40-14:55 Therapeutic Approaches In Prehypertension
Peter NIKOLOV (Bulgaria)

14:55-15:10 Hypertension, CVD And Women
Krasimira HRISTOVA (Bulgaria)

15:10-15:30 Heart Rate, Blood Pressure And Psychological Functioning Of
Adolescents
Agnieszka WILCZYNSKA (Poland)

15:30 - 16:00 **Coffee-break and visit to the exhibition and the poster session**

16:00 - 17:20

**Session 2: ADVANCED DIAGNOSTIC METHODS AND IMAGING TECHNIQUES
/ECHOCARDIOGRAPHY**

(joint session with BWG of Echocardiography and EACVI)

Chairmen: N. Zlatareva, Edyta PLONSKA, K. Hristova

16:00-16:20 Echocardiography for systemic diseases
Edyta PLONSKA (Poland)

16:20-16:40 Why and how assess left ventricular diastolic function in
hypertensive heart disease
Maurizio GALDERISI (Italy)

16:40-17:00 Echocardiography And Risk Stratification In Patients With Aortic
Stenosis
Yoto YOTOV (Bulgaria)

17:00-17:20 Myocardial deformation imaging and prediction of recovery after
myocardial infarction
Krasimira HRISTOVA (Bulgaria)

17:30 - 18:30

Industry Supported Session: Gold Sponsor - Berlin -Chemie

18:30 - 19:45

Opening Ceremony of 17th WCCN and 7th ICCD

Krasimira HRISTOVA, Ivo Petrov , President of BSC , SS RASTOGI, President ICN,
AK SINGH, Secretary General ICN, Lekh Juneija , Former President,ICN
Adarsh KUMAR , President , ICC, Daniel PELLA, Executive Director, ICC, Tapan
BASU, Executive Director ICN , RB SINGH, ICC

19:00 -19:20 **Invited Plenary Lecture**

An approach to a complementary medicine for cardiovascular
disease

TK Basu, Executive Director,ICN (Canada)

19:20:-19:45 **Franz Halberg's Memorial lecture** – Circadian Timing matters for
the Administration of Medications, Nutraceuticals and Food – a
Tribute to Franz Halberg
Germaine CORNELISSEN, USA

19:45

Welcome drink

Friday, 25 October 2013

Opal Hall

8:30 - 10:10

Session 3: HEART FAILURE – MANAGEMENT, THERAPY, OUTCOMES

Chairmen: Elena KINOVA, Brian TOMLINSON, Adarsh KUMAR

8:30-8:50 From the risk factors to the heart
Elizabeta SRBINOVSKA (Macedonia)

- 8:50-9:10 How To Strengthen Heart Muscle (Failing Heart)?
Daniel PELLA (Slovakia)
- 9:10-9:30 Epidemiological aspects on LV dysfunction
Tatiana KUZNETSOVA (Belgium)
- 9:30-9:50 Heart Failure- An Emerging Global Epidemic in the Elderly
Adarsh KUMAR (India)
- 9:50-10:10 Cardiomyopathy in transthyretin-related hereditary amyloidosis
Mariana. GOSPODINOVA, S. SARAFOV, V. GUERGELCHEVA, Z. KUNEVA, I. TOURNEV, S. DENCHEV (Bulgaria)
- 10:10-10:30 Magnetic Resonance Imaging (MRI) - Option For Early Detection Of Atherosclerosis?
Jan FEDACKO (Slovakia)

10:30 - 11:00

Coffee-break and visit to the exhibition and the poster session

11:00 - 13:00

**Session 4: METABOLIC SYNDROME, TYPE II DIABETES AND AHEROSCLEROSIS
(joint session with Bulgarian Society of Endocrinology)**

Chairmen: Maria ORBETZOVA, Zdravko KAMENOV, Daniel PELLA

- 11:00-11:20 Hypertension in Pheochromocytoma: Characteristics and Treatment .
Atanaska ELENKOVA, Sabina ZACHARIEVA (Bulgaria)
- 11:20-11:40 Cardiovascular Risk Factors in Polycystic Ovary Syndrome (PCOS)
Maria ORBETZOVA (Bulgaria)
- 11:40-12:00 Late Onset Hypogonadism and cardio-vascular risk in men.
Zdravko KAMENOV (Bulgaria)
- 12:00-12:10 Assessment of cardiovascular autonomic function in patients with prediabetes and newly-diagnosed type 2 diabetes with or without metabolic syndrome.
R. DIMOVA, N. CHAKAROVA, T. TANKOVA, G. GROZEVA, L. DAKOVSKA (Bulgaria)
- 12:10-12:20 Assessment of cardiovascular risk in prediabetes – impaired fasting glucose (IFG) and impaired glucose tolerance (IGT) N.
CHAKAROVA, T. TANKOVA, L. DAKOVSKA, I. ATANASOVA, G. KIRILOV, G. GROZEVA (Bulgaria)
- 12:20-12:30 Changes of some humoral pathogenetic factors of the arterial hypertension in acromegaly
E. NATCHEV, G. KIRILOV, I.ATANASOVA, J. MATROZOVA, K. KALINOV, S. ZACHARIEVA (Bulgaria)
- 12:30-12:40 Mortality in Cushing’s syndrome
Maria YANEVA, Krassimir KALINOV, Sabina ZACHARIEVA (Bulgaria)

12:40-12:50 High serum osteoprotegerin levels in males with newly detected prediabetic disturbances and coronary artery disease
M. BOYADZHIEVA, K.HRISTOSOV, S. GEORGIEV, R.JORDANOV (Bulgaria)

12:50-13:00 Incidence of pulmonary hypertension in patients with thyrotoxicosis
B. KANAZIREV, K.HRISTOSOV, M. BACHVAROVA, M. DIMOVA (Bulgaria)

13:00 - 14:00 Lunch break

13:00 - 13:45 Industry supported session

14:00 - 16:00 Session 5: EPIDEMIOLOGY OF HEART DISEASE
Chairmen: N. GOTCHEVA, T. KUZNETSOVA, RB SINGH

14:00-14:20 The role of vascular variability syndromes in developing a clinical prediction rule for the risk for cardio and cerebrovascular events: an overview
Borislav DIMITROV (UK)

14:20-14:40 Awareness Of The Bulgarian Population About Arterial Hypertension, Concomitant Cardiovascular Risk Factors And Personal Risk Profile
Stefan NAYDENOVA (Bulgaria)

14:40-15:00 Globalization Of Risk Factors And The Future Of Cardiovascular Protection
RB SINGH (India)

15:00-15:20 PreHypertension: preliminary data from the PREVER Study
Hilton CHAVES (Brasil)

15:20-16:00 EUROASPIRE IV and Bulgaria
Nina GOTCHEVA (Bulgaria)

16:00 - 16:30 Coffee-break and visit to the exhibition and the poster session

16:30 - 17:30 Industry supported session from Abbott

17:30 - 18:00 Awards Session

Opal Hall Chairmen: Kristina ZUMKLEY, RB SINGH, T. BASU. A. KUMAR, L. Ozimek, L. JUNIEJA

17:30-18:00 Dr. ZUMKLEY Memorial Award Plenary Lecture
Glycomacropptide derived from milk as alternative platform to free amino acids based product formulation for dietary management of phenylketonuria
Lech OZIMEK, Alberta (Canada)

18:30-19:00 Dr Zhu Shoumin memorial Award Lecture

Saturday, 26 October 2013

Opal Hall

8:30 - 10:30 Session 6: ACUTE CORONARY SYNDROMES: DETECTION, PREVENTION AND TREATMENT

Chairmen: Arman POSTADJIAN, Dobrin VASILEV, Adarsh KUMAR

- 8:30-8:50 Cardiogenic Shock – New Inside The Therapy
Dobrin VASILEV (Bulgaria)
- 8:50-9:05 Management of Multiple Vessel CAD-PCI Versus Cabg – which is better
Adarsh KUMAR (India)
- 9:05-9:25 Noninvasive assessment of coronary artery circulation
Svetlenn TSONEV, Temenuga DONOVA (Bulgaria)
- 9:25-9:45 Epicardial Adipose Tissue, Obesity and Inflammation in Atherosclerosis
Agrawal DEVENDRA (USA)
- 9:45-10:00 Individualized Antithrombotic Therapy In Patients With CAD - Myth Or Reality
Arman POSTADJIAN (Bulgaria)
- 10:10-10:30 Cardioprotective therapy after ACS
Ivan GRUEV (Bulgaria)

10:30 - 11:00 Coffee-break and visit to the exhibition and the poster session

11:00 - 13:00 Session 7: SECONDARY PREVENTION, MODIFICATION OF LIPOPROTEINS, PROGNOSIS, RISK STRATIFICATION

Chairmen: L. VLADIMIROVA, Adarsh KUMAR, RB SINGH

- 11:00-11:20 The Mystery Of HDL – Cholesterol
Ludmila VLADIMIROVA-KITOVA (Bulgaria)
- 11:20-11:40 Traditional Chinese Medication Qiliqiangxin attenuates cardiac remodeling after acute myocardial infarction in mice
Junjie XIAO (China)
- 11:40-12:00 Immunobiology Of Stenosis In Carotid Artery: Why Some People Are Symptomatic And Others Not?
Agrawal DEVENDRA (USA)
- 12:00-12:20 Optimizing Responses To Lipid-Modifying Interventions: Can Genetic Testing Improve Safety And Efficacy?
Brian TOMLINSON (Hong Kong)

12:20-12:30 Vitamin D supplementation in Management of Coronary Heart Disease in Elderly Patients
Adarsh KUMAR (India)

12:30-12:40 Presentation
Ekaterina TITIANOVA (Bulgaria)

12:40-13:00 Cardiovascular Changes in Patient having Psoriasis Vulgaris
Snejana TISHEVA (Bulgaria)

13:00 - 14:00 Lunch break

13:00 - 13:45 Industry supported session

14:00 - 16:30 Session 8: PRIMARY PREVENTION OF CORONARY ARTERY DISEASE / RISK FACTORS FOR ATHEROTHROMBOTIC DISEASE

Chairmen: Fedya NIKOLOV, Snejana TISHEVA, Harpal BUTTAR

14:00-14:20 Alcohol And Cardiovascular Risk Factors
Fedya NIKOLOV (Bulgaria)

14:20-14:40 Prevalence And Characteristics Of Hypertensive Patients With Diagnosed Atrial Fibrillation In Bulgarian Urban Population
Stefan NAYDENOVA (Bulgaria)

14:40-15:00 Challenges In The Pharmacological Management Of Atherosclerosis
Anna TAVRIDOU (Greece)

15:00-15:20 Associated social factors of cardiovascular disease subtypes in adults and the very old: UK Understanding Society cohort, 2009-2010.
Ivy SHIUE, Krasimira HRISTOVA (UK)

15:20-16:00 Vitamin D and Immunomodulation of Coronary Artery Disease
Agrawal DEVENDRA (USA)

16:00-16:15 Correlation Of Blood Pressure And Sodium Intake Among Students From Novi Sad, Serbia
Jelena JOVIČIĆ-BATA (Serbia)

16:15-16:30 Distribution of atrial fibrillation among hypertensive patients – own experience
E. MEKENYAN, N. STANCHEVA, S. TISHEVA (Bulgaria)

16:30 - 16:45 Closing remarks

Thursday, 24 October 2013

Europe 2 Hall

13:30 - 15:30

Session 9: PERIPHERAL ARTERIAL DISEASE / CAROTID ARTERY DISEASE / ISCHEMIC STROKE

Chairmen: Snejana TISHEVA, Jiundji XIAO, Arman Postadjian

- 13:30-13:50 Risk Hemodynamics in Cardiorenal syndrome
Atanas KUNDURDJIEV, Boris BOGOV, Rada GANCHEVA, Todor KUNDURDJIEV (Bulgaria)
- 13:50-14:10 Detection of asymptomatic atrial fibrillation episodes during ECG telemonitoring in stroke patients
Iana SIMOVA, Hristo MATEEV, Tzvetana KATOVA, Liubomir HARALANOV, Nikolay DIMITROV (Bulgaria)
- 14:10-14:30 Simultaneous off pump coronary artery bypass grafting and non-cardiac surgery
Weiran ZHANG, Yang Yang ZHANG, Lei WEI, Xiao WEI WANG, Xiao HAH XU, Xiang Xiang ZHENG, Shijiang ZHANG (China)
- 14:30-14:50 The myocardial preservation in a single high loading dose statin therapy before coronary artery bypass grafting
Yang Yang ZHANG, Lei WEI, Xiao WEI WANG, Xiao HAH XU, Yu JIANG CHEN (China)
- 14:50-15:10 Treatment guidance and recurrence rate in patients with reflex syncope and positive tilt-table test
Iana SIMOVA, Tzvetana KATOVA (Bulgaria)
- 15:10-15:30 Estradiol Has Opposing Action On Inflammation In Women With Cardiac Syndrome X
Yousef RASMI (Iran)

15:30 - 16:00

Coffee-break

16:00 - 17:20

Session 10: Assessment on subclinical atherosclerosis

Chairmen: F edya Nikolov, Daniel Pella , Adarsh Kumar

- 16:00-16:15 The Link Between Salt Intake And Health: Are Students Aware Of It?
Jelena JOVIČIĆ-BATA (Serbia)
- 16:15-16:30 Impaired Quality of Life according to EURO QOL-5D QUESTIONNAIRE conducted on PATIENTS with obesity and hypertension
S. OHRI, R. KOMSA-PENKOVA, P. TONCHEV, S. TISHEVA, A. IZMAYALOV (Bulgaria)

- 16:30-16:45 End-Procedural Ischemia, But Not Postprocedural Myonecrosis After Coronary Bifurcation Stenting Predicts Long-Term Results And In-Stent Restenosis At 12 Months Follow-Up From Intracoronary Electrocardiogram (ECG) and Myonecrosis After Bifurcation Stenting (COSIBRIA&CO)
Dobrin VASILEV, Alexander ALEXANDROV (Bulgaria)
- 16:45-17:00 Subclinical atherosclerosis and nonalcoholic fatty liver disease
Raia IVANOVA, Mariana GOSPODINOVA, Julia PETROVA, Stefan DENCHEV, Lilia MATEVA (Bulgaria)
- 17:00-17:20 TEMEO
Iana SIMOVA (Bulgaria)

Friday, 25 October 2013

Europe 2 Hall

14:00 - 16:00

Session 11: SYSTEMIC HYPERTENSION, BASIC AND CLINICAL RESEARCH

Chairmen: Ludmila Vladimirova, Jan Fedacko , Naidenka Zlatareva

- 14:00-14:15 Prevalence of Primary aldosteronism among Bulgarian Hypertensive patients
Joanna MATROZOVA, Sabina ZACHARIEVA, Georgi KIRILOV (Bulgaria)
- 14:15-14:30 Correlation between some of the immunological parameters against elastin, collagen and advanced glycation end products and the score risk chart
M. MEKENYAN, N. STANCHEVA, K. GOSPODINOV, M. ATANASOVA, S. TISHEVA (Bulgaria)
- 14:30-14:45 Comparison between the immunological changes in elastin, collagen and advanced glycation endproducts turnover in hypertensive patients with and without diabetes mellitus
M. MEKENYAN, N. STANCHEVA, K. GOSPODINOV, M. ATANASOVA, S. TISHEVA (Bulgaria)
- 14:45-15:00 Incidence and peculiarities of arterial hypertension in patients with psoriasis vulgaris
K. GOSPODINOV, E. MEKENYAN, N. STANCHEVA, D. GOSPODINOV, S. TISHEVA (Bulgaria)
- 15:15-15:30 Immunological Changes In Elastin Metabolism In Prehypertensive Patients With Metabolic Syndrome
E. MEKENYAN (Bulgaria)

- 15:30-15:45 Social Class And All Cause Mortality, In An Urban Population Of North India
J. SHARMA (India)
- 15:45-16:00 Guidelines For Drug Therapy In Hypertension In Relation To Jnc-8
AK GUPTA, RB SINGH, JP SHARMA (India)
- 16:00-16:20 Subcutaneous Implantable Cardioverter Defibrillators: A Paradigm Shift to contrast Sudden Cardiac Death in Cardiovascular Patients".
Michele GULIZIA (Italy)